

Book-A-Bike

- Donation
- Implementation
- Expansion



HOPKINSVILLE - CHRISTIAN COUNTY

PUBLIC

LIBRARY





Donation

The Indian Physicians Alliance Community donated \$7500 in 2017 to be used for a bike check out program. The City of Hopkinsville's Parks and Recreation Department provided manpower to build the building and purchase the bike stands.

The initial purchase included 15 youth, children's and adult bicycles along with helmets.

The HCCPL building is located next to the greenway system. The greenway measures over 5K or 3.15 miles (10.14K or 6.3 miles roundtrip) from the existing Riverwalk to Pardue Lane. There are trailheads with parking, landscaping, information, and restrooms.



Hopkinsville-Christian County Public Library &
Hopkinsville Parks and Recreation present

Book-A-Bike



Library card holder rentals - \$1.00

Non Library card holder rentals - \$5.00

Implementation

The initial implementation provided for the bikes to be stored outside in a building.



Outdoor
Signage



The bikes were placed in a bike rack in the back of the library near the building each morning.



Patron Waiver

BICYCLE LENDING AGREEMENT AND LIABILITY WAIVER

Renting Location (please circle one)

HCCPL Library Sportsplex Hopkinsville Visitors Center

Borrower Name: _____ Library Card Number: _____

State Issued ID: _____ Phone Number: _____

Bike #1: Color: _____ Bike Description (please circle one): Cruiser Youth ~~Childrens~~

Rider Name: _____

Bike #2: Color: _____ Bike Description (please circle one): Cruiser Youth ~~Childrens~~

Rider Name: _____

Please read the following before signing.

- Bicycles must be returned by 1 hour before close the same day. If a bicycle is not returned, it will be treated as theft and local authorities will be notified.
- Check outs are limited to 2 bicycles at a time. Only adults can check out a bicycles.
- Patrons with a library card pay a rate of \$1 per bike. Patrons without a library card pay a rate of \$5 per bike will need to leave a state-issued identification card at the library front desk until the bicycle/s is/are returned.
- No modifications beyond adjusting the height of the handlebars and seat or adjusting tire pressure of borrowed bicycles.
- It is highly recommended that all borrowers and riders wear helmets.
- Any damage or malfunctions must be reported to library staff immediately.
- Only adult patrons can check out a bicycle. Patrons checking out bikes for children must be a parent or guardian of the child. Children that are 12 and under must wear a helmet.
- By signing this lending agreement, the borrower/rider agrees that bicycling is a dangerous activity and carries with it certain hazards and risks of which the borrower is aware. These risks may include foreseeable or unforeseeable causes including, without limitation, bodily injury, fractures, partial and/or total paralysis, eye injury, blindness, heat stroke, heart attack, falls, or other ailments that could cause serious disability or death. The borrower/rider hereby releases Hopkinsville-Christian County Public Library (HCCPL), Hopkinsville Visitors Center, Hopkinsville Sportsplex from any and all liability for any and all claims and causes of action which the borrower/rider may sustain, or any loss of any sort, arising out of or relating to usage of the bicycle, whether caused by the negligence or gross negligence of HCCPL or any other person. In addition, the borrower/rider covenants and agrees not to sue HCCPL, Hopkinsville Visitors Center and/or Hopkinsville Sportsplex and agrees to forever hold it harmless from any liability, claims, demands, actions, or causes of action whatsoever arising from the usage of the bicycle, whether such liability, claims, demands, or actions are the result of negligence or gross negligence of HCCPL, Hopkinsville Visitors Center, Hopkinsville Sportsplex or any other person. This release of liability, covenant not to sue, and hold harmless agreement shall be binding upon the borrower/rider, including each of their heirs, executors, administrators, personal representatives, agents, trustees, successors and assigns, and share inure to the benefit of HCCPL and its employees, directors, trustees, agents, successors, and assigns.
- The borrower/rider agrees to indemnify HCCPL, Hopkinsville Visitors Center, Hopkinsville Sportsplex, including its legal expenses and attorney fees in connection with any injury or damage caused by the borrower/rider to HCCPL, its property or equipment, arising in conjunction with the borrower/rider usage of the bicycle or other equipment.

Borrower Signature: _____ Date: _____

Rider Signature: _____ Date: _____

Book-a-Bike

Hopkinsville-Christian County Public Library



Call us for details.



Did you know that HCCPL has bikes that can be checked out like library books?

WHAT: Bikes and helmets for youth and adults

WHEN: Regular HCCPL operating hours

WHERE: 1101 Bethel Street, Hopkinsville, KY

COST: \$5.00 (with a library card) \$10.00 (without a library card)

“Check Us Out”

Book-a-Bike

Hopkinsville-Christian County Public Library



Call us for details.



Rent a bike for a day from the Hopkinsville-Christian County Public Library.

COST: \$5 for library card holders and \$10 for those without a card

WHEN: (insert date) during regular library hours

WHERE: 1101 Bethel St., Hopkinsville, KY



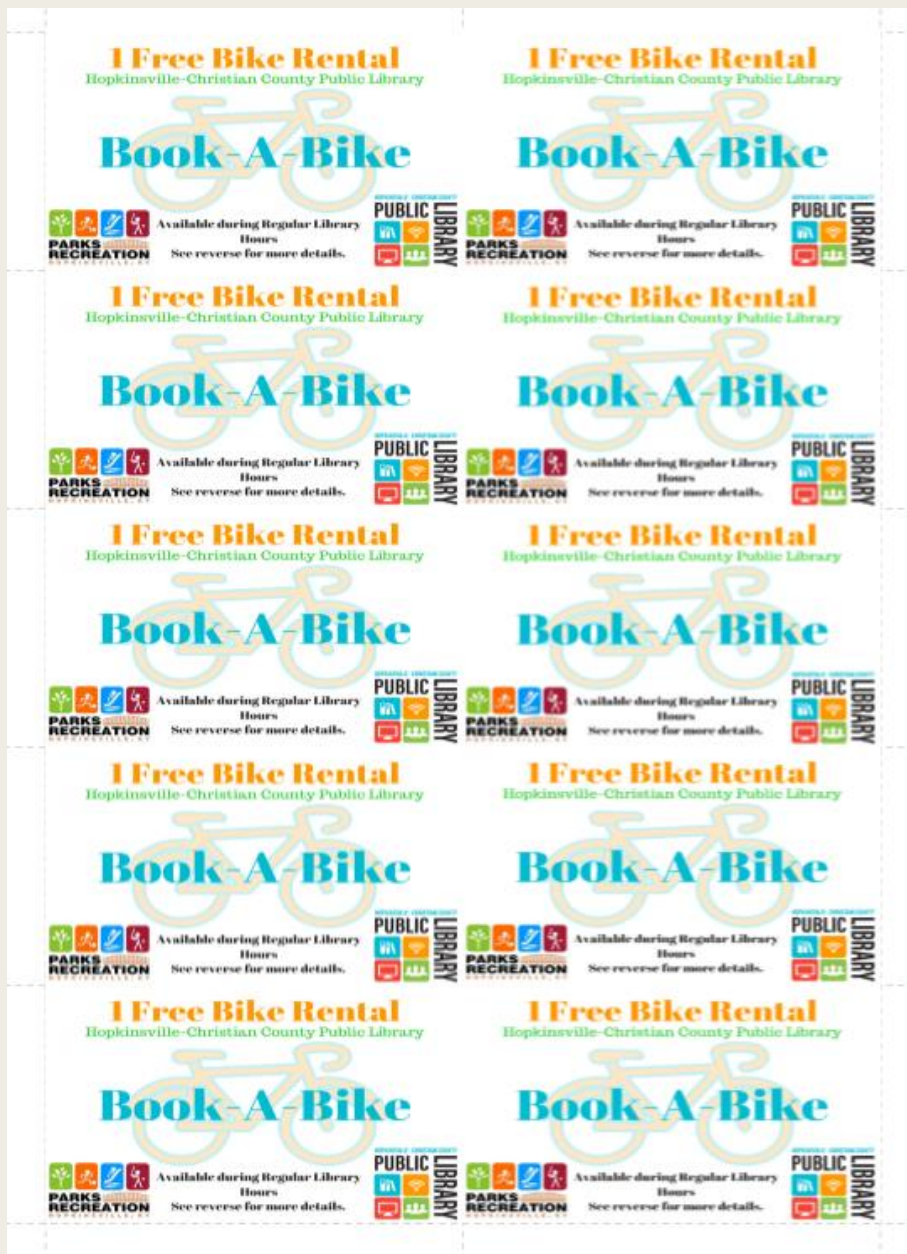
Book-a-Bike

Hopkinsville-Christian County Public Library



Call us for details.





1101 Bethel St · Hopkinsville, KY 42240

T: 270-887-4262

F: 270-887-4264

Hccpl.org

To whom it may concern:

Hopkinsville-Christian County Public Library in partnership with the Hopkinsville Department of Parks and Recreation has a Book-A-Bike program, and we are writing to offer you free Book-A-Bike passes to share amongst your employees or customers or to use as rewards in some way. Our goal with sharing free passes is to make people aware of the program and to invite people participate. We are offering your organization this opportunity because you are an important part of the Hopkinsville community, and one of our primary interests is in building a strong community.

With the Book-A-Bike program, someone can check out a bike from the library and ride it around the city for the day. We're conveniently located next to the Hopkinsville Greenway, which is a wonderful place to ride a bike. The price for the program is \$5 if you have a library card and \$10 if you do not have a library card. An adult can check out 2 bikes at a time: one for themselves and one for a child. We have child bikes with training wheels, mid-size youth bikes, and adult bikes available to check out. Child and adult helmets are available on request. The bikes are available during our regular library hours, but they must be turned in by 5:00 pm during the week and by 4:00 pm on Saturdays. Our hours are as follows:

Monday, Wednesday, and Friday 9:00-6:00

Tuesday and Thursday 10:00-7:00

Saturday 9:00-5:00

If you have any questions, don't hesitate to ask. I hope you, your employees, and/or your customers enjoy the free passes.

Thank you,

HCCPL

Expansion

In 2018, the program was expanded and an area inside of the library was remodeled and the bikes were moved inside the foyer of the library.

This move made the program more visible for patrons, the bikes more secure and the process for checking bikes out easier for the staff.



Expansion

In 2019, the program was expanded to include bike check outs at the Hopkinsville Visitors Center and the Planters Bank/Jennie Stuart Health Sportsplex.

The same check out procedures apply for off-site locations as if they were at the library.

There are two adult bikes with helmets at each off-site location.

Also, in 2019, charges for bike check outs were reduced.

Rentals for patrons with a library card were reduced to \$1 and rentals for patrons without a library card were reduced to \$5.

2017-18 - 7 bike rentals (program began in July)

2018-19 - 45 bike rentals

2019-present - 15 bike rentals



The GOOD and the FUTURE

GOOD

- No start-up.
- Health initiative.
- Community partners.
- Provides additional passive program for patrons.

FUTURE

- Continued program maintenance.
- Additional rental locations.
- Where do we grow from here.



Photo by Suzanne Shahar (CC BY-ND 2.0)

Babywearing Dance Class

Boone County
Public Library



Photo by Suzanne Shahar (CC BY-ND 2.0)

Inspiration & Resources

ALSC Institute (2018) - "Grown-ups Are People Too: Promoting caregiver bonding with awesome early literacy programming"

[Babywearing International](#) - posters and take-home tips

Youtube.com



QUICK BABY WEARING REMINDERS

Sometimes, using a carrier comes naturally. Sometimes, it takes practice. Remembering these ABCs can help you achieve a safe and satisfying fit for you and your child.

A
AIRWAY

Airway: Ensure baby's airway stays open by keeping chin off of chest and allow fresh air to circulate around baby's face. Keep child close enough to kiss and in view at all times.

B
BODY POSITIONING

Body positioning: Be sure the carrier supports baby in a way that is appropriate to his/her level of neck and trunk control and prevents slumping, ideally, with baby's knees higher than bum and weight borne by thighs and bottom.

C
COMFORT

Comfort: The carrier should be comfortable for you and baby. If you do not feel comfortable and confident with the carry you are doing, have a spotter nearby to help you. If you need help using your carrier, contact your local BWI chapter.

www.babywearinginternational.org



**OPTIMAL POSITIONING:
SOFT STRUCTURED CARRIER**

close enough to kiss baby's head
chin off chest and airway is clear
carrier supports baby to the nape of the neck (for newborns)

straps snug but not too tight
back supported (no slumping)
knees higher than bum

clips are securely fastened
panel supports M position without relying legs
waistband is parallel with the floor

BABYWEARING INTERNATIONAL



Photo by Kristi Hayes-Devlin (CC BY-NC 2.0)

Take the Lead



Photo from Your Best Digs (CC BY 2.0)

Finding the Right Instructor

- Talented staff...or fearless staff?
- Community partner?

When Do You Offer This?

- Frequency?
- During or outside storytime sessions?

Center Stage

1. Introduction & Welcome - 10 min.
 - a. Play welcome music
 - b. Introductions & Waivers
 - c. Review babywearing safety & modifications
2. Warm-up Exercise - 5 min.
3. Choreographed Dance(s) - 30-40 min.
 - a. Review dance structure
 - b. Teach parts
 - c. Full practice
 - d. BREAK
 - e. Performance
4. Cool-down Exercise & Survey- 5 min.



Photo by Suzanne Shahr (CC BY-ND 2.0)

Baby, Take a Bow

Survey Questions

- Would you like to see this program on a regular basis?
- If yes, how often? What days and times would you prefer?
- What kind of music do you like?
- Do you have any song recommendations?
- Any additional comments or feedback about this program?



Photo from Your Best Digs (CC BY 2.0)

Music and Lyrics

Intro

- March of the Toy Soldiers - Tchaikovsky

Warm-up

- Come Alive - The Greatest Showman
- Footloose - Kenny Loggins

Choreographed

- Can't Stop the Feeling - Justin Timberlake
- Happy - Pharrell Williams

Cool-down

- Lost Boy - Ruth B.
- It Won't Be Like This For Long - Darius Rucker

Shall We Dance?

And other questions?





Contact Info

DBach@bcpl.org

Dawna Bach, Youth Services
Manager

Boone County Public Library - Union
KY

YOGA AT THE LIBRARY

Marilou Johnson
Stephanie Turner

KEEP IT SIMPLE SWEETIE

YOGA

PINEVILLE-BELL COUNTY
PUBLIC LIBRARY



Mondays & Wednesdays - 5:15 p.m. - 5:45 p.m.
Adult Class (Includes simple exercises)

HOW OUR PROGRAM WORKS - LAYOUT



HOW OUR PROGRAM WORKS - FOCUS



HOW OUR PROGRAM WORKS - POINTERS



DUPLICATING THE PROGRAM

- 
- Date and Time
 - EX: 2 Classes Weekly/5:15-5:45 PM

- 
- Length of Class
 - EX: 30 Minutes

- 
- Guest Yoga Instructor

DUPLICATING THE PROGRAM

- 
- Catchy Name
 - EX: KISS Yoga = Keep It Simple Sweetie Yoga

- 
- Forms – *Participants register each class.*

- 
- Photos of Poses

DUPLICATING THE PROGRAM

- 
- Network - Call on people you know and friends of friends!

- 
- Attend a Yoga Class

PROS AND CONS



- \$0
- 30 Minutes
- Gain New Patrons
- Outreach
- Support Network
- Accessible
- Relaxing
- Exercise
- Feedback
- Unique to Instructor



- Connotation
- Intimidation
- Conflict of Schedules

SO, WHAT? WHY DOES THIS MATTER?

PARTICIPANTS

Improved Balance
Incredible Confidence
Increased Flexibility
Impeccable Posture
Increased Range of Movement

LIBRARY

Community Outreach
Different Demographic
Employee Participation
Gain New Skillset
New Patrons

SO, WHAT? WHY DOES THIS MATTER?

For no cost – the Library provides a basic yoga class.

Something that was previously inaccessible to our community.

THANK YOU + CONTACT INFORMATION

Bell County Public Library District

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