KY Moms: Maternal Assistance Towards Recovery (MATR) Services:

- For Pregnant and Postpartum Individuals who are at risk for or diagnosed with Substance Use Disorders
- Operated by KY's 14 Community Mental Health Centers
- Additional Mental Health services and Recovery Supports are offered by each region. Contact the CMHC regional contact for more information.

Kentucky Division of Behavioral Health contact: Katie Stratton: (502) 782-6192 Katie.stratton@ky.gov

KY Moms MATR by Community Mental Health Region

1- Four Rivers Behavioral Health

(Paducah & surrounding counties) Cynthia Turner (270) 442-8039 x 1716 cturner@4rbh.org

2- Pennyroyal Center

(Hopkinsville & surrounding counties) Chris Sparks (270) 886-0486 csparks@pennyroyalcenter.org

3- River Valley Behavioral Health

(Owensboro & surrounding counties) Allison Greer (270) 689- 6563 Greer-allison@rvbh.com

4- Lifeskills

(Bowling Green & surrounding counties) Amy Hutchinson (270) 901-5000 x 1277 ahutchinso@lifeskills.com

5- Communicare

(Elizabethtown & surrounding counties) Tara Smith (270) 765-5992 x 1401 TCSmith@communicare.org

6- Seven Counties Services

(Louisville & surrounding counties) Patty Gregory (502) 341-5400 pgregory@sevencounties.org

- 7- NorthKey Community Care (Newport and surrounding counties) Autumn Smith (859) 578-3200 autumn.smith@northkey.org
- 8- Comprehend

(Maysville & surrounding counties) Sarah Arrasmith (606) 759-7799 sarrasmith@comprehendinc.org

10- Pathways

(Ashland & surrounding counties) Ashley Clark (606) 324-1141 Ashley.clark@pathways-ky.org

11- Mountain Comprehensive Care

(Prestonsburg & surrounding counties) Taylor Trout (606) 889-0328 taylor.trout@mtcomp.org

12- KY River Comprehensive Care

(Hazard & surrounding counties) Jamie Mullins-Smith (606) 666-7591 x7100 Jamie.smith@krccnet.com

13- Cumberland River Behavioral Health, Inc

(Corbin & surrounding counties) Jill Owens (606) 337-2070 jill.owens@crccc.org

14- The Adanta Group

(Somerset & surrounding counties) Sherri Estes (606) 679-9425 sestes1@adanta.org

15- New Vista

(Lexington & surrounding counties) Mercedes Helton (859) 225-3296 Mercedes.helton@newvista.org

Project Link Services

KY-Moms

Maternal Assistance

Towards Recovery

Seven Counties Services Pregnancy Case Management Louisville Jada Nance (502) 297-3874 jnance@sevencounties.org