

Recommended Resource List: First Aid

The State Library of the Kentucky Department for Libraries and Archives is dedicated to "Serving Kentucky's Need to Know."

To request a title from the State Library:

- *State government employees should follow the call number link to the [KDLA Catalog](#) and click on the "Place Hold" button in the Availability section. Check the information on the form and then click on "Submit" button. Materials can be delivered by messenger mail in Frankfort or by UPS to field/district offices (return postage included).*
- *Public library staff should use their libraries' own interlibrary loan system for requests.*
- *Members of the general public should contact their local public library for interlibrary loan service.*

Basic First Aid

DVD; 92 min.

Call number: [VC DV 616.0252 Basi](#)

Details what you need to know to be an effective first responder. Includes how to help and comfort people suffering from slips and falls, car accidents, cuts and bruises, head trauma, cardiac arrest, blocked airways, hypothermia, heat exhaustion, allergic reactions, broken bones, neck and spinal injuries, and more.

Complete CPR

DVD; 92 min.

Call number: [VC DV 616.1025 Comp](#)

Shows first responders how to provide CPR until professional help arrives. Demonstrates how to help people suffering from cardiac arrest, choking from blocked airway, severe trauma, concussion or whenever an individual is not breathing and/or their heart is not functioning.

First Aid/CPR/AED for Schools and the Community

DVD; 321 min.

Call number: [VC DV 616.0252 Firs](#)

Content includes recognizing and caring for breathing and cardiac emergencies in adults, infants and children; performing first aid for cuts, scrapes, bruises, burns, bleeding, sprains and strains, and more. Also includes video segments necessary to teach the 2-hour Bloodborne Pathogens: Preventing Disease Transmission course. Meets OSHA guidelines for first aid programs.

Infant/Child CPR: What Every Parent Should Know

DVD; 23 min.

Call number: [VC DV 616.1025 Infa](#)

Provides specific instruction on infant CPR and choking skills, child CPR and choking skills, and safety tips and childproofing suggestions. Soundtrack in English or Spanish.