

Recommended Resource List: Fall Prevention

The State Library of the Kentucky Department for Libraries and Archives is dedicated to "Serving Kentucky's Need to Know."

To request a title from the State Library:

- *State government employees should follow the call number link to the [KDLA Catalog](#) and click on the "Place Hold" button in the Availability section. Check the information on the form and then click on "Submit" button. Materials can be delivered by messenger mail in Frankfort or by UPS to field/district offices (return postage included).*
- *Public library staff should use their libraries' own interlibrary loan system for requests.*
- *Members of the general public should contact their local public library for interlibrary loan service.*

Don't Bet Your Life on Unsafe Acts

DVD; 15 min.

Call number: [VC DV 363.11 Don](#)

Uses four incidents (electrical, confined space, fall, and welding) to examine some of the reasons employees choose to place their lives in danger so we can learn to recognize and avoid these types of tragic decisions.

Fall Protection: the Right Connection

DVD; 20 min. Call number: [VC DV 363.11 Fall](#)

Describes types of fall protection (guardrails, handrails, positioning devices, and personal fall arrest systems). Encourages viewers to set up fall protection systems correctly and keep them in good condition. Also dubbed in Spanish or Portuguese.

Slips, Trips & Falls

DVD; 17 min.

Call number: [VC DV 363.11 Slip](#)

Teaches employees how to avoid slips, trips, and falls, and places them in actual workplace situations where they must choose the correct course of action. Originally produced in English, dubbed into Spanish and Portuguese.

Slips, Trips & Falls

DVD; 16 min.

Call number: [VC DV 613.6 Slip](#)

Presents the three principles involved with slips, trips and falls: gravity, friction and momentum. Discusses common causes and the prevention of slips, trips and falls, including walking surfaces and footwear issues. Also available in Spanish.

Small Falls Are a Big Deal

DVD; 19 min.

Call number: [VC DV 363.11 Smal](#)

Stresses that falls can be prevented by recognizing and controlling all fall hazards we encounter. Topics include the importance of wearing proper footwear, recognizing and

controlling slip and trip hazards, transitional areas and changing walking surface conditions, correcting fall hazards, situational awareness and moving from one level to another.