

## Recommended Resource List: Caregiving

The State Library of the Kentucky Department for Libraries and Archives is dedicated to "Serving Kentucky's Need to Know."

### To request a title from the State Library:

- *State government employees* should follow the call number link to the [KDLA Catalog](#) and click on the "Place Hold" button in the Availability section. Check the information on the form and then click on "Submit" button. Materials can be delivered by messenger mail in Frankfort or by UPS to field/district offices (return postage included). Downloadable audiobooks and e-books may be checked out through the [Kentucky Libraries Unbound \(KLU\)](#) website.
- *Public library staff* should use their libraries' own interlibrary loan system for requests. Public library staff members must have accounts at participating KLU libraries (either at their work locations or at the libraries in their counties of residence) to download titles.
- *Members of the general public* should contact their local public library for interlibrary loan service for audiobook, book and DVD titles and to confirm that the local public library offers downloadable titles through [Kentucky Libraries Unbound](#).

## Books

Kane, Robert L. **The Good Caregiver: a One-of-a-kind Compassionate Resource for Anyone Caring for an Aging Loved One.** New York: Avery, 2011. Call number: [649.80846 Kane](#)

Kind, Viki. **The Caregiver's Path to Compassionate Decision Making: Making Choices for Those Who Can't.** Austin, TX: Greenleaf Book Group Press, 2010. Call number: [649.8 Kind](#)

Leary, Lani. **No One Has to Die Alone: Preparing for a Meaningful Death.** New York: Atria Books/Beyond Words, 2012. Call number: [306.9 Lear](#)

Mace, Nancy L. **The 36-hour Day: a Family Guide to Caring for People Who Have Alzheimer Disease, Related Dementias, and Memory Loss.** 5<sup>th</sup> ed. Baltimore: Johns Hopkins University Press, 2012. Call number: [Download from Kentucky Libraries Unbound](#)

Russo, Francine. **They're Your Parents, Too! How Siblings Can Survive Their Parents' Aging Without Driving Each Other Crazy.** New York: Bantam Books, 2010. Call number: [646.780846 Russ](#)

## DVD

**Fall Prevention 101.** 9 min. Apple a Day Films, 2005. DVD. Call number: VC DV 613.0438  
Fall

## Websites

<http://caregiveraction.org/>

**Care Action Network** is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

<http://www.caregiving.org/>

**National Alliance for Caregiving** is dedicated to providing support to family caregivers and the professionals who help them and to increasing public awareness of issues facing family caregivers.