



Preventing Violence Together.

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Introductions...



KRISTA



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GOALS

- Participants will leave with:
- An **understanding of prevalence** of different kinds of violence in KY.
 - Basic knowledge of a few **different strategies** they can engage in to address violence and build resilience.
 - At least **one action step** to address violence prevention in their libraries.
 - Multiple resources** where they can access further information and support.



Risk & Resilience

Risk factors are things that make it more likely that someone will experience a specific outcome - in this case, violence.

ACEs

Resilience factors are things that make it less likely that someone will experience violence.





Have you or the librarians that you serve ever worked with a teen patron who has been affected by **poverty, homelessness, depression, suicide, substance abuse, dating violence, sexual assault, or bullying?**

Yes

No



Was that teen's **sexual orientation, gender identity, disability, or socioeconomic status** a reason they experienced the above?

Yes

No

What does this look like across Kentucky?

BULLYING

22% on site
17%
electronically

DATING VIOLENCE

12% - HS girls
5% - HS guys

SEXUAL ASSAULT*

13% - HS girls
3.2% - HS guys

ACES

16% - 3+
37% - 1 or
2

DATA SOURCES:

2017 Youth Behavioral Risk Survey (State & Nation)
2016 KIP Survey (KY Regional)



WHAT CAN WE DO?

**Strategies &
Frameworks**

Social Emotional Learning

SEL Core Competencies

Self-Management

- Regulating one's emotions
- Managing stress
- Self-control
- Self-motivation
- Setting and achieving goals

Self-Awareness

- Labeling one's feelings
- Relating feelings and thoughts to behavior
- Accurate self-assessment of strengths and challenges
- Self-efficacy
- Optimism



Social Awareness

- Perspective taking
- Empathy
- Respecting diversity
- Understanding social and ethical norms of behavior
- Recognizing family, school, and community supports

Responsible Decision-Making

- Considering the well-being of self and others
- Recognizing one's responsibility to behave ethically
- Basing decisions on safety, social and ethical considerations
- Evaluating realistic consequences of various actions
- Making constructive, safe choices for self, relationships and school

Relationship Skills

- Building relationships with diverse individuals and groups
- Communicating clearly
- Working cooperatively
- Resolving conflicts
- Seeking help

Sources: CASEL, Acknowledge Alliance



Developmental Assets

EXTERNAL ASSETS



Support



Empowerment



Boundaries &
Expectations



Constructive Use of
Time

INTERNAL ASSETS



Commitment to Learning



Positive Values



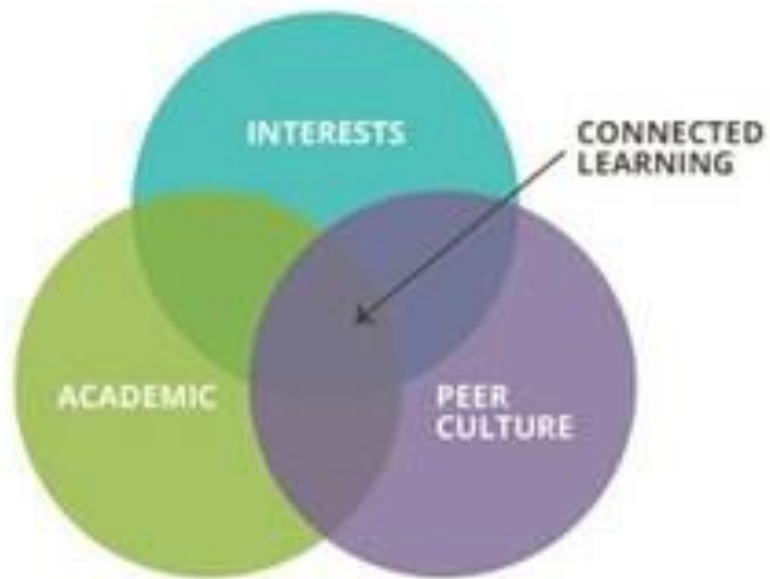
Social Competencies



Positive Identity



**Fostering Resiliency in
Students: 40 Developmental
Assets for Adolescents**





Connected Learning & Youth Leadership

Does your library have some kind of
teen advisory board or council?

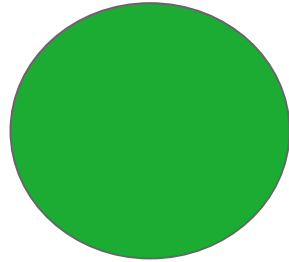
A. Yes

B. No; not in the history of our library.

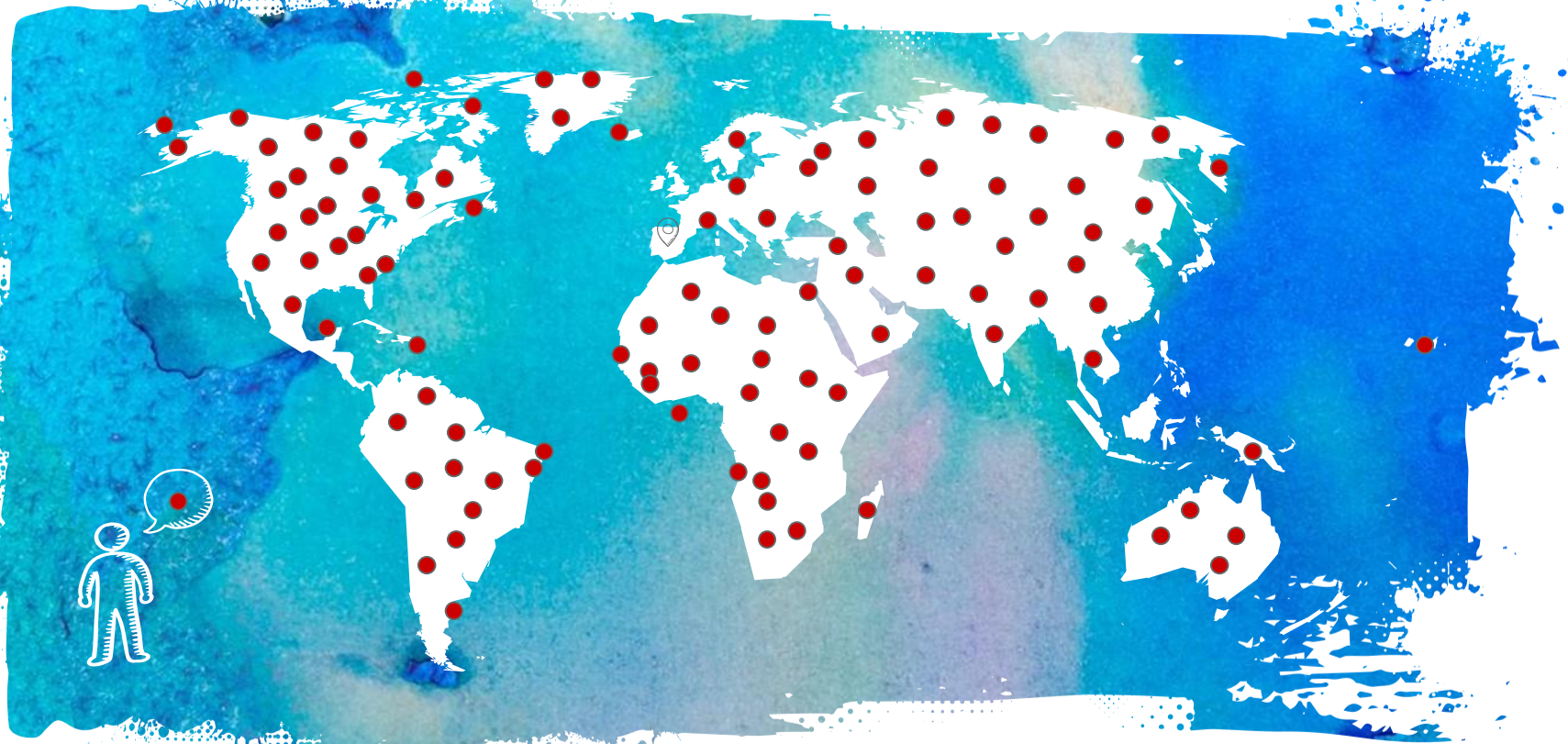
C. No; tried and did not work for our
community.



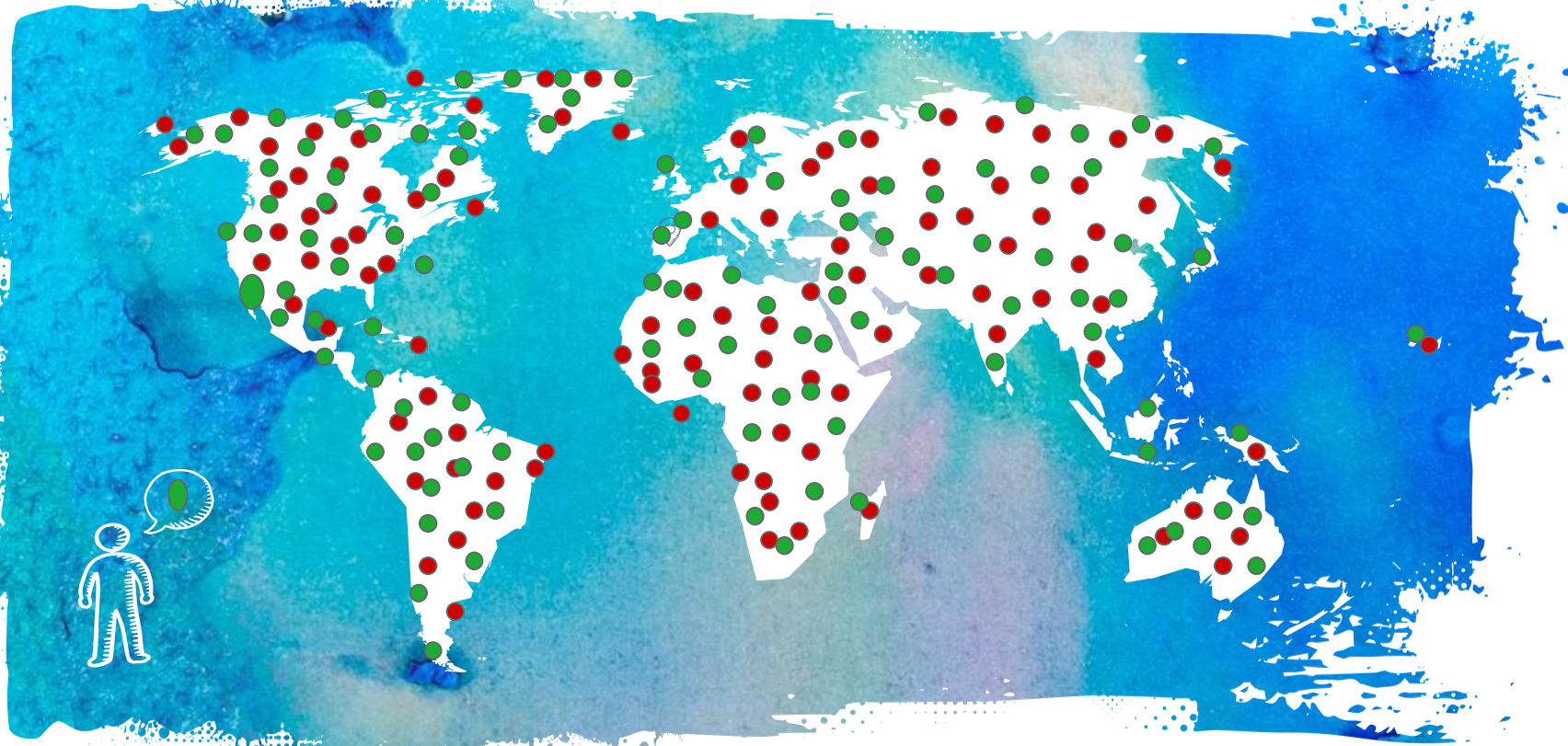
Green Dot



Maps



Maps





Silverleaf Sexual Trauma Recovery Services
751 South Provident Way
Elizabethtown, KY 42701
(877) 672-2124
silverleafky.org

Bluegrass Rape Crisis Center
P.O. Box 1603
Lexington, KY 40588
(800) 656-HOPE (4673)
bluegrassrapecrisis.org

Women's Crisis Center (Covington & Maysville)
111 East Third Street
Maysville, KY 41056
(800) 928-3335
wccky.org

Pathways Rape Victims Services Program (Ashland & Morehead)
P.O. Box 790
Ashland, KY 41101
(800) 562-8909
pathways-ky.org

New Beginnings Sexual Assault Support Services
1716 Scherm Road
Owensboro, KY 42301
(800) 226-7273
newbowensboro.org

The Center for Women & Families
P.O. Box 2048
Louisville, KY 40201
(844) BE-SAFE-1
(844) 237-2331
thecenteronline.org

Mountain Comprehensive Care Center's Healing Program for Survivors of Sexual Assault & Domestic Violence
104 South Front Ave.
Prestonsburg, KY 41653
(800) 422-1060
mtcomp.org

Purchase Area Sexual Assault & Child Advocacy Center
P.O. Box 8506
Paducah, KY 42002-8506
(800) 928-7273
hopehealgrow.org

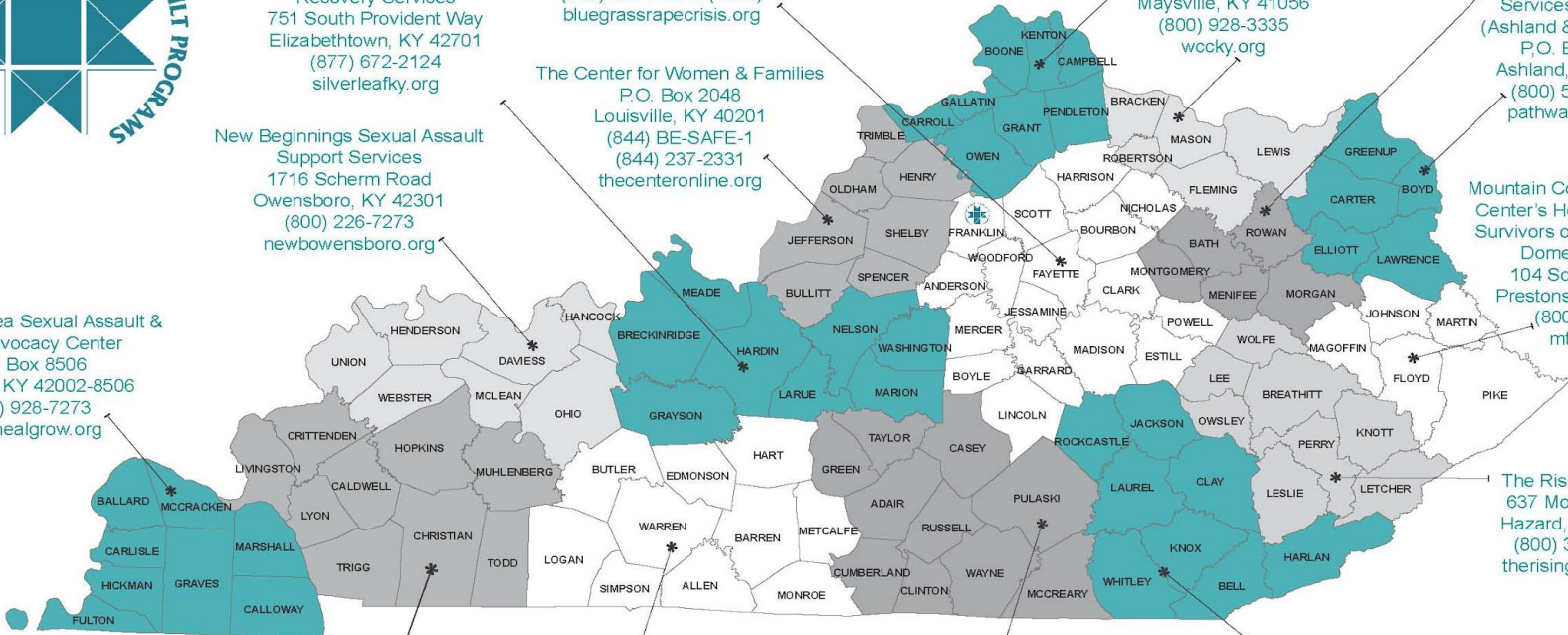
Sanctuary, Inc.
P.O. Box 1165
Hopkinsville, KY 42241
(800) 766-0000
sanctuaryinc.net

Hope Harbor, Inc.
913 Broadway Ave
Bowling Green, KY 42101
(800) 656-HOPE (4673)
hopeharbor.net

Adanta Sexual Assault Resource Center (ASARC)
259 Parkers Mill Road
Somerset, Kentucky 42501
(800) 656-HOPE (4673)

Cumberland River Behavioral Health Rape Victim Services
P.O. Box 568
Corbin, KY 40701
(800) 656-HOPE (4673)
crvvs.org

The Rising Center
637 Morton Blvd.
Hazard, KY 41701
(800) 375-7273
therisingcenter.org



KENTUCKY ASSOCIATION OF SEXUAL ASSAULT PROGRAMS

P.O. Box 4028 | Frankfort, KY 40604 | (800) 656-HOPE (4673) | www.kasap.org



What Would YOU do?

You overhear some teens talking about a super embarrassing photo that was posted on social media of another teen.

DIRECT - Check in with the subject of the photo.

DIRECT - You ask them who posted it and ask that person to take it down.

DELEGATE - You encourage/ask them to report it to the site.

DISTRACT - You challenge them to bury the post with positive somethings.



What Would YOU do?

You see a teen who used to be a regular but you haven't seen in awhile. They're with their new dating partner, who seems to be talking to your regular in a really demeaning fashion.

DIRECT - You say, "Ouch for [regular's name]. That sounded pretty harsh."

DELEGATE - You ask the branch manager to say something to the aggressor.

DISTRACT - You approach them and ask, "Oh! I'm so glad you're here. We got in this book I think you'll love! Let me show you!"

ACTIVITY



Type in to the chat a few closing thoughts about this workshop:

- What's impacted you?
- What's a first step you can take when you go back to your libraries?
- What can we (as trainers) do as a follow-up?

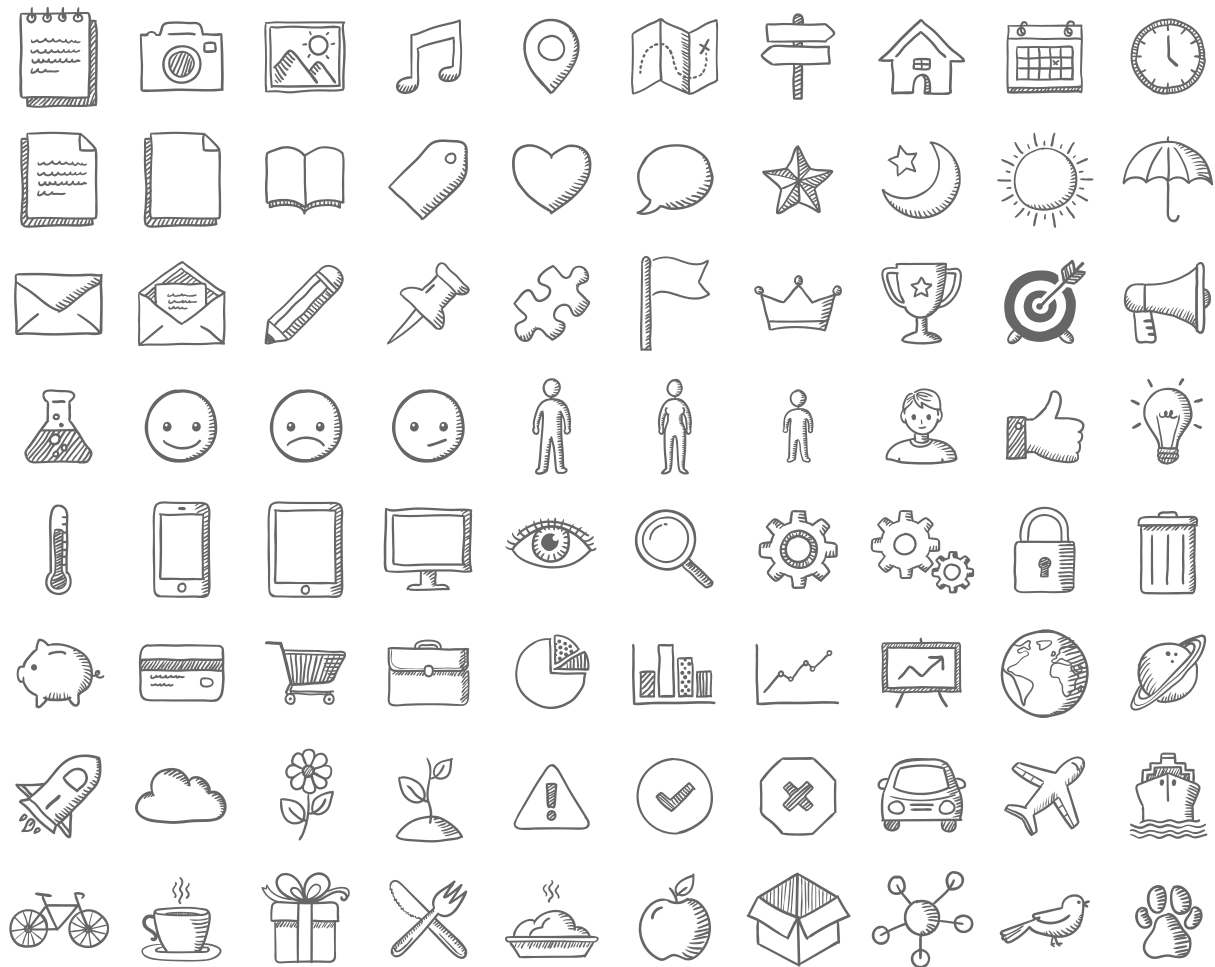
THANK YOU

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Upcoming Webinars:
Prevention Violence Together (101)
April 30, 2018
Preventing Violence Together (201)
October 1, 2018



SlidesCarnival icons are editable shapes.

This means that you can:

- Resize them without losing quality.
- Change fill color and opacity.

Isn't that nice? :)

Examples:

