



CABINET FOR HEALTH
AND FAMILY SERVICES

Office of Dementia Services



Staff Sergeant
Hurley Cleston Craig
“Clessy”

Kentucky's Why!





KENTUCKY

2023 ALZHEIMER'S STATISTICS

NUMBER OF PEOPLE AGED 65 AND OLDER WITH ALZHEIMER'S

YEAR	TOTAL
2020	75,000
2025	86,000

ESTIMATED % INCREASE

14.7%

PREVALENCE

39 # OF GERIATRICIANS IN 2021

430.8% INCREASE NEEDED TO MEET DEMAND IN 2050

22,230 # OF HOME HEALTH AND PERSONAL CARE AIDES IN 2020

35.5% INCREASE NEEDED TO MEET DEMAND IN 2030

WORKFORCE

UNPAID CAREGIVERS (2022)	CAREGIVER HEALTH (2021)
157,000 # OF CAREGIVERS	65.5% OF CAREGIVERS WITH CHRONIC HEALTH CONDITIONS
302,000,000 TOTAL HOURS OF UNPAID CARE	39.8% OF CAREGIVERS WITH DEPRESSION
\$4,867,000,000 TOTAL VALUE OF UNPAID CARE	21.4% OF CAREGIVERS IN POOR PHYSICAL HEALTH
CAREGIVING 3 RD HIGHEST AVERAGE NUMBER OF HOURS PER CAREGIVER	

HOSPICE (2017)	
2,895 # OF PEOPLE IN HOSPICE WITH A PRIMARY DIAGNOSIS OF DEMENTIA	15% HOSPICE RESIDENTS WITH A PRIMARY DIAGNOSIS OF DEMENTIA

HOSPITALS (2018)	
1,736 # OF EMERGENCY DEPARTMENT VISITS PER 1,000 PEOPLE WITH DEMENTIA	23.1% DEMENTIA PATIENT HOSPITAL READMISSION RATE

MEDICAID	
\$803M MEDICAID COSTS OF CARING FOR PEOPLE WITH ALZHEIMER'S (2020)	18.2% PROJECTED CHANGE IN COSTS FROM 2020 TO 2025

MEDICARE	
\$27,695 PER CAPITA MEDICARE SPENDING ON PEOPLE WITH DEMENTIA (IN 2022 DOLLARS)	

HEALTH CARE

OF DEATHS FROM ALZHEIMER'S DISEASE (2019)

1,684

MORTALITY



More than **6 million Americans** are living with Alzheimer's, and over **11.5 million** provide their unpaid care. The cost of caring for those with Alzheimer's and other dementias is estimated to total **\$345 billion** in 2023, increasing to nearly **\$1 trillion** (in today's dollars) by mid-century.

For more information, view the **2023 Alzheimer's Disease Facts and Figures** report at alz.org/facts. © 2023 Alzheimer's Association® All Rights Reserved. Alzheimer's Association is a not-for-profit 501(c)(3) organization.

Caregiver Burden

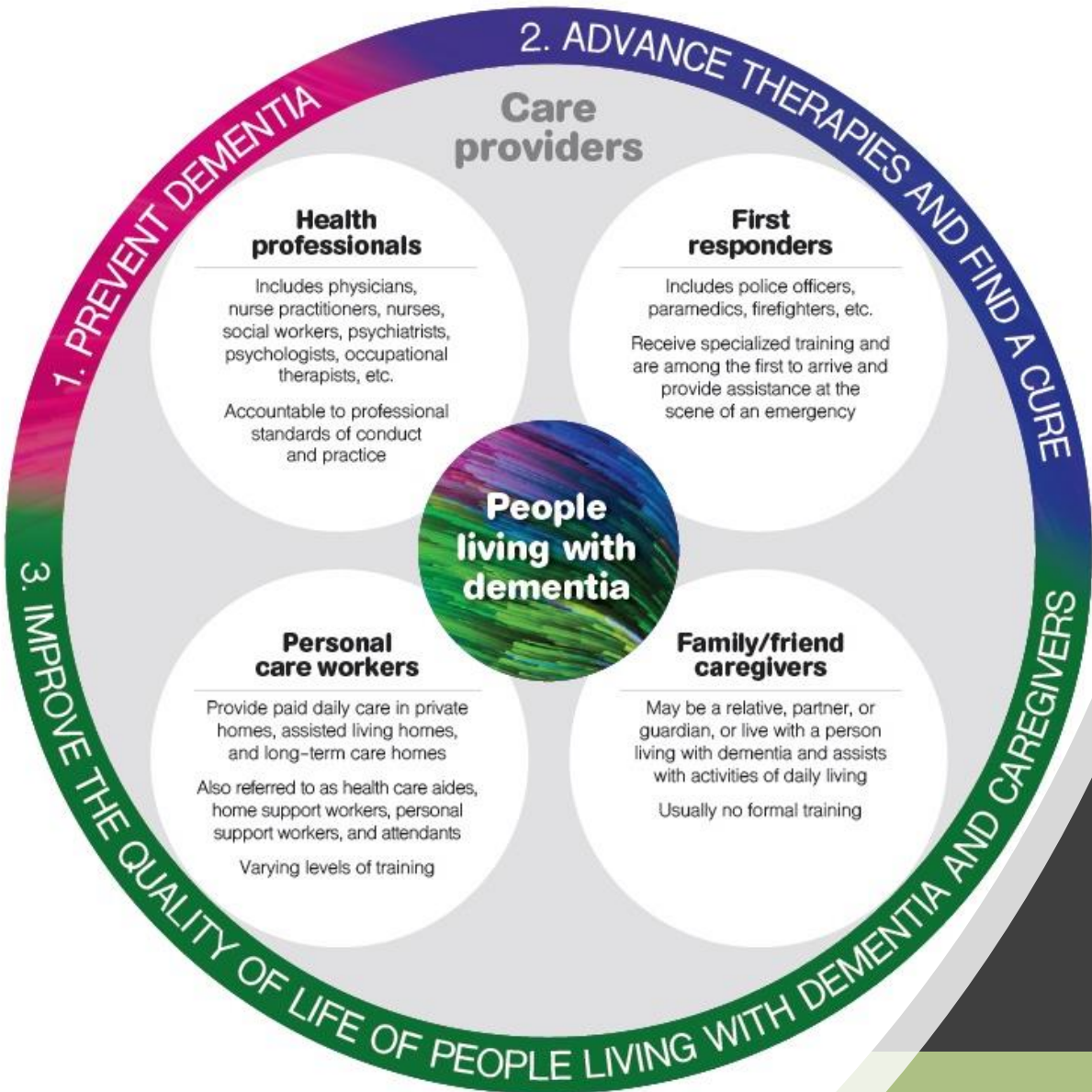
157,000 unpaid caregivers in KY

65% have at least one chronic health condition

40% suffer from depression

21% state they have poor health





The Office of Dementia's Services Approach

Building Our
Largest
Dementia
Infrastructure

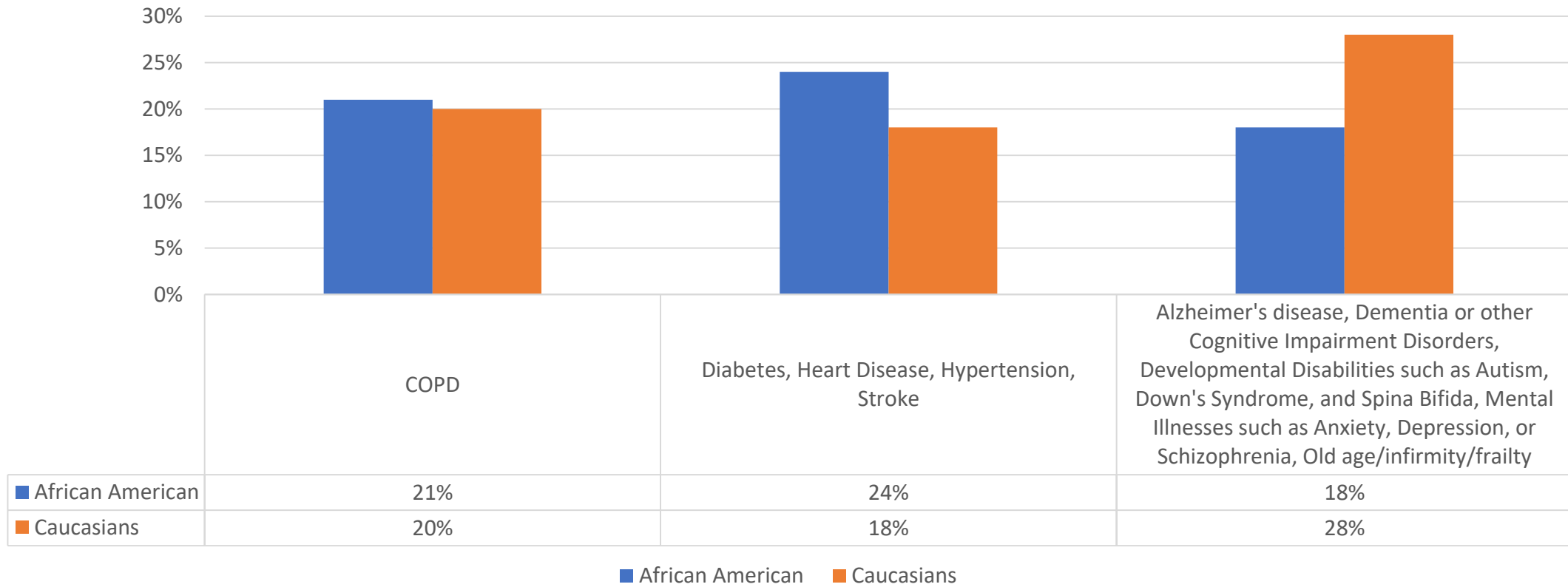


Centers for Disease
Control and Prevention



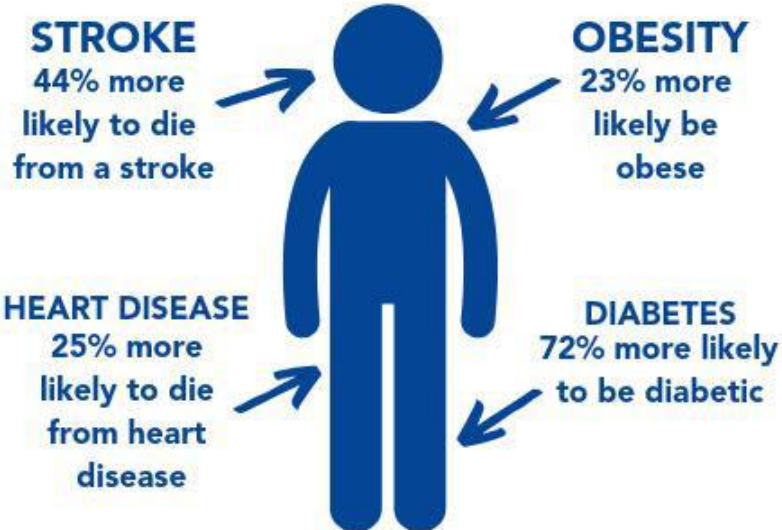
One thing leads to another...

Primary diagnosis of care receiver



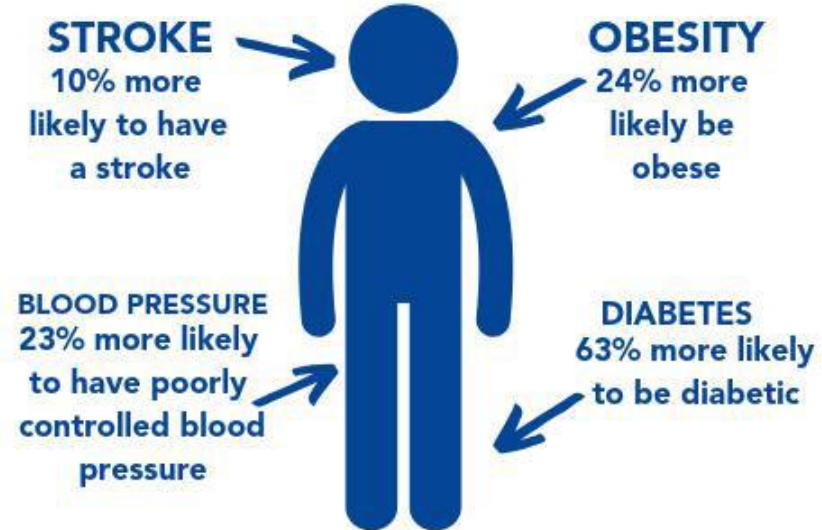
Inequities in Brain Health

AFRICAN AMERICANS HEALTH DISPARITIES



**2X AS LIKELY TO
HAVE ALZHEIMER'S**

LATINO AMERICANS HEALTH DISPARITIES



**1.5X AS LIKELY TO
HAVE ALZHEIMER'S**

BOLD

Building Our Largest Dementia Infrastructure



Workforce Development (W)



Policy Development (P)



Research & Evaluate Data (M)



Community Education & Engagement (E)

In 2023 Kentucky was awarded the BOLD grant. This grant is a collaboration between the Office of Dementia Services (ODS) and Department of Public Health (DPH) to help build a dementia infrastructure across the Commonwealth of Kentucky that focuses on risk reduction and brain health across the life course while ensuring health equity is fully integrated.

By 2028 the BOLD Grant will

- ✓ Build statewide BOLD coalition representative of various collaborators from across the state.
- ✓ Build and execute Alzheimer's and Dementia related disorder training programs and campaigns
- ✓ Ensure caregivers have access to resources and information to maintain their own well-being.
- ✓ Review existing statewide data to determine priority populations.
- ✓ Increase educational opportunities for current and future public health workforce professionals.
- ✓ Increase public knowledge about brain health, risk factors for dementia and benefits of early detection.
- ✓ Increase policy action and implementation
- ✓ Equip policymakers with risk factors and details to reduce stigma associated with cognitive decline.

KY-BOLD Program Workgroups

These workgroups will strive to ensure every Kentuckian has the healthiest brain possible at every stage of life.

Workforce Development (W)

- Increase knowledge and skills of future and current workforce.
- Reduce stigma and bias about cognitive decline.

Research & Evaluate Data (M)

- Increase data availability, quality and utilization.
- Increase data informed decision making.



Policy Development (P)

- Increase Policy Action and Implementation.
- Increase integration with other chronic disease efforts.
- Increase community partnerships.

Community Education & Engagement (E)

- Increase public knowledge and use of services for people living with dementia and caregivers
- Increase public knowledge about brain health, risk factors for dementia and benefits of early detection and diagnosis.



Scan the QR code for more information on the BOLD Program and to join the coalition.



Kentucky Public Health
Prevent. Promote. Protect.

TEAM KENTUCKY
CABINET FOR HEALTH AND FAMILY SERVICES

Dementia Needs Assessment & State Plan



Community Needs Assessment



If you did not have the opportunity to provide feedback on a web survey related to DAIL's State Plan on Aging, please use the QR code listed below:



Community Outreach



Program Providers



Program Participants

Dementia Care Specialists



Services to the person living with dementia and their caregiver



Assessment



Case Management



Information & Referral



Respite Care



Education & Training



Assistive Technology



Services to the community



Establish, promote and provide community specific dementia support

- Support Groups
- Memory Cafés
- What works best in each of your counties

Education & Training

- Provide the community with dementia education
- Facilitate Dealing with Dementia workgroups throughout the region
- Provide REACH Community caregiver training

Partnerships & Collaborations

- Collaborate with local, regional and state dementia providers to expand knowledge and programs to the community.
- Collaborate actively and develop referral protocols with organizations

Buffalo Trace

- Bracken
- Fleming
- Lewis
- Mason
- Robertson

Bluegrass

- Anderson
- Boyle
- Bourbon
- Clark
- Estill
- Fayette
- Franklin
- Garrard
- Harrison
- Jessamine
- Lincoln
- Madison
- Mercer
- Nicholas
- Powell
- Scott
- Woodford

Pennyrile

- Caldwell
- Christian
- Crittenden
- Hopkins
- Livingston
- Lyon
- Muhlenberg
- Todd
- Trigg



Dementia Training





What we are doing!

Dementia
Webinars

Virtual
Dementia

Caregiver
Training

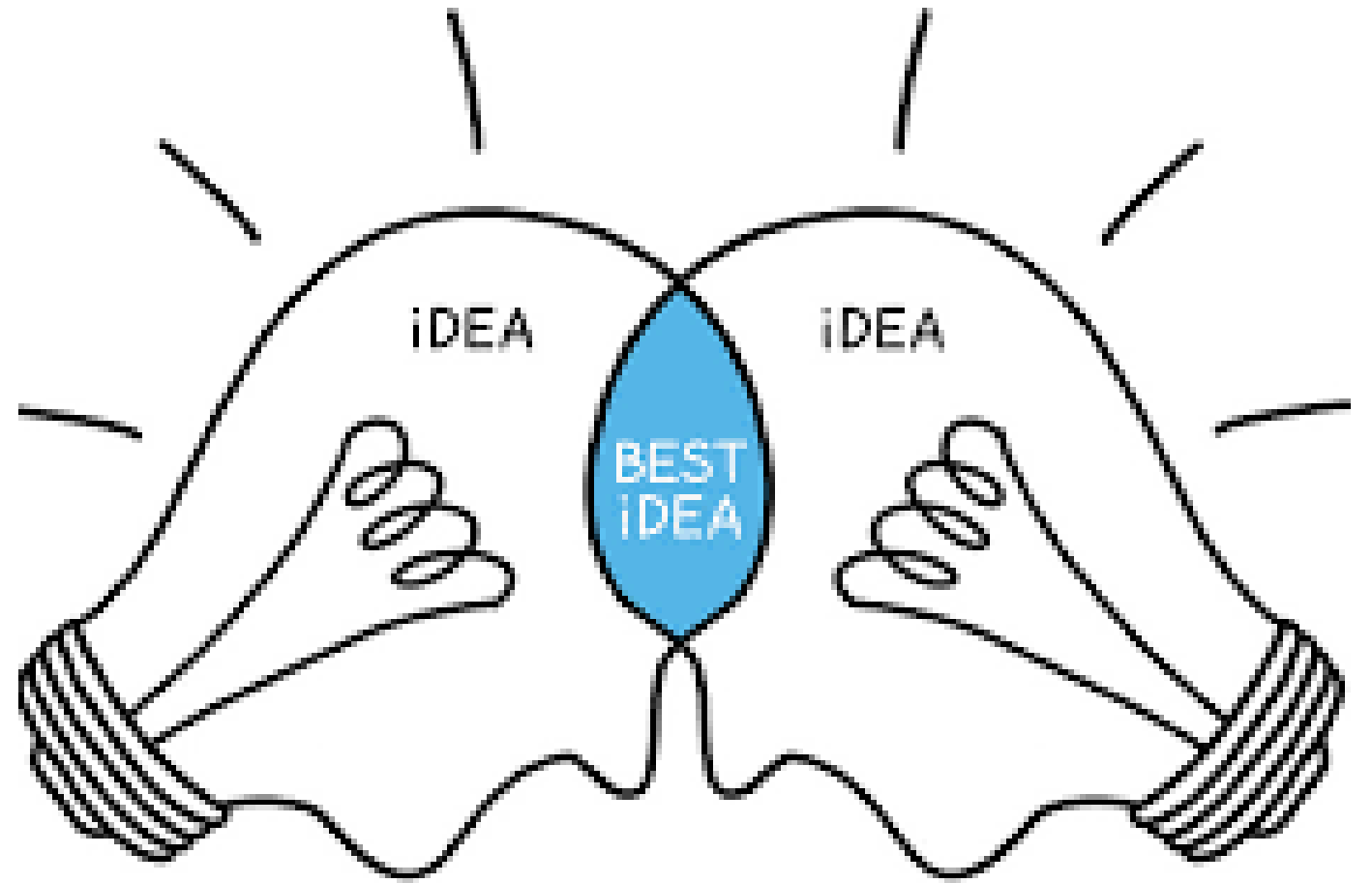
Curriculum
Review

Training
Resource List

Workforce Development



Collaborations & Partnerships





Sanders-Brown
Center on Aging



Kentucky Public Health
Prevent. Promote. Protect.



NORTON
NEUROSCIENCE
INSTITUTE



Centers for Disease
Control and Prevention



**Kentucky Area Development
Districts (ADDs)**



Administration for Community Living



We will find
a way or
make one!





TEAM KENTUCKY[®]

CABINET FOR HEALTH
AND FAMILY SERVICES

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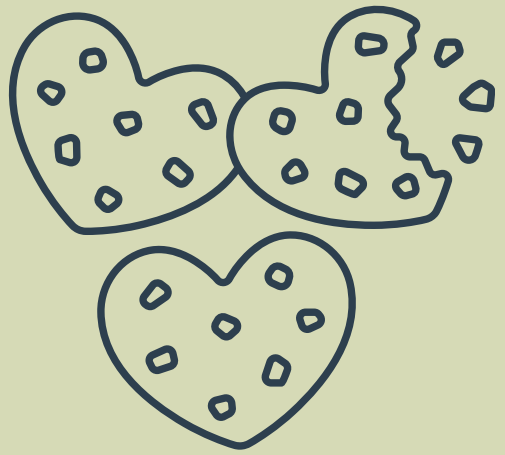
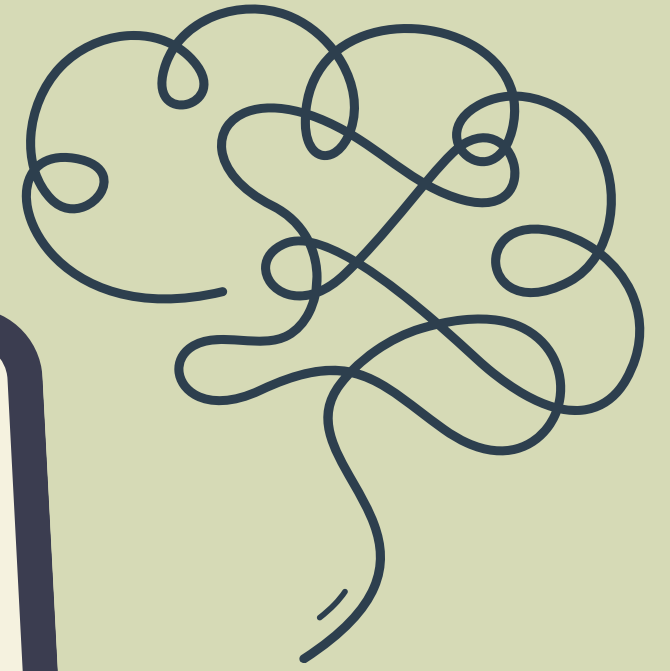
(502) 564-6930

**We want to hear from
you!**

Share your experience and
tell us what your
community needs!

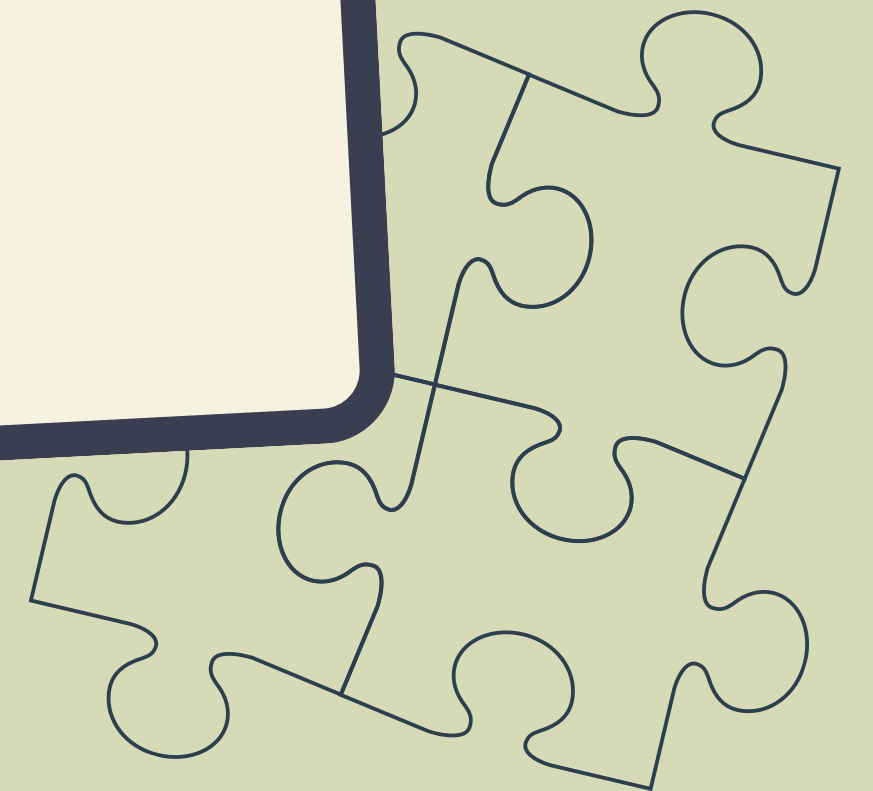


KY BOLD Coalition Form



MEMORY CAFÉ

IN THE LIBRARY



WHAT?

A Memory Café is a socializing opportunity for individuals living with memory loss and their caregivers.

- to provide respite "with" for caregivers
- to share, experience, connect, enjoy
- to promote awareness, build community partnerships

WHY?

- to combat fear, stigma, + social isolation
- support individuals with a range of needs / capacities



ORIGINS:

- Started in the Netherlands in 1997.
- Standardized (very loosely) by the Percolator Memory Café Network in 2014

"Medical + social service providers offer critical assistance with health + resource needs, but they can't restore access to the simple joy of visiting the neighborhood café."

-Memory Café Percolator

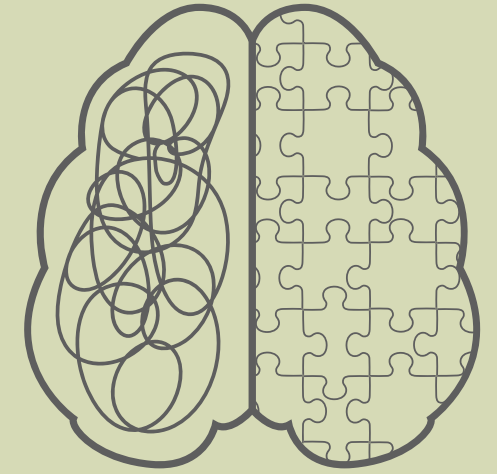
KEY COMPONENTS:

- Engaging programming
- Inclusion
- Full participation
- Refreshments

MEMORY CAFÉ AT WCPL

- Started in September 2023
- Monthly daytime meetings
- Variety of programming: puzzles, art, crafts, poetry, food and culture, music.
- Partners: Pieces of Hope, Village Caregiving, Aetna, Med Center Health, Timesavers Caregiving & Concierge

MEMORY CAFÉ AT WCPL



- A morning of music (March)
- *Brain Protectors: Stroke Education* (April)
- Spring Proactive Aging Series (May)
- Break for summer

WHAT'S NEXT?

- animals! therapy dog visits
- educational programs
- movement / outdoors
- VR
- photography / travel / stories
- show + tell, life stories

GROWTH GOALS:

- outreach to senior living communities + residential programs
- equip new library programmers to help
- increase our participation
- become a recommendation!

SO YOU WANT TO START YOUR OWN MEMORY CAFÉ:

you will need:

1. partners
2. partners
3. partners
4. partners

OTHER CONSIDERATIONS:

1. Is this a need in your community? Is anyone else already doing it?
2. Are there programmers in your library that would like to take this on?
3. What's your space like? Is it accessible?
4. What time should you set it for? Can you make it consistent?
5. Who is your audience? How will you recruit?
6. Do you have the budget/bandwidth?

ALLOW TIME TO GROW. DON'T BE AFRAID TO PIVOT.

RESOURCES:

- Memory Café Percolator
- Massachusetts Memory Café Toolkit
- Memory Café Directory
- Wisconsin Memory Café Programs:
Best Practice Guide

THANK YOU!

