Medline and MedlinePlus for Librarians

Zach Young, MSLS Frontier Nursing University

What is MEDLINE?

- Largest biomedical database of articles in the world.
- Contains over 33 million articles covering medicine, veterinary sciences, nursing, dentistry, etc...
- MeSH or Medical Subject Headings, can be used to help researchers.
- Can be searched via multiple interfaces.





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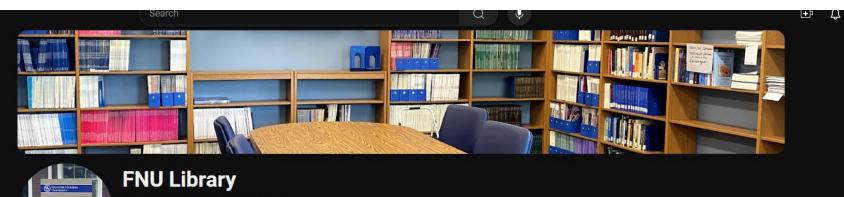
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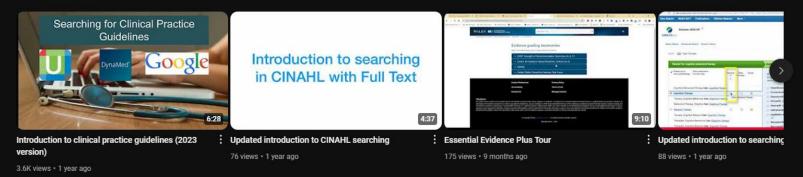
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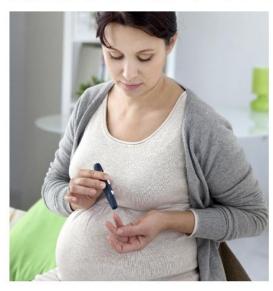


- Reliable, current
 information, on health
 topics, medications, etc...
- Designed for general public and health care professionals.
- No advertising
- Content is free and available in English and Spanish



Welcome to MedlinePlus

MedlinePlus is an online health information resource for patients and their families and friends. It is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH). Learn more about MedlinePlus



FEATURED TOPIC

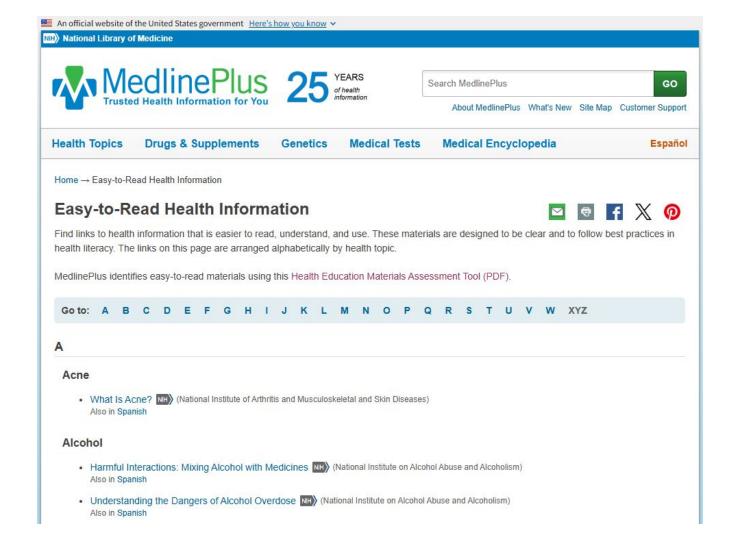
Diabetes and Pregnancy

Some people already have diabetes before they get pregnant. When the disease develops during pregnancy, it is called gestational diabetes. It can be managed.



Health Literacy and MedlinePlus

- "Written materials should be at a 4th to 6th grade level, use short sentences and simple words, provide evidence-based instructions, and include pictures. The Agency for Healthcare Research and Quality (AHRQ) has a tool to assess already developed patient education materials." (Bakerjian, 2023)
- <u>Health Education Materials Assessment Tool</u> used to figure if a material can be designated as "easy-to-read".
- MedlinePlus has a whole section dedicated to "<u>Easy-to-Read Health</u> <u>Information</u>".





Health Topics Find information on health, wellness, disorders and conditions



Medical Encyclopedia

Articles and images for diseases, symptoms, tests, treatments

Learn why your doctor orders medical tests and what the results may mean



Genetics

Explore genetic conditions, genes, and how genetic variations affect health



Drugs & Supplements Prescription drugs, over-thecounter medicines, herbs, and supplements



Medical Tests



Healthy Recipes

These recipes show you how to prepare tasty, quick meals as part of a healthy lifestyle



What is the condition/diagnosis?

What causes this condition?

Who is at risk for this condition?

What are the symptoms of this condition?

How is this condition diagnosed?

What are the treatments?

Home \rightarrow Health Topics \rightarrow Anxiety

Anxiety

On this page		
Basics	Learn More	See, Play and Learn
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 Treatments and Therapies 		
Research	Resources	For You
Statistics and Research	Find an Expert	Children
 Clinical Trials 		 Teenagers
 Journal Articles 		= Women
		 Older Adults
		Patient Handouts

Summary

What is anxiety?

Anxiety is a feeling of fear, dread, and uneasiness. It might cause you to sweat, feel restless and tense, and have a rapid heartbeat. It can be a normal reaction to stress. For example, you might feel anxious when faced with a difficult problem at work, before taking a test, or before making an important decision. It can help you to cope. The anxiety may give you a boost of energy or help you focus. But for people with anxiety disorders, the fear is not temporary and can be overwhelming.

What are anxiety disorders?

Anxiety disorders are conditions in which you have anxiety that does not go away and can get worse over time. The symptoms can interfere with daily activities such as job performance, schoolwork, and relationships.

What are the types of anxiety disorders?

There are several types of anxiety disorders, including:

• Generalized anxiety disorder (GAD). People with GAD worry about ordinary issues such as health, money, work, and family. But their worries are excessive, and they have them almost every day for at least 6 months.



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Health Topics Drugs & Supplements Genetics Medical Encyclopedia Medical Tests Español Home → Drugs, Herbs and Supplements → Lisinopril Lisinopril 🖾 🖻 🕇 💥 🙆 pronounced as (lyse in' oh pril) Why is this medication prescribed? What side effects can this medication cause? How should this medicine be used? What should I know about storage and disposal of this medication? Other uses for this medicine In case of emergency/overdose What special precautions should I follow? What other information should I know? What special dietary instructions should I follow? Brand names What should I do if I forget a dose?

IMPORTANT WARNING:

Do not take lisinopril if you are pregnant. If you become pregnant while taking lisinopril, call your doctor immediately. Lisinopril may harm the fetus.

Why is this medication prescribed?

Lisinopril is used alone or in combination with other medications to treat high blood pressure in adults and children 6 years of age and older. It is used in combination with other medications to treat heart failure. Lisinopril is also used to improve survival after a heart attack. Lisinopril is in a class of medications called angiotensin-converting enzyme (ACE) inhibitors. It works by decreasing certain chemicals that tighten the blood vessels, so blood flows more smoothly and the heart can pump blood more efficiently.

What is the test?

What are the tests used for?

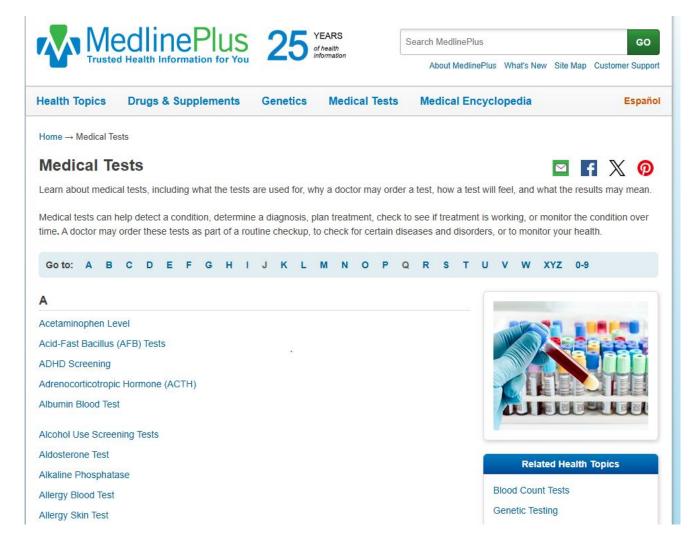
Why do I need the test?

What happens during the test?

Do I need to prepare for the test?

Are there any risks to the test?

What do my results mean?



References

Bakerjian, D. (2023). Personal Health Literacy.

https://psnet.ahrq.gov/primer/personal-health-literacy#:~:text=Written%20materials %20should%20be%20at,already%20developed%20patient%20education%20materials.