

# Forget Me Not Resource Center Connecting Dementia Patients And their Caregivers



# The Effingham Community



## Illinois



# Community Philosophy



Our Vision:  
The Effingham Public Library  
empowers individuals and  
enriches the community.



# Dementia

- 1 in 9 people who are 65+ have Alzheimer's
- 2016 to 2025 Alzheimer's and related dementias will increase 14% nationwide
- 15+ million Americans are unpaid caregivers
- 41% of those have a household income of \$50,000 or less

[https://www.alz.org/documents\\_custom/2016-facts-and-figures.pdf](https://www.alz.org/documents_custom/2016-facts-and-figures.pdf)



Welcome Shannon Nosbisch and Amy Sorbino,  
Effingham Area Alzheimer's Awareness Founders

The Caregiving Journey

Why a unique nonprofit?

Why partner with a library?

Challenges of partnering?

What goals were you able to accomplish?

[Play video](#)



# Partnership

## Our Mission:

The Effingham Public Library provides community engagement and life-long learning through literature, technology, and information access.

**Life-long learning =  
Education**

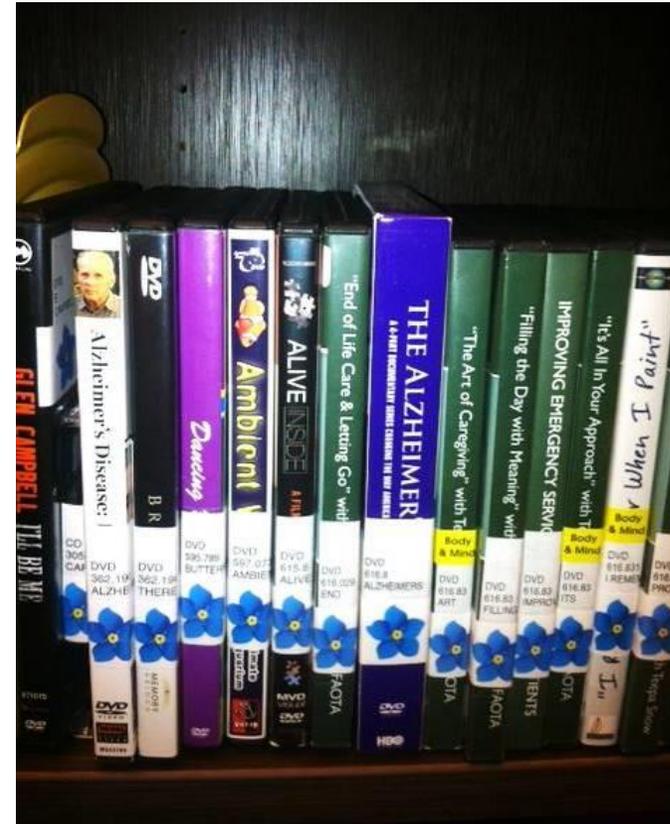


Effingham Area  
**ALZHEIMER'S AWARENESS**

Effingham Area Alzheimer's Awareness (EAAA) is a volunteer-based, not-for-profit organization dedicated to providing support and education for families, caregivers, and people affected by Alzheimer's disease and related dementia.



# Challenges & Opportunities



# Forget Me Not Resource Center Opens



# The Best of

Collection Name	Call Number	Check Outs	Author	Year Published	Title
Non-Fiction	362.196 LEVY	13	Levy, Judith A.	2014	Activities to do with your parent who has Alzheimer's dementia
Non-Fiction	616.8 KUHN	10	Kuhn, Daniel.	2013	Alzheimer's early stages : first steps for family, friends and caregivers
DVD	DVD 618.976 JOURNEY	9		2011	The journey of dementia [videorecording] : becoming a good travel companion and guide
Non-Fiction	616.8 DORAISWAMY	9	Doraiswamy, P. Murali, 1963-	2008	The Alzheimer's action plan : the experts' guide to the best diagnosis and treatment for memory problems
Non-Fiction	649.808 JACOBS	9	Jacobs, Barry J.	2006	The emotional survival guide for caregivers : looking after yourself and your family while helping an aging parent
Biography	B SMITH	8	Smith, B. (Barbara), 1949-	2016	Before I forget : love, hope, help, and acceptance in our fight against Alzheimer's
DVD	DVD 618.976831 ALL	8		2015	All things bright and beautiful [videorecording]
Non-Fiction	616.831 SCOTT	8	Scott, Paula Spencer, author.	2014	Surviving Alzheimer's : practical tips and soul-saving wisdom for caregivers
DVD	DVD 362.196 THERE	7		2007	There is a bridge [videorecording]
DVD	DVD 595.789 BUTTER-FILES	7		2008	Dancing butterflies [videorecording]
DVD	DVD 616.83 FILLING	7		2011	Filling the day with meaning : facilitated by Teepa Snow
Kit	KIT 618.97683 SEWING	7	Effingham Area Alzheimer's Awareness (Organization)	2015	Sewing toolkit [kit]
Non-Fiction	362.196 BOTONIS	7	Botonis, Mara.	2014	When caring takes courage : a compassionate, interactive guide for Alzheimer's and dementia caregivers
Non-Fiction	362.196 COMER	7	Comer, Meryl, author.	2014	Slow dancing with a stranger : lost and found in the age of Alzheimer's
Non-Fiction	612.8 ARDEN	7	Arden, John Boghosian.	2014	The brain bible : how to stay vital, productive, and happy for a lifetime
Non-Fiction	616.831 MAYO	7		2006	Mayo Clinic guide to Alzheimer's disease
Non-Fiction	616.831 SNYDER	7	Snyder, Lisa.	2010	Living your best with early-stage Alzheimer's : an essential guide
Non-Fiction	810.8 LOVING	7		1992	A Loving voice : a caregiver's book of read-aloud stories for the elderly
DVD	DVD B CAMPBELL	6		2015	Glen Campbell [videorecording] : I'll be me

Best of materials list from the Forget Me Not Resource Center



(217) 342-2464  
effinghamlibrary.org

# Continued Growth and Partnership Opportunities



## *Making Memories With Music*

A free community concert dedicated to people affected by Alzheimer's disease and related dementia

### **Dementia-Friendly Community**

Talks began with local community members and professionals on ideas to make Effingham a dementia-friendly community. If you would like to join this initiative, please email Shannon at [eaaa.shannon@gmail.com](mailto:eaaa.shannon@gmail.com). More to come in 2016!

# For more information

[Best of the Forget Me Not Resource Center Items](#)

[How to Use Reminiscence Kits](#)

[Effingham Area Alzheimer's Awareness](#)

[Alzheimer's Association](#)

# Bonus Content

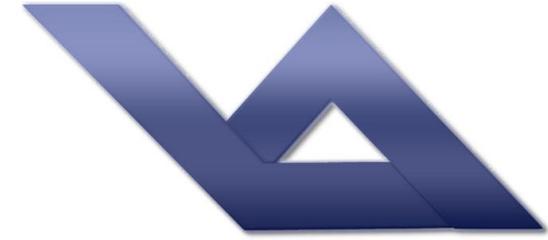
- The Book Box
- Free books to give away
- Repurposed Vending Machine
- Housed at County Courthouse





This webinar was made possible in part by the





# Save the Date

- **Don't Push the River: How to Go with the Flow When Presenting Outreach Programs to People Experiencing Dementia**
  - Friday, March 31 – 10:00-11:00 am ET (9:00-10:00 am CT)
  - Deborah Gonzalez, Arapahoe Libraries (Colorado)
- **S3: Strategies for Serving Seniors**
  - Thursday, April 13 – 2:00-3:00 pm ET (1:00-2:00 pm CT)
  - David Kelsey & Lynda Spraner, St. Charles Public Library (Illinois)

# Thank you!

Johnna Schultz

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