

# Supporting Your Children's Sparks



It's great when young people explore and identify their sparks. But they also need caring adults to support them in their spark discovery and development. We asked hundreds of young people what kind of support they would find helpful, and here is what they said:

- Encourage me
- Talk with me and give me new ideas
- Provide what I need: transportation, money, or equipment
- Go to my shows
- Arrange for music lessons
- Teach me stuff about computers
- Show me how to build things and figure things out
- Listen to me talk about my spark
- Coach me
- Give me rides
- Go to my games
- Discuss fashion and go shopping
- Love me
- Introduce me to caring adults who can help me with my spark
- Get supplies for me
- Help me practice or train
- Help me make appointments
- Challenge me
- Remind me to be positive and optimistic
- Help me get to the library, zoo, or museum
- Tell me your stories
- Read my stories and poetry
- Teach me new ways to draw
- Go with me into nature
- Show me how you work on your spark
- Help me figure out what to do next
- Tell me to keep going and not quit
- Show me people can be really happy about their jobs
- Spend time with me
- Help me not to be bored
- Push me to do and be my best
- Give me useful criticism
- Give me advice on how to improve