

HEALTH / MEDICAL INFORMATION IN KYVL

Presented by
Nancy Houseal
KDLA's Division
of Library Services

http://kdla.ky.gov

Kentucky Department for Libraries and Archives

Librarians ▾ Archivists ▾ Researchers ▾ State Employees ▾ Records Management ▾

- Kentucky State Government Employees - Welcome!
- Ask a Librarian
- Research Databases
- Training Events Calendar for State Employees
- Archived Training Sessions
- Library Account Application
- Collections
- Downloading Audiobooks and Ebooks
- Technology Training for State Employees
- Resource Lists
- Kentucky State Publications
- KDLA WorldCat Discovery

The Statistical Report of Kentucky Public Libraries, Fiscal Year 2015-2016
Now available online

Upcoming Events & Closures

- May 29 - Memorial Day
- June 23 - Archives Research Room CLOSED

Research Databases Page

Research Databases for State Employees

Desktop access to licensed databases is provided free of charge, exclusively to state government employees. All databases are accessible to the general public at the State Library.



3000+ full-text U.S. newspapers; 50+ Kentucky sources including the Lexington Herald-Leader.



300+ full-text U.S. newspapers including the Louisville Courier-Journal.



20+ databases including EBSCO and WorldCat; multi-disciplinary coverage; strengths in business, education, medicine and news.



Directory of U.S. businesses and individuals enhanced with financial and organizational information.



KDLA WorldCat Discovery offers quick and easy searching of KDLA's collections, and other libraries worldwide.



80,000+ full-text federal, state and local policy documents, and news on homeland security.

- [Home](#)
- [KDLA Catalog](#)
- [e-Archives](#)
- [Ask a Librarian](#)
- [Public Library Directory](#)
- [Kentucky Library Job List](#)
- [Records Retention Schedules](#)
- [Kentucky Talking Book Library](#)

Login Procedure

- Select a database.
- When prompted, type in your KDLA account number and password.
- **NOTE:** Our login procedure has changed and you may be required to reset your password. The following short video will walk you through that process: [How to reset your KDLA library account for WorldCat Discovery and KDLA Databases \(5 minute video\)](#)
- For assistance contact the State Library's Reference Desk: 502.564.8306; or toll-free 800.928.7000; or online at [Ask A Librarian](#).

Who Is Classified as a State Employee?

This classification includes persons working in executive, legislative and judicial agencies, commissions, boards, etc.

Employees of public school systems and public higher education institutions can be served by their public and institutional libraries.

Connect with KDLA

Login Page

Kentucky Department for
Libraries and Archives

Sign in

KDLA Library Account Number

Password

[Sign In](#) [Cancel](#)

[Set/reset password](#)

Look for Ebsco

The screenshot shows the KYVL (Kentucky Virtual Library) website. The header includes the logo 'KENTUCKY VIRTUAL LIBRARY' and navigation icons for 'kdl', 'AZ to Z', and 'KYVL'. The main navigation bar is orange and contains links for 'About KYVL / Ask', 'Databases', 'For College & Adults', 'For K12 Students', 'For Librarians', and 'For Professionals'. The 'Databases' link is highlighted with a black box, and a dropdown menu is open, listing various database options. 'EBSCO' is highlighted with a red box. Below the navigation bar, there is a 'Chat with KYVL' section with a 'Chat with KYVL' button. To the right, a 'Showing 6 Groups' section lists various categories with a 'Display' dropdown set to 'Alphabetically' and a 'Go' button. The 'Databases' group is highlighted with a red box. On the left, a 'Quick clicks' section lists several services with icons: 'A to Z list of resources', 'Ask KYVL', 'Courier service', 'Kentucky Digital Library', and 'KYVL legacy website'.

KENTUCKY VIRTUAL LIBRARY

Navigation: About KYVL / Ask, **Databases**, For College & Adults, For K12 Students, For Librarians, For Professionals

Database List:

- » A to Z databases
- » Britannica
- » EBSCO**
- » LearningExpress
- » Novelist
- » ProQuest
- » Scholastic GO!
- » WorldCat (OCLC)
- » KY Digital Library (link)
- » Training calendar

CPE / KYVL / Home

Chat with KYVL

Chat with KYVL

Showing 6 Groups

Display: Alphabetically Go

- About KYVL (6)
- Databases (7)**
- For College and Adult Learners (3)
- For K12 Students (3)
- For Librarians (12)
- For Other Professionals (5)

Quick clicks

- AZ to Z: A to Z list of resources
- Ask KYVL
- Courier service
- Kentucky Digital Library
- KYVL legacy website


Select Individual Database

EBSCO



Databases

- Academic Search Complete
- Agricola
- AHFS Consumer Medication Information
- Business Source Premier
- CINAHL with Full Text
- Consumer Health Complete
- EBSCOhost
- Funk & Wagnalls New Encyclopedia
- GreenFILE
- Health Source - Consumer Edition
- LISTA - Library, Information & Technology Abstracts
- MAS Ultra - School Edition
- MasterFILE Premier
- MEDLINE
- Middle Search Plus
- NoveList
- Primary Search
- Psychology & Behavioral Sciences Collection
- PsycINFO


Academic Search Complete



Academic Search Complete
[more...](#)


-  [Academic Search Poster](#)
-  [Academic Search User Guide](#)

Agricola




Agricola
[more...](#)

AHFS Consumer Medication Information





AHFS Consumer Medication Information
[more...](#)

Business Source Premier



Business Source Premier
[more...](#)

-  [Business Source Poster](#)
-  [Business Source User Guide](#)

Looking for . . .

- AHFS Consumer Medical Information
- CINAHL with Full text
- Consumer Health Complete
- Health Source – Consumer Edition
- MEDLINE
- Psychology & Behavioral Sciences
- PsycInfo

EBSCO Support Site

Login


User ID

Password

Login

[Shibboleth Login](#) | [OpenAthens Login](#)

Supported Browsers
Recommended minimum screen resolution: 1024x768




Learn more about
[EBSCO Information Services Product & Services](#)

Important User Information: Remote access to EBSCO's databases is permitted to patrons of subscribing institutions accessing from remote locations for personal, non-commercial use. However, remote access to EBSCO's databases from non-subscribing institutions is not allowed if the purpose of the use is for commercial gain through cost reduction or avoidance for a non-subscribing institution.

[EBSCO Support Site](#) | [Privacy Policy](#) | [Terms of Use](#) | [Copyright](#)

[EBSCOhost Connection](#)

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User ID : kdlagov6
Password: shinyap16



FOR THE CONSUMER

AHFS CONSUMER MEDICAL INFORMATION



- Publisher: American Society of Health-System Pharmacists
- Purpose: Provides patient drug information
- Updated monthly
- Includes information on more than 1000 drugs
- Special features:
 - Written in lay language for consumers
 - Information available in both English and Spanish
 - Includes “How To” instructions for administering different types of medications such as eye drops and inhalers
 - Identifies medications with potential for adverse events when used by older adults (65 years of age or older)

Glipizide

Contents

WHY is this medicine prescribed?

HOW should this medicine be used?

Are there OTHER USES for this medicine?

What SPECIAL PRECAUTIONS should I follow?

What SPECIAL DIETARY instructions should I follow?

What should I do IF I FORGET to take a dose?






What SIDE EFFECTS can this medicine cause?

What should I know about STORAGE and DISPOSAL of this medication?

What should I do in case of OVERDOSE?

What OTHER INFORMATION should I know?

Brand Names

Listen   American Accent    <<

En Español (Spanish Version)

(glip' i zide)

WHY is this medicine prescribed?

Glipizide is used along with diet and exercise, and sometimes with other medications, to treat type 2 diabetes (condition in which the body does not use insulin normally and, therefore, cannot control the amount of sugar in the blood). **Glipizide** is in a class of medications called sulfonylureas. **Glipizide** lowers blood sugar by causing the pancreas to produce insulin (a natural substance that is needed to break down sugar in the body) and helping the body use insulin efficiently. This medication will only help lower blood sugar in people whose bodies produce insulin naturally. **Glipizide** is not used to treat type 1 diabetes (condition in which the body does not produce insulin and, therefore, cannot control the amount of sugar in the blood) or diabetic ketoacidosis (a serious condition that may occur if high blood sugar is not treated).

Over time, people who have diabetes and high blood sugar can develop serious or life-threatening complications, including heart disease, stroke, kidney problems, nerve damage, and eye problems. Taking medication(s), making lifestyle changes (e.g., diet, exercise, quitting smoking), and regularly checking your blood sugar may help to manage your diabetes and improve your health. This therapy may also decrease your chances of having a heart attack, stroke, or other diabetes-related complications such as kidney failure, nerve damage (numb, cold legs or feet; decreased sexual ability in men and women), eye problems, including changes or loss of vision, or gum disease. Your doctor and other healthcare providers will talk to you about the best way to manage your diabetes.

HOW should this medicine be used?

Glipizide comes as tablets and extended-release (long-acting) tablets to take by mouth. The regular tablet is usually taken one or more times a day, 30 minutes before breakfast or meals. The extended-release tablet is usually taken once a day with breakfast. To help you remember to take **glipizide**, take it around the same time(s) every day. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Take **glipizide** exactly as directed. Do not take more or less of it or take it more often than prescribed by your doctor.

Your doctor will probably start you on a low dose of **glipizide** and gradually increase your dose if needed. After you have taken **glipizide** for some time, **glipizide** may not control your blood sugar as well as it did at the beginning of your treatment. Your doctor may adjust the dose of your medication as needed so that the medication will work best for you. Be sure to tell your doctor how you are feeling and if your blood sugar test results have been higher or lower than normal at any time during your treatment.

Swallow the extended-release tablets whole. Do not chew, divide, or crush the tablets.

Glipizide helps control blood sugar but does not cure diabetes. Continue to take **glipizide** even if you feel well. Do not stop taking **glipizide** without talking to your doctor.

Ask your pharmacist or doctor for a copy of the manufacturer's information for the patient.

Are there OTHER USES for this medicine?

This medication is sometimes prescribed for other uses; ask your doctor or pharmacist for more information.

CONSUMER HEALTH COMPLETE



- Provides content covering all key areas of health and wellness
- Supports the information needs of patients
- Fosters an overall understanding of health-related topics.
- Contents include
 - More than 500 full-text journals and magazines
 - More than 240 full-text health reference books and encyclopedias
 - More than 2,600 full-text evidence-based health reports
 - Nearly 500 medical images and diagrams
 - Nearly 250 animations with audio narration
 - Full-text consumer health pamphlets and leaflets
 - Dozens of articles covering teen health topics
 - <https://www.ebscohost.com/public/consumer-health-complete>

Subject Coverage

<https://www.ebscohost.com/public/consumer-health-complete>

Subjects Include:

- Aging
- Cancer
- Diabetes
- Drugs and alcohol
- Fitness
- Nutrition and dietetics

Coming Soon:

- Digital citizenship
- Life skills
- Sexual health
- Social well-being
- Sustainability and green living
- Teen health and wellness

HEALTH SOURCE – CONSUMER EDITION



- Provides consumer health information
- Content includes:
 - More than 80 full-text magazines (*Prevention, Men's Health, American Fitness, Better Nutrition*)
 - 110 full-text reference books (*Merriam-Webster's Medical Desk Dictionary*)
 - More than 18,800 Clinical Reference Systems reports (also in Spanish)
 - Full text for current health pamphlets
- Subjects include fitness, nutrition, diabetes, aging, women's health, children's health and more

<https://www.ebscohost.com/academic/health-source-consumer-edition>

FOR THE PROFESSIONAL



MEDLINE



- Created by the National Library of Medicine
- Contains more than 23 million references to journal articles in life sciences, primarily biomedicine
- Covers medicine, nursing, dentistry, veterinary medicine, the health care system, pre-clinical sciences, and more
- Time coverage generally 1946 to the present, with some older material
- Majority publications are scholarly journals;
- Includes small number of newspapers, magazines, and newsletters

PSYCHOLOGY AND BEHAVIORAL SCIENCES



- Provides extensive coverage on broad range of subjects in psychology, behavioral sciences and related disciplines
- Intended audience psychologists, counselors, researchers and students
- Content Includes:
 - More than 500 full-text journals
 - More than 300 full-text journals with citations in PsycINFO
- Key Full-Text Journals Include:
 - *Journal of General Psychology*
 - *Journal of Clinical Psychology*
 - *Journal of Genetic Psychology*
 - *Journal of Psychology*
 - *Journal of Social Psychology*
- Subjects Include:
 - Anthropology
 - Emotional and behavioral characteristics
 - Mental processes
 - Observational and experimental methods
 - Psychiatry and psychology

<https://www.ebscohost.com/academic/psychology-behavioral-sciences-collection>

PSYCINFO



- Collection of behavioral and social science research, dissertations, and scholarly literature abstracts
- Centers on psychology and the behavioral and social sciences
- Includes subjects on related disciplines
 - Neuroscience
 - Business
 - Nursing Law
 - Education
- Updated weekly
- More than 4 million bibliographic records
- Indexing of more than 2,500 scholarly journals
- Searchable Grant/ Sponsorship information including individual sponsors, grant numbers, grant recipients, principal investigators, and more

<http://www.apa.org/pubs/databases/psycinfo/index.aspx>



SEARCHING IN EBSCO

Consumer Health Complete

Search [Search Other Databases](#) | [Database Help](#)

Find:

Quick Find
Find a disease, condition, injury or procedure:
A B C D E F G
H I J K L M N
O P Q R S T U
V W X Y Z

Health Highlight



Autism
Autism is a disorder in which a child has problems with communicating and getting along with others. They have unusual or repetitive actions and may have a keen interest in only one subject or activity. For example, they may be obsessed with trains or a particular science fiction movie.
[Click Here](#)

Browse Popular Sources



[Yoga Journal](#)



[Men's Fitness](#)



[Fit Pregnancy](#)

Search by Topic

- [Alternative Treatments](#)
- [Beauty](#)
- [Children's Health](#)
- [Conditions & Diseases](#)
- [Environmental Health](#)
- [Food, Nutrition & Exercise](#)
- [Medications](#)
- [Men's Health](#)
- [Mental Health](#)

Evidence-Based Reports

Encyclopedias & Reference Books

Fact Sheets & Pamphlets

News & Magazines

Drug & Herb Information

Alternative Sources

Images & Diagrams

Videos & Animations



Searching: Health Source - Consumer Edition | Choose Databases

Search input field with "Search" and "Clear" buttons. Below are three rows of "AND" dropdowns, input fields, and "Select a Field (optional)" dropdowns. Plus and minus icons are to the right.

Basic Search Advanced Search Search History

Search Options

Reset

Search Modes and Expanders

Search modes

- Boolean/Phrase
- Find all my search terms
- Find any of my search terms
- SmartText Searching [Hint](#)

Apply related words

Also search within the full text of the articles

Apply equivalent subjects

Limit your results

Full Text

Publication Type

- All
- Pamphlet
- Periodical
- Book

Number Of Pages

All [input field]

Image Quick View Types

- Black and White Photograph
- Color Photograph
- Graph
- Map
- Chart
- Diagram
- Illustration

Scholarly (Peer Reviewed) Journals

Publication

[input field]

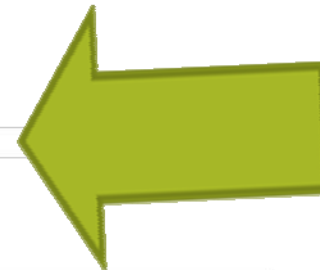
Published Date

Month [dropdown] Year: [input] - Month [dropdown] Year: [input]

Cover Story

Image Quick View

PDF Full Text





Searching: CINAHL with Full Text Choose Databases

KENTUCKY VIRTUAL LIBRARY (KYVL)

Suggest Subject Terms

aging|
aging
aging population
aging in place
aging adults
aging out of foster care
aging out
aging workforce

Select a Field (optional) ▾

Search Clear ?

Select a Field (optional) ▾

Select a Field (optional) ▾

+ -

Results For: Aging

Subheadings for: Aging

Search Database

Check box to view subheadings. Click linked term for tree view.

Explode (+) Major Concept Scope ?

<input checked="" type="checkbox"/> Aging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Attitude to Aging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Skin Aging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Cognitive Aging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Cell Aging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Physical Aging Status (Iowa NOC)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Assisted Living	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Solar Aging of Skin Use: Skin Aging			
Mental Aging Use: Cognitive Aging			
Bone Loss of Aging Use: Osteoporosis			
Attitudes to Aging Use: Attitude to Aging			
Aging Skin Use: Skin Aging			
Aging in Place Use: Assisted Living			
Aging Attitudes Use: Attitude to Aging			
<input type="checkbox"/> Aging (Search as Keyword) ?			

Include All Subheadings
Or select one or more subheadings to restrict your search

- Classification/CL
- Drug Effects/DE
- Education/ED
- Ethical Issues/EI
- Evaluation/EV
- Immunology/IM
- Physiology/PH
- Psychosocial Factors/PF
- Radiation Effects/RE
- Standards/ST

Each two letter code represents a subheading, e.g. AN represents Analysis

Related Headings:
Physical Aging Status (Iowa NOC)
Rejuvenation
Used For:
Ageing

Search Term Explode (+) Major Concept

Aging

Medical Subject Headings (MeSH)

The screenshot shows the MeSH 2017 search interface. The top navigation bar includes 'New Search', 'MeSH 2017', 'Publications', and 'Indexes'. The 'MeSH 2017' tab is highlighted with a red circle. Below the navigation bar, the search area contains a search box with 'diabetes' entered, a 'Search' button, and a 'Clear' button. A dropdown menu is open, listing various MeSH terms related to diabetes, including 'diabetes', 'diabetes type 2', 'diabetes mellitus', 'diabetes type 1', 'diabetes mellitus type 2', 'diabetes management', 'diabetes education', 'diabetes mellitus type 1', 'diabetes insipidus', and 'diabetes prevention'. The dropdown menu is also highlighted with a red box. The interface also shows 'Search Modes and Expanders' and a 'Reset' button.

<input type="checkbox"/>	<input type="checkbox"/>	Nutritional and Metabolic Diseases	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Metabolic Diseases	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Glucose Metabolism Disorders	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes Mellitus	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Diabetes Mellitus, Experimental	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Diabetes Mellitus, Type 1	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Diabetes Mellitus, Type 2	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Diabetes Mellitus, Lipoatrophic	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Diabetes, Gestational	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Diabetic Ketoacidosis	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Donohue Syndrome	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Latent Autoimmune Diabetes in Adults	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Prediabetic State	<input type="checkbox"/>	<input type="checkbox"/>	

Searching Aids

- Database subject/headings list
- Medical Subject Headings
- Thesaurus
- Medical dictionary
- Boolean operators
 - "and"
 - "or"
 - "not"
- Field codes
- Search expanders
- Limit options
- Cited references



Do You Know About . . .

Workplace violence and safety response.



Academic
Journal

(includes abstract) Parker, Tanya; Nursing Management, May2016; 47(5): 30-34. 5p. (Article) ISSN: 0744-6314

Subjects: Workplace Violence Prevention and Control; Patient Assault Prevention and Control; Occupational Safety; Nursing Staff, Hospital; Risk Management; Security Measures; Hospital Programs; Program Implementation; Nursing Management

Cited References: (10)

Related Records

- 1. [Exploring creativity and critical thinking in traditional and innovative problem-based learning groups](#)
; Chan, ZC J Clin Nurs); 2013 Vol. 22, p2298-2307, 10p. Document Type: article; (AN JCN.BB.BBIH.CHAN.ECCTTI) [Citation Record], Database: EBSCO Publishing Citations
Times Cited in this Database: (3)
- 2. [Communication and patient safety in simulation for mental health nursing education](#)
; Fay-Hillier, T.M.; Regan, R.V.; Gallagher-Gordon, M. Issues in Mental Health Nursing); 2012 Vol. 33, p718-726, 9p. Document Type: article; (AN IMH) [Citation Record], Database: EBSCO Publishing Citations
Times Cited in this Database: (5)

Searching Multiple Databases

EBSCOhost KENTUCKY VIRTUAL LIBRARY (KYVL)

Searching: CINAHL with Full Text [Choose Databases](#)

Suggest Subject Terms

Select a Field (optional) ?

AND Select a Field (optional)

AND Select a Field (optional)

[Basic Search](#) [Advanced Search](#) [Search History](#)

Search Options

Search Modes and Expanders

Search modes ?

- Boolean/Phrase
- Find all my search terms
- Find any of my search terms
- SmartText Searching [Hint](#)

Apply related words

Also search within the full text of the articles

Apply equivalent subjects

Limit your results

Full Text

Abstract Available

Author

English Language

Research Article

Search Only Pre-CINAHL

Evidence-Based Practice

References Available

Published Date
Month Year: - Month Year:

Publication

Peer Reviewed

Exclude Pre-CINAHL

Exclude MEDLINE records

Clinical Queries

Choose Databases ?

Detailed View (Title lists included)

Select / deselect all

OK

Cancel

- | | |
|--|--|
| <input checked="" type="checkbox"/> Academic Search Complete | <input type="checkbox"/> MasterFILE Premier |
| <input type="checkbox"/> Agricola | <input checked="" type="checkbox"/> MEDLINE |
| <input checked="" type="checkbox"/> AHFS Consumer Medication Information | <input type="checkbox"/> Middle Search Plus |
| <input type="checkbox"/> American Doctoral Dissertations | <input type="checkbox"/> Newspaper Source |
| <input type="checkbox"/> Business Source Premier | <input type="checkbox"/> Newswires |
| <input checked="" type="checkbox"/> CINAHL | <input type="checkbox"/> Primary Search |
| <input checked="" type="checkbox"/> CINAHL with Full Text | <input type="checkbox"/> Psychology and Behavioral Sciences Collection |
| <input type="checkbox"/> eBook Collection (EBSCOhost) | <input checked="" type="checkbox"/> PsycINFO |
| <input type="checkbox"/> ERIC | <input type="checkbox"/> Regional Business News |
| <input type="checkbox"/> Funk & Wagnalls New World Encyclopedia | <input type="checkbox"/> Small Business Reference Center |
| <input type="checkbox"/> GreenFILE | <input type="checkbox"/> Sociological Collection |
| <input checked="" type="checkbox"/> Health Source - Consumer Edition | <input type="checkbox"/> Teacher Reference Center |
| <input type="checkbox"/> Library, Information Science & Technology Abstracts | <input type="checkbox"/> TOPICsearch |
| <input type="checkbox"/> MAS Ultra - School Edition | |

OK

Cancel



NAVIGATING THE RESULTS PAGE

EBSCOhost Searching: Health Source - Consumer Edition Choose Databases
1 osteoarthritis Select a Field (optional) Search Clear
AND Select a Field (optional)
AND Select a Field (optional) + -
Basic Search Advanced Search Search History

Refine Results

Current Search

Boolean/Phrase:

osteoarthritis

Source Types

Magazines x

Limit To

3 Full Text

Scholarly (Peer Reviewed) Journals

Cover Story

1989 Publication Date 2017

Show More

Source Types

All Results

Magazines (981)

Reference Books (6)

Reviews (4)

Show More

Subject

2

Search Results: 1 - 10 of 981

Relevance Page Options

Share

1. CRAZY ABOUT COLLAGEN.

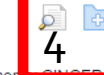


By: BOWDEN, JONNY. Better Nutrition. Dec2016, Vol. 78 Issue 12, p40-43. 4p. 4 Color Photographs.

Subjects: OSTEOARTHRITIS -- Prevention; AGING; COLLAGEN; CONNECTIVE tissues; DIETARY supplement...

Periodical

HTML Full Text PDF Full Text (3.4MB)



2. FAT AS A FIXER. (cover story).



By: Gaidos, Susan. Science News. 3/19/2016, Vol. 189 Issue 6, p22-26. 5p. 6 Color Photographs, 1 Diagram, 1 Graph.

Subjects: ADIPOSE tissues; FAT; TUAN, Rocky; OSTEOARTHRITIS; RUBIN, J. Peter; STEM cells; CHRONIC wounds & injuries -- Treatment

Periodical

HTML Full Text PDF Full Text (2.5MB)

3. The Best Ways to BEAT PAIN (That You've Never Tried).



By: ROSEN, MARGERY D. Woman's Day. May2017, Vol. 80 Issue 6, p104-108. 4p. 3 Color Photographs.

Subjects: ACUPUNCTURE; MEDITATION; OSTEOARTHRITIS -- Treatment; FIBROMYALGIA -- Treatment; BACKACHE -- Treatment; HEADACHE -- Treatment

Periodical

4. Foot health.



Mayo Clinic Health Letter. Nov2016 Special Report, Vol. 34, p1-8. 8p.

Subjects: FOOT anatomy; FOOT -- Diseases -- Prevention; FOOT -- Diseases -- Treatment; FOOT -- Physiology; OBESITY -- Complications; DIABETIC neuropathies; EXERCISE therapy; FASCIAE (Anatomy); FOOT; FOOT -- Care & hygiene; FOOT -- Diseases; HALLUX valgus; HAMMERTOE; HEALTH; METATARSALGIA; NAIL care; INGROWN nails; NEUROMAS; ODORS; OSTEOARTHRITIS; PERSPIRATION; RINGWORM; SHOES; SKIN diseases; STRESS fractures (Orthopedics); ONYCHOMYCOSIS; NAILS (Anatomy) -- Diseases; PRODUCT design; DIABETIC foot; PLANTAR fasciitis; ACHILLES tendinitis; CALLOSITIES; HEEL (Anatomy); HEEL pain; ORTHOPEDIC apparatus -- Design & construction; FOOT orthoses; SYMPTOMS

Periodical

PDF Full Text

Folder has items

FAT AS A FIXER. (cover st...

Go to: Folder View

Newsires

Centrexion Therapeutics A... (Business Wire (English), 17 hours ago)

Centrexion Therapeutics A... (Business Wire (English), 7 days ago)

Anika Announces First Pat... (Business Wire (English), 20 days ago)

Find More

Plum Print



Searching: Health Source - Consumer Edition | Choose Databases

KENTUCKY VIRTUAL LIBRARY (KYVL)

osteoarthritis Select a Field (optional) ▾

AND Select a Field (optional) ▾

AND Select a Field (optional) ▾

Basic Search Advanced Search Search History

◀ Result List | Refine Search | 1 of 981 ▶

CRAZY ABOUT COLLAGEN.

Authors: BOWDEN, JONNY

Source: Better Nutrition. Dec2016, Vol. 78 Issue 12, p40-43. 4p. 4 Color Photographs.

Document Type: Article

Subjects: **OSTEOARTHRITIS** -- Prevention

AGING
COLLAGEN
CONNECTIVE tissues
DIETARY supplements
GINGER
NUTRITION
PROTEINS
TURMERIC

Abstract: The article offers information on the collagen which is the connective tissue for heart, skin, muscles, hair, arteries, disks, cartilage and nails. Topics discussed include formation of collagen in the underlying layer of the skin known as the dermis; different categories of collagen such as Verisol and BioCell and role of BioCell collagen in reducing facial aging signs; and cooking of collagen producing gelatin.

Full Text Word Count: 1549

ISSN: 0405-668X

Accession Number: 119520620

Plum Print

Detailed Record

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CRAZY ABOUT COLLAGEN.

CRAZY ABOUT COLLAGEN

What you need to know about this key weapon in any antiaging arsenal

BY JONNY BOWDEN, PHD, CNS

I have a vested interest in the field of antiaging. For one thing, I do a lot of media, and, as everyone on earth knows, the media put an enormous value on youthful appearance, energy, and vigor. (Nobody really wants to take advice from someone who looks like they just want to take a nap.)

But the truth is, I've been paying attention to the phenomenon we call "aging" for many years. When I became a nutritionist 26 years ago, I was particularly interested in food and supplements that would keep me feeling my best—and keep me looking as young as I was feeling.

Which brings me to collagen supplements. Now let's be clear: I do a lot of things to keep myself in shape and to keep my energy and vitality high. I take close to 50 supplements a day—powders, liquids, and pills. I drink lots of water. I exercise every day—or at the very least, six days a week. I monitor my hormones. I eat a really good diet (at least most of the time). I go for relaxing walks in the hills where I live. I have nourishing



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Title: CRAZY ABOUT COLLAGEN. By: BOWDEN, JONNY, Better Nutrition, 0405668X, Dec2016, Vol. 78, Issue 12

Database: Health Source - Consumer Edition

CRAZY ABOUT COLLAGEN

Contents

- Collagen vs. Gelatin
- When You Don't Have Enough
- What to Take
- What About Creams?
- TOP 3 HERBS FOR ARTHRITIS
 1. Turmeric
 2. Ginger
 3. Boswellia

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What you need to know about this key weapon in any antiaging arsenal

I have a vested interest in the field of antiaging. For one thing, I do a lot of media, and, as everyone on earth knows, the media put an enormous value on youthful appearance, energy, and vigor. (Nobody really wants to take advice from someone who looks like they just want to take a nap.)

But the truth is, I've been paying attention to the phenomenon we call "aging" for many years. When I became a nutritionist 26 years ago, I was particularly interested in food and supplements that would keep me feeling my best—and keep me looking as young as I was feeling.

Which brings me to collagen supplements. Now let's be clear. I do a lot of things to keep myself in shape and to keep my energy and vitality high. I take close to 50 supplements a day—powders, liquids, and pills. I drink lots of water. I exercise every day—or at the very least, six days a week. I monitor my hormones. I eat a really good diet (at least most of the time). I go for relaxing walks in the hills where I live. I have nourishing friendships and a passionate relationship with my significant other. I love what I do. I am surrounded by animal companions. Plus, courtesy of Southern California, I'm exposed to a whole lot of greenery and sunshine.

So it's kind of impossible to say what precisely is responsible for the fact that practically no one believes me when I tell them I'll be 70 on my next birthday. And while I can't say this with any scientific certainty, I strongly believe that the collagen supplements I've been taking for more than 13 years now deserve at least part of the credit for the way I look and feel.

Let me explain. Collagen is the most abundant protein in the body, making up approximately 30 percent of our whole-body protein content. The word itself comes from the Greek word kolla, which means glue—and indeed, in a very real sense, collagen is the glue that holds stuff together—tendons, joints, bones, muscles, and especially skin are all dependent on collagen. Without collagen, you'd pretty much fall apart.

Collagen is produced in the underlying layer of the skin known as the dermis. Health writer Vera Tweed explains how it works brilliantly. She likens the dermis to a mattress and the outer skin layer—the epidermis—to bedsheets. "When collagen starts to break down," she says, "we end up with an old, saggy 'mattress' that wrinkles the sheets."

There are actually more than 16 types of collagen in the human body, but three of them—simply called type 1, type 2, and type 3—are predominant, accounting for up to 90 percent of the collagen in the body. All collagen has an abundance of three specific amino acids: glycine, proline, and hydroxyproline. But the three main types of collagen are concentrated in different places in the body. Types 1 and 3 are in the skin, as well as the tendons and bones. Type 2 is mainly in cartilage, one reason it has come to be known as "good for the joints." (More on that in a moment.)

Collagen vs. Gelatin

Collagen and gelatin have an interesting relationship and are frequently spoken of as equivalent, though technically they're not. All collagen comes from animal products, and is actually found in the toughest, most gristly pieces of meat—cuts of meat that contain the most connective tissue and aren't exactly the most popular on anyone's menu. When you cook those tough cuts of meats, or simmer beef bones in a Crock-Pot (bone broth,

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Title: Psychology and aging
Title Abbreviation: Psychol Aging
NLM Unique ID: 8904079
ISSN: 0882-7974 Electronic ISSN: 1939-1498
Original Imprints: Publication: Arlington, VA : American Psychological Association, [c1986-
Language: English
Alternate Title: Psychology and aging; PSYCHOL AGING;
Notes: Title from cover. Also issued online.
Bibliographic Records: MEDLINE (Full) v1n1,Mar. 1986 - current
Publication Type: Periodical
Indexing History: Index medicus (Full) v1n1,Mar. 1986 - current; MEDLINE (Full) v1n1,Mar. 1986 - current; PubMed (Full) v1n1,Mar. 1986 - current
MeSH Subjects: Aged/psychology; Aging
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Creating/Managing Folders

The screenshot displays the EBSCOhost user interface. At the top, a navigation bar includes links for 'New Search', 'Thesaurus', 'Publications', 'Medical Dictionary', and 'More'. On the right side of this bar, 'Sign Out' and 'Folder' (with a folder icon) are highlighted with a red box. Below the navigation bar, the user's profile is shown as 'Nancy's Folder' with a 'Back' link. The main content area is titled 'My Folder: Articles' (highlighted with a red box). On the left, a sidebar lists various content types: Articles (1), Images (0), Videos (0), Companies (0), Pages (0), eBooks (0), audioBooks (0), Checkouts (0), Holds (0), Notes (0), Other Content Sources (0), Persistent Links to Searches (0), Saved Searches (0), Search Alerts (0), Journal Alerts (0), and Web Pages (0). Below this list are sections for 'My Custom' (Diabetes, Osteoarthritis) and 'Shared By' (Add). The main search results area shows 'Page: 1' and a list of items. The first item is '1. CRAZY ABOUT COLLAGEN.' with a 'Periodical' icon. Below the title, it lists the author 'By: BOWDEN, JONNY', publication details, and subjects: 'Subjects: OSTEOARTHRITIS -- Prevention; AGING; COLLAGEN; CONNECTIVE tissues; DIETARY supplements; GINGER; NUTRITION; PROTEINS; TURMERIC'. There are links for 'HTML Full Text' and 'PDF Full Text (3.4MB)'. To the right of the search results, a vertical menu is highlighted with a red box, containing options: 'Print', 'E-mail', 'Save as File', and 'Export'. A large red arrow points from the bottom right towards the 'My Folder: Articles' title.



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Upcoming Events & Closures

May 29 - Memorial Day

26. **Outcomes after foot surgery in people with a diabetic foot ulcer and a 12-month follow-up.**



Academic
Journal

(includes abstract) Lenselink, E.; Journal of Wound Care, May2017; 26(5): 218-227. 8p. (Article) ISSN: 0969-0700

Subjects: Diabetic Foot Surgery; Wound Healing; Treatment Outcomes; Adult: 19-44 years; Middle Aged: 45-64 years; Aged: 65+ years; Aged, 80 & over; Male; Female

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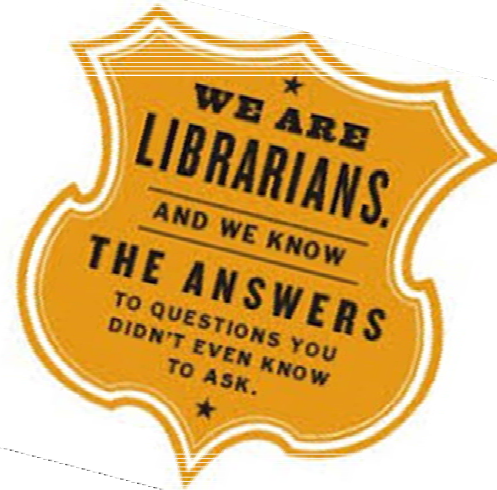
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