



CABINET FOR HEALTH
AND FAMILY SERVICES

Substance Use Disorders: The Impact on Public Libraries

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Substance Use Prevention & Promotion Branch

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Kentucky Opioid Response Effort (KORE)

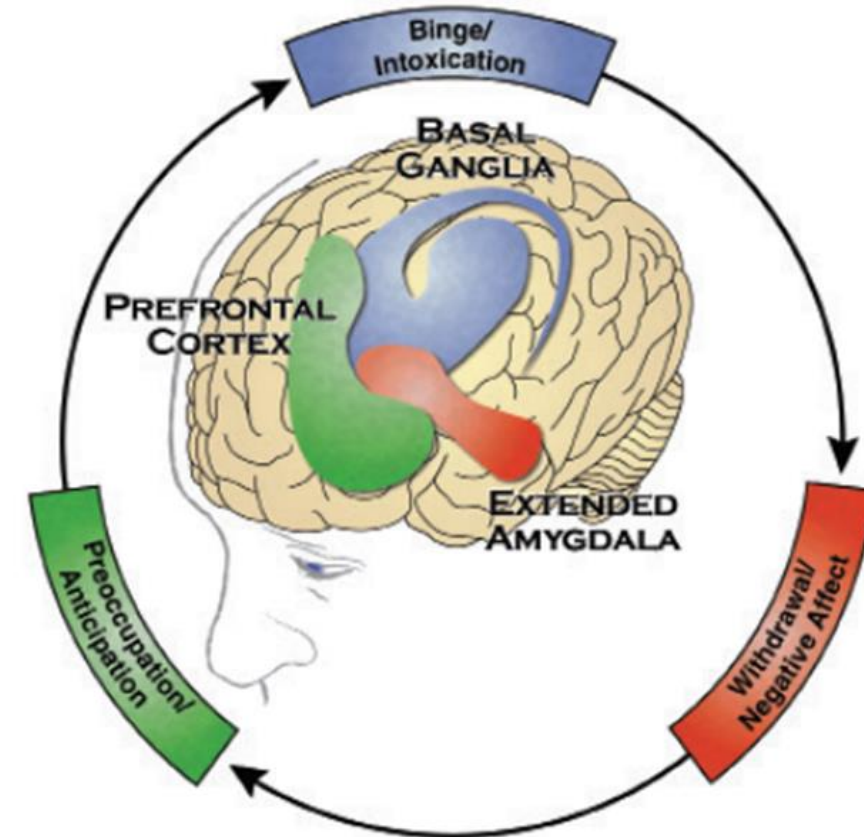
Agenda

- Overview of substance use disorders
- Supporting individuals impacted by a substance use disorder (SUD)
- Detecting and responding to an opioid overdose
- Community resources & linkages to SUD services

Addiction Cycle

Addiction is a primary, **chronic disease of brain** reward, motivation, memory and related circuitry.

- Inability to consistently abstain
- Impairment in behavioral control
- Craving
- Diminished recognition of significant problems with one's behaviors and interpersonal relationships
- Dysfunctional emotional response



ASAM American Society of
Addiction Medicine

Addiction Cycle



Treatment and Recovery Landscape

- Different treatment settings
- FDA approved medications
- Clinical components
- Specialty populations
- Harm reduction
- Recovery meetings
- Housing

In 2021, approximately 43.7 million people aged 12 or older (15.6% of the population) needed substance use treatment in the past year. However, only 6.8% of them received substance use treatment at a specialty facility.



Supporting Individuals Impacted by a SUD



LEARN MORE



SPEAK OUT



KEEP HOPE ALIVE



TREAT PEOPLE
WITH DIGNITY



THINK ABOUT THE
WHOLE PERSON



WATCH YOUR
LANGUAGE

Why the library?

Public Health **Post**

Libraries on the Front Line

- Over [100,306](#) people died from a drug overdose in the United States from April 2020 – April 2021. 75,673 of these overdose deaths are attributed to opioids.
- Public libraries are accessible to [over 95%](#) of the U.S. population, and opioid use within library walls can be a common occurrence in areas with high opioid use rates.

Recognizing an opioid overdose

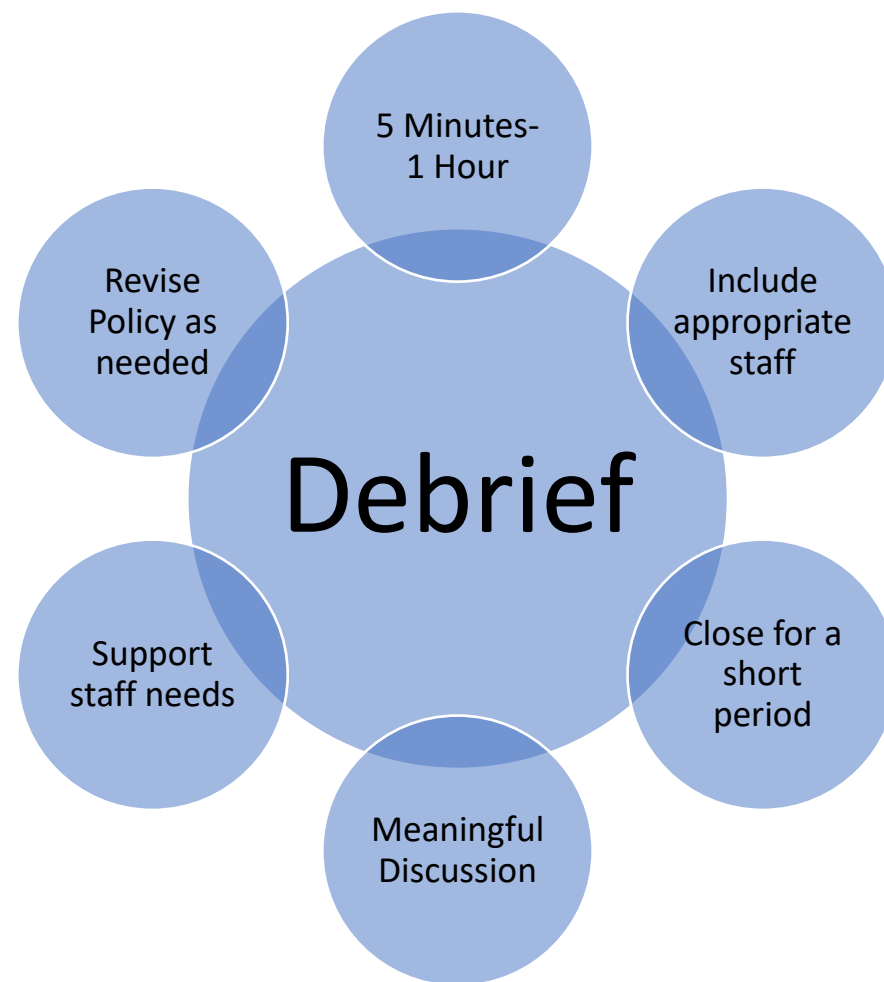
- Call **911 immediately** if a person exhibits **ANY** of the following symptoms:
- Their face is extremely pale and/or feels clammy to the touch
- Their body goes limp
- Their fingernails or lips have a purple or blue color
- They start vomiting or making gurgling noises
- They cannot be awakened or are unable to speak
- Their breathing or heartbeat slows or stops

Life Saving Naloxone

- Naloxone quickly reverses an overdose by blocking the effects of opioids. It can restore normal breathing within 2 to 3 minutes in a person whose breath has slowed, or even stopped, as a result of opioid overdose
- In nearly 40% of overdose deaths, someone else was present. Having naloxone available allows bystanders to help a fatal overdose and save lives.
- **Training and kits available through your local health department and regional prevention centers**



Post Overdose/Substance Use Event



Potential Library Opioid Response Activities

- Opioid overdose and naloxone training
- Staff training on related topics
- Community education events and campaigns
- Facilities modifications



Identifying Community Resources





Connecting individuals and families in Kentucky with treatment and support resources for substance use disorders – **1-8338-KY-HELP** (1-833-859-4357).



Available by Email:
SWCC@centertech.com



Find addiction treatment
openings now – visit

findhelp**now**ky.org

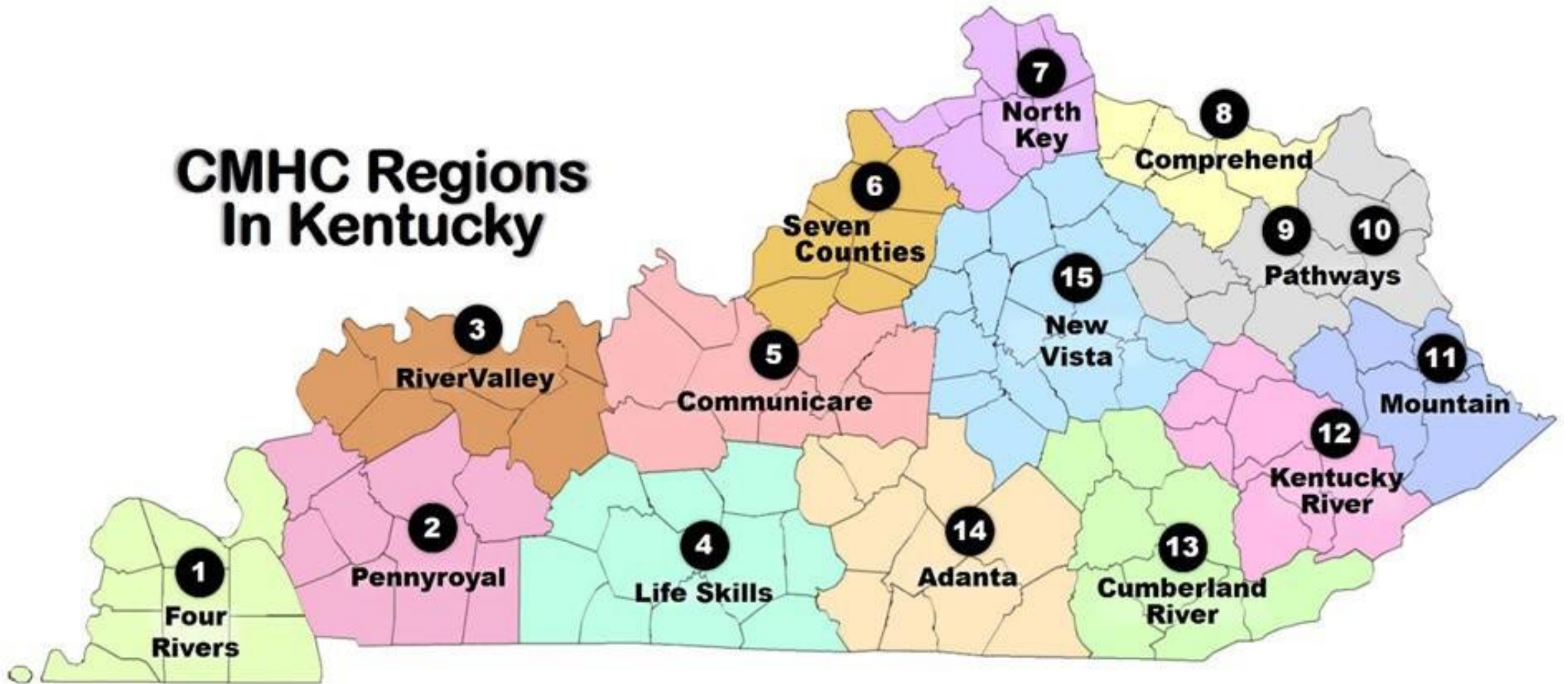
Text HOPE to 96714 | Call 1-833-8KY-HELP

findhelp**now**ky.org

[Find Help Now \(findhelpnowky.org\)](https://findhelpnowky.org)

Use this website to find an addiction treatment facility that is taking new clients right now. We work with hundreds of facilities across the state to bring you up-to-date and accurate information about their treatment offerings and availability.

CMHC Regions In Kentucky



Community Resources Continued

- Naloxone: [Stop Overdoses - Office of Drug Control Policy \(ky.gov\)](#)
- Syringe Service Programs: [Syringe Exchange Programs - Cabinet for Health and Family Services \(ky.gov\)](#)
- Recovery Community Centers: [RECOVERY COMMUNITY CENTERS \(ky.gov\)](#)
- Kynector: [Representatives, Kynectors & Agents | kynect Benefits](#)
- 988: [988 Suicide & Crisis Lifeline | SAMHSA](#)
- Find Recovery Housing: [Find Recovery Housing Now \(findrecoveryhousingnowky.org\)](#)

Questions



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Public Libraries and the Opioid Crisis: Researcher Perspectives

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Libraries and Narcan: Some Questions



- Can using Narcan on someone harm them if they're not overdosing?
 - If I accidentally harm someone when trying to help, who's liable?
- What if the victim harms me?
- Will opioid dependents now think that the library is a safe place to do drugs, since they can get emergency help if something goes wrong?
 - Will families stay away? Will this hurt our storytime numbers?



Libraries and Narcan: Some Questions



- What will the community think? Even if we don't have evidence of people using drugs in the library, will this make people assume that this is happening?
- Should we get safe disposal containers for needles?
- Is this all we can do? Can we find ways to help solve this community problem, possibly through the reference desk or our public programming?





The opioid epidemic is so bad that librarians are learning how to treat overdoses

By Darran Simon, CNN

Photographs by Michelle Gustafson for CNN

Updated 9:10 PM ET, Sat June 24, 2017



Philadelphia (CNN) — A crowd hovered over the man lying on the grass as his skin turned purple. Chera Kowalski crouched next to his limp body, a small syringe in her gloved hand.

Source



Research on Public Libraries



- Librarians should have a voice in research about public libraries
- Librarians should be able to easily read and understand research on public libraries
- Librarians should be able to use research on public libraries for their internal decision-making processes and for advocacy purposes



Published Articles



PUBLIC LIBRARY QUARTERLY
2019, VOL. 38, NO. 3, 248–269
<https://doi.org/10.1080/01616846.2019.1626693>



Public Libraries and the Opioid Crisis, Part 1: Context and Commitment

Brian Real and Gayle Bogel

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ABSTRACT

Public libraries have been significantly affected by the opioid crisis. The fact that patrons can enter libraries freely and do not need a reason to be there has resulted in overdoses occurring in many such buildings throughout the country. In response to this, library directors have developed plans of action that, in some cases, include training librarians to administer the opioid overdose reversal drug Naloxone. This present article – the first in a two-part study – is based on interviews with representatives from libraries that have been significantly affected by the opioid crisis. After describing these community circumstances, the authors analyze various ways that each library has prepared to respond to overdoses and other emergency situations.

ARTICLE HISTORY

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Accepted May 2019

KEYWORDS

Public libraries; opioids;
opioid dependency; Narcan

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Public Libraries and the Opioid Crisis, Part 2: Community-Centered Responses

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ABSTRACT

Numerous articles from major national newspapers have covered the fact that as the opioid crisis has become a pervasive problem in the United States, overdoses in public libraries have become a somewhat common occurrence. Many of these discussions center on librarians being trained to use the overdose reversal drug Naloxone, and that was the primary focus of the first part of this two-part study. However, this second article discusses what libraries are doing to mitigate the impacts of the crisis and help persons from vulnerable populations before matters escalate to become emergency situations. The authors document how libraries are attempting to educate their communities about the opioid crisis, ways they have partnered with community organizations to help opioid dependent persons, and how they have addressed various facilities and security concerns for their buildings.

ARTICLE HISTORY

Received May 2019
Accepted May 2019

KEYWORDS

Public libraries; opioids;
security; facilities
management; vulnerable
populations



Library Reactions to the Naloxone Question



- Some library directors said they would feel negligent if they ignored a life-saving tool
- Libraries that chose not to have staff ready to administer Naloxone were concerned about safety, but also commonly had emergency medical services able to respond in under three minutes
- Libraries can mitigate staff hesitancy by making training mandatory but not requiring action
 - Naloxone administration training still has value for people who refuse to administer Naloxone



It's Not Just Naloxone



- Persons facing opioid dependency still deserve to be treated as patrons
- Librarians discussed a balancing act between serving different types of patrons
 - Severe disruptions should not be tolerated
 - Librarians cannot help patrons who have been removed from the premises
- Many of the best ways to help vulnerable persons involve expanding reference and referral services
 - This is an opportunity for librarians to better understand their communities and the resources that are already available



Public Libraries and Social Work Values



PUBLIC LIBRARY QUARTERLY
<https://doi.org/10.1080/01616846.2023.2199671>

 **Routledge**
Taylor & Francis Group

 Check for updates

Social Workers in Public Libraries: Resource and Referral Practice and Re-Thinking Patron Engagement

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^aRegion 7, Network of the National Library of Medicine, Worcester, Massachusetts, USA; ^bSchool of Information Science, University of Kentucky, Lexington, Kentucky, USA

ABSTRACT

The purpose of this study is to gather information that can be useful in guiding libraries that hope to hire a social worker, wish to collaborate with social workers in their community, or integrate social work values into librarians' workflows. The study uses qualitative interviews with social workers from different public library systems. Five major themes emerged through the interviews: engagement, regardless of whether this was with patrons, community partners, or staff; the right to self-determination; the impacts of social isolation; the importance of a trauma-informed model; and the need to balance safety and inclusion.

ARTICLE HISTORY

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KEYWORDS

Social work; community outreach; library policy; law enforcement

CLASSIFICATION

Collaboration; Customer Service; Librarianship; Reference; Community



Southeast Rural Opioid Technical Assistance Regional Center (ROTA-RC)



- Project by Florida State University
- Funded through Substance Abuse and Mental Health Services Administration (federal agency)
- Focus on SE Region of U.S., particularly Appalachia (including KY)
- Host regular webinars with info about opioid/substance use, provide training and materials, etc.
- Work with libraries and other community partners to help improve community life and respond to opioid crisis



ROTA-RC: Important Links



- To join a regularly-held webinar:
<https://serotarcnetwork.org/event/opioid-toolkit-webinar/>
- Compilation of free resources and handouts:
<https://serotarcnetwork.org/pdf-library/>
<https://serotarcnetwork.org/resources/>






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and Information

School of Information Science



KENTUCKY'S
PUBLIC
LIBRARIES &
THE OPIOID
CRISIS

PARTNERS

- FRYSCs
- The Kentucky Center for Grieving Children and Families
- Kentucky Moms MATR (Maternal Assistance Towards Recovery)
- Local Health Departments



FRYSCS: FAMILY RESOURCE AND YOUTH SERVICES CENTERS



- Staff at FRYSCs in Knox and Todd counties are offering kinship support groups for grandparents and other relatives who are raising children whose parents are unable to do so.
- Partnership opportunities:
 - Can your library create bibliographies of your library's resources to share with the FRYSC Coordinator?
 - Would you be able to offer a presentation about library services to kinship support groups?
 - Could your library serve as a meeting place for these groups?
 - Could you partner with your local FRYSC to host a kinship support group?
- “The primary goal of these FRYSC centers is to remove non-academic barriers to learning as a means to enhance student academic success.”



KENTUCKY CENTER FOR GRIEVING CHILDREN AND FAMILIES

- Kentucky-based organization that provides support to children and families who are grieving the loss of a loved one
- Online teen-led support group called Peer Healing
- Resources, infographics, and statistics are provided on the website

<https://www.kcgcf.org/>

KENTUCKY MOMS MATR



- “KY-Moms MATR (Maternal Assistance Towards Recovery) helps expectant Kentucky mothers who are at risk for using alcohol, tobacco and other drugs, to reduce harm to their children from their substance use, during and after pregnancy. This service is a collaboration between health departments, prenatal clinics and community mental health centers.”
- Virtual or in-person baby showers; can your library promote and/or host one of these?
- Library staff can make referral forms available or refer a customer; forms are available in English and Spanish.

<https://dbhdid.ky.gov/dbh/kymomsmatr.aspx>

LOCAL HEALTH DEPARTMENTS & COMMUNITY MENTAL HEALTH CENTERS

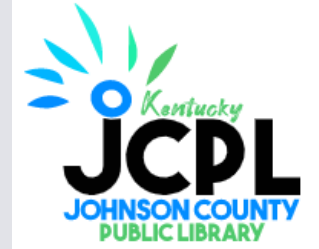
- Both of these local agencies can provide Narcan and train staff on how to use it.
- The staff at these agencies can offer the training to library customers if your library does not feel comfortable training staff to use it or having it on hand.



OTHER WAYS TO PROVIDE SUPPORT

- Johnson County Public Library
- Bibliographies available as a passive resource
- Resource guide from KDLA
- Resources from Court Designated Workers
- Market your library programs and resources to community partners

JOHNSON COUNTY PUBLIC LIBRARY



Since 2013, the Johnson County Public Library has partnered with The Changes Center to offer weekly programming for women at the center who are undergoing treatment for substance abuse. Some of the funding for this outreach comes from UNITE.

Programming includes:

- Crafts (a favorite)
- Information about local resources
- Educational programs about: parenting, health screenings, and mental health.

RESOURCE GUIDES FROM KDLA AND COURT DESIGNATED WORKERS

A	B	C
Resources		
People		
Patti Clark, Regional Prevention Center Liaison	Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities-Cabinet for Health and Family Services	patti.clark@ky.gov
Dr. Alex Elswick, Assistant Professor & Extension Specialist Substance Use Prevention & Recovery	University of Kentucky College of Agriculture, Food and Environment, School of Human Environmental Sciences	alexander.elswick@uky.edu
Van Ingram, Executive Director	Office of Drug Control Policy, Justice and Public Safety Cabinet	van.ingram@ky.gov
Nikki Milward, Program Administrator MOUD	Adult Substance Use and Recovery Services Treatment Branch; Department for Behavioral Health,	nikki.milward@ky.gov
Dr. Brian Real, Assistant Professor	Developmental and Intellectual Disabilities	brian.real@uky.edu
Leila Salisbury, Executive Director	The Kentucky Center for Grieving Children and Families	kychildrengrieve@gmail.com and https://www.kyccgf.org/
Maggie Schroeder, Branch Manager	Adult Substance Abuse Treatment and Recovery Services Branch-Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities-Cabinet for Health and Family Services	maggie.schroeder@ky.gov
Katie Stratton, Program Administrator	KY-Moms Maternal Assistance Towards Recovery, Adult Substance Abuse Treatment and Recovery Services Branch-Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities-Cabinet for Health and Family Services	katie.stratton@ky.gov
	Adult Substance Abuse Treatment and Recovery Services Branch-	
Articles Reports	Bibliographies & Program ideas	Federal Resources
State Resources	Organizations	Videos

Administrative Office of the Courts: Court Designated Worker Program

Community Resource Directory

Johnson County 24th District

The Community Resource Directory provided by the Administrative Office of the Courts Court Designated Worker Program for the 24th Judicial district is designed to help the Family, Accountability, Intervention, and Response (FAIR) Team; and local public schools within the District locate programs and service providers for youth and families.

This directory was developed as part of KRS Chapter 605.030 (1)(p); “*A court designated worker may...report annually to his or her local public school districts and to the Administrative Office of the Courts an inventory of all programs and service providers within the judicial district they serve...*” It will be provided by the Court Designated Worker Program to the schools annually by August 1.

Request the Community Resources Directory from debbennett@kycourts.net

BIBLIOGRAPHIES



Association for Library Service to Children: Tough Topics Booklist 2019

We're All Orchids Now: A Bibliography of Children's Picturebooks about Dealing with Anxiety

Appalachian State University, North Carolina

Create your own bibliographies targeted to the needs of your community.

PUBLICIZE YOUR LIBRARY PROGRAMS

Market your library programs and resources to relevant community partners

- Author events and special presentations
- Game nights and board game collections
- Puzzle competitions
- Craft programs



IMAGE CREDITS

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Thank you for attending!

KDLA.Certification@ky.gov

[KDLA Online Learning Portal](#)



Kentucky Department for Libraries and Archives