

March Library Link Up On The Go Programs for Seniors

Outreach/Bookmobile Programming for Nursing Homes,
Adult Day Cares, Assisted Living Facilities, etc.

2016

Our Presenters!

- * Stephanie Turner and Diana Anderson, Bell Co. Public Library
- * Cathy Edwards, McCracken Co. Public Library
- * Diane Katz, Campbell Co. Public Library
- * Melanie Sperling and Lowren Reifenrath, Boone Co. Public Library
- * Wynita Worley and Abby Carney, Kenton Co. Public Library
- * Susie Harper, Breckinridge Co. Public Library
- * Ann Webster and Shirley Warnick, Gallatin Co. Public Library

Bookmobile and Outreach Services for Senior Citizens

March Library Link Up

Presented by:

Stephanie Turner and Diana
Anderson

Bell County Public Library District

Bell County, Kentucky

Bell County, population 28,972, is located in the Eastern Coal Fields where the state meets Tennessee and Virginia. Its 361 square miles are dominated by two mountain ridges, Pine Mountain and Cumberland Mountain.

Kentucky's first state park, Pine Mountain State Resort Park, the Cumberland Gap National Historical Park and the Kentucky Ridge State Forest are all located within the county.



The Bell County Public Library District

The Bell County Public Library District includes two branch libraries (Pineville and Middlesboro) and a bookmobile. There are currently a total of 15 employees including the Reference and Adult Services Librarian and the Bookmobile and Outreach Services Librarian who provide outreach services to the county's senior citizens.



Bell County Senior Citizens

- 15.1% of Bell County residents are age 65 and above
- Bell County has 2 residential facilities, 3 adult day care centers and 2 senior citizen centers.

Engaging Our Senior Population

- Get to know your patrons
- Focus on individual interests
- LISTEN
- Plan

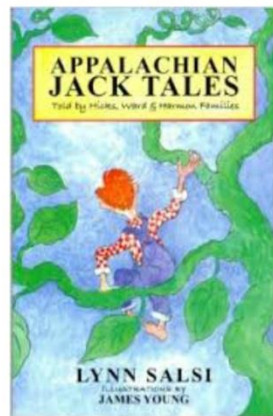
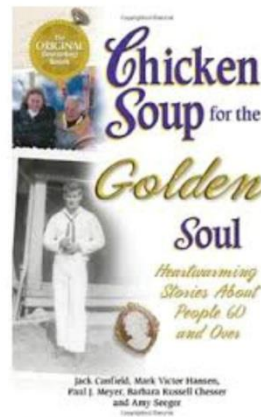
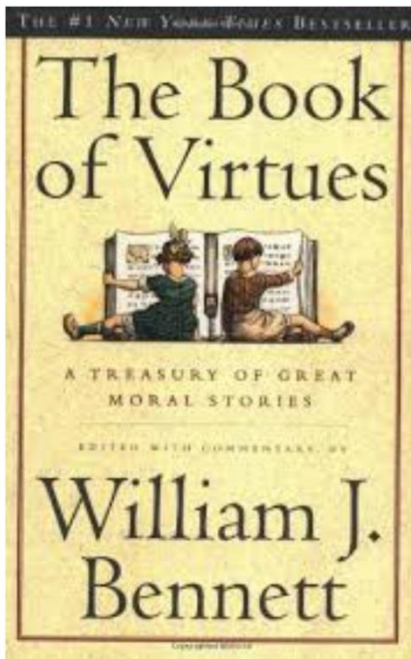
Adult Services Outreach Activities

- Read-Alouds
- Music and Dance
- Intergenerational Programming
- Crafts/Games
- Book Clubs
- Holiday Programs

“Remember When” Read-Alouds

- An interactive group activity based on a short story, poem, picture book or excerpt that I read aloud.
- Allows participants to interact and share memories based on common experiences and topics.

Remember When...



- Materials based on themes from the past
- Regional/KY Authors
- Special requests
- Common interests and experiences
- Entertaining and/or nostalgic

Music and Dance

- Musical instruments: Dulcimer, violin, piano, guitar
- Special guests (musicians)
- Songs: Traditional/Folk; Bluegrass; Broadway; Holiday
- Dance: Folk; Ballet; Tap

Provide programs according to their interests. Get to know your patrons!

Intergenerational Programming Benefits

- Allows the library to collaborate with a variety of local organizations (Public schools, 4-H, scouts, Homeschool groups, etc.)
- Builds social skills for both children and seniors in the community

Intergenerational Programming

- Music and Dance
- Crafts
- Read-Alouds
- Technology

Games and Crafts

- Keep games for senior citizens simple enough as to not be boring, but not so challenging that they will cause distress or confusion
- Card games
- Board games
- Theme-based games/crafts during holidays
- Crafts, scrapbooking, coloring

Book Club

- Base book selection on their interests
- Provide large type books
- Provide companion CDs

Bookmobile/Outreach Services

Twice-monthly visits to the following:

- Nursing Homes
- Adult Daycare Facilities
- Senior Citizen Centers
- Homebound

Nursing Homes/Adult Daycare

- Deposit a large collection of paperbacks once a month and switch out at next visit
- Communicate with activity directors to support their programming efforts
- Utilize KDLA kits

Senior Citizen Centers

- Programming on local history and culture
- Civic engagement: Healthcare reform, Absentee voting, available services
- New skills and hobbies
- Technology training (Smart phones, Smart TV's, remote controls, Social Media)
- Book and film discussion
- Writing activities

Homebound Senior Citizens

- Door-to-door delivery on a bi-monthly schedule
- Books by mail

Reaching Our Senior Citizen Population

- Networking/Partnering with community agencies, businesses and other organizations (Local county extension office, radio and newspaper, etc.)
- Flyers at health care provider offices, grocery stores, post office, utility companies

Future Plans

- Senior citizen advisory group
- Webpage devoted to senior citizen services
- Participation in community events that target senior citizens
- Present to social and faith-based groups

Questions?

Contact information:

<http://www.bellcpl.org>

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Cathy Edwards

McCracken County Public Library





Outreach Services

Campbell County Public Library

Campbell County, Kentucky



My Ride!

This is me, Diane Katz



Our county system was established in 1978.

Of the three northern counties, we are the smallest in size and population, but lead in customer service.

Selection

The Early Literacy Librarian uses the van in the mornings, and I do my visits in the afternoon. For me, mornings are devoted to gathering materials for delivery, contacting patrons, meetings, and desk work.

Circulation for Adult Outreach runs between 1200-1600 checkouts per month, including regular and large type books, audiobooks, DVDs, and magazines.

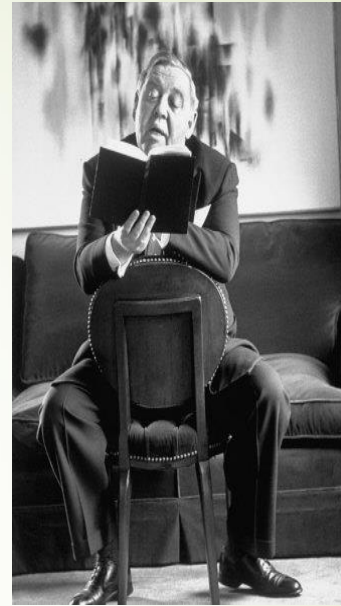


Delivery



- I deliver to the entire county, but the population base is centered in the north, and most of my drops are within about a five mile radius.
- There are eight institutions that I deliver deposit collections to once a month, including the local VA hospital.
- On average, I make between 5-12 deliveries a day, but I try to keep Mondays and Fridays more free for some flexibility in my schedule.
- I serve between 70-85 clients per month.

Reading Aloud



- Once a month I present a Book Talk – we call it Book Club – at a local senior apartment building. I choose a topic, and bring a variety of books, fiction and non-fiction, reflecting that topic.
- Friday mornings, I read aloud for an hour at another local senior living complex. We have read a variety of novels and short stories.
- Twice a month I read at an adult day care center. One visit I will read childrens books to their developmentally disabled clientele, and the following visit I read to the seniors group.



Read-Aloud Audiences

- ▶ I average about five attendees at my Book Club, and have had as many as fifteen.
- ▶ My Friday read-aloud is a pretty set group, which only changes with attrition. There are currently five regular attendees.
- ▶ The numbers vary at the adult day care, but I tend to have about fifteen people in the seniors group, and about thirty in the two groups of disabled listeners.



Material Selection



- ▶ Our library system has a collection development department, which handles most of the ordering for us. They do request my input, however, and I provide lists of popular authors to help guide them.
- ▶ I have a small collection of materials at my desk, some professional reading, but also dvds and books that are weeded or donated that I feel may be of use. Holiday classics and old musicals are always popular.
- ▶ Since our collection is relatively new, and space limited, I also peruse donated materials for filler items in older book series, westerns, biographies, and some religious titles.



**Reading is to the mind
what exercise is to the body.**

Joseph Addison



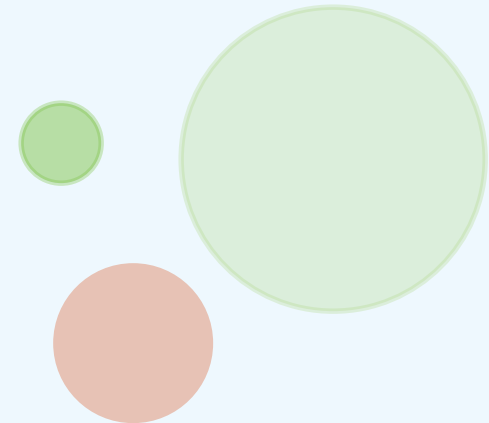


Library Link Up: Adult Outreach

Boone County Public Library
Melanie Sperling & Lowren Reifenrath

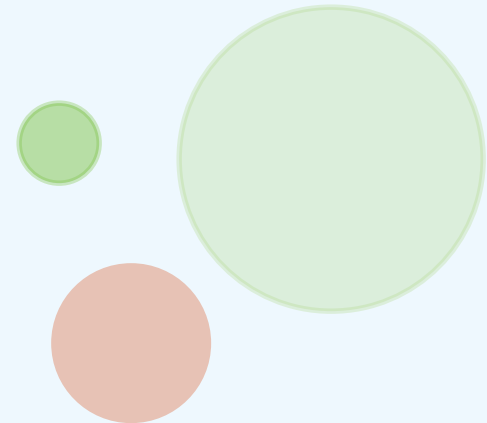
Homebound Delivery

- Visit 7 nursing homes/retirement communities monthly
- Deliver to 80 individual homes monthly
- Average number of items delivered monthly
800



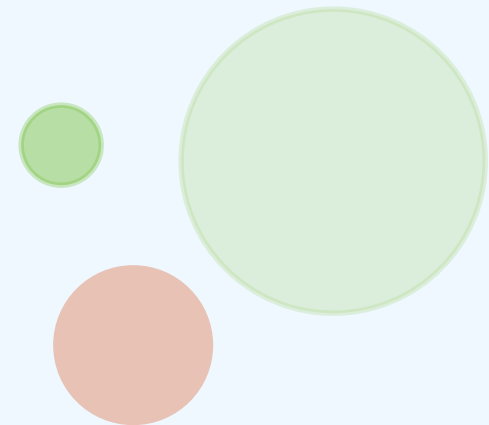
Help the Activity Director

- Puzzles
- Music CDs
- Devotionals
- Read aloud titles



Retirement Home Programming

- Real People Read book club
- Trivia
- Reminiscing with Bi-folkal and Memory Kits
- Informational Lectures with a Twist
- One on One with the Librarian



Things that we have learned

- There are two generations of seniors—don't mix them up.
- Reminiscing about the Greatest Generation is not always great.
- Music is great—as long as it is the right music.
- Don't be offended if they get up and leave.

KENTON COUNTY SENIOR PROGRAMS

Wynita Worley, Outreach Coordinator

Abby Carney, Outreach Programmer

(859) 962-4062

OUTREACH PROGRAM OVERVIEW

- Homebound services
 - Delivery to 300+ senior and/or disabled patrons
 - 25-30 programs each month to 18-20 facilities
 - Average 280 program attendance each month
 - Facilities range from senior citizens centers, senior/disabled apartment complexes, live-in residential facilities, adult disabled daycare facilities



PROGRAM GOALS

- Be fun
- Be engaging
- Be purposeful

Our goal is to provide programs that seniors will want to attend. Programs should be of interest and relevant to their lives.

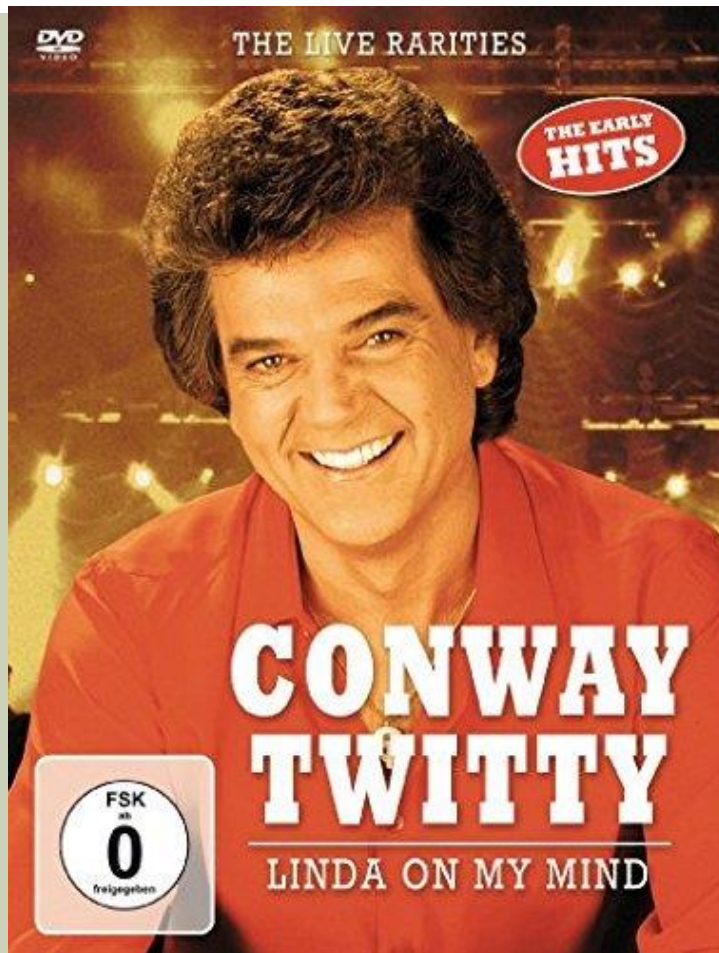
Programs include history, local events, games, crafts, and sensory programs to stimulate memories & discussion.

We are after quality, not quantity.

REMEMBERING RECIPES



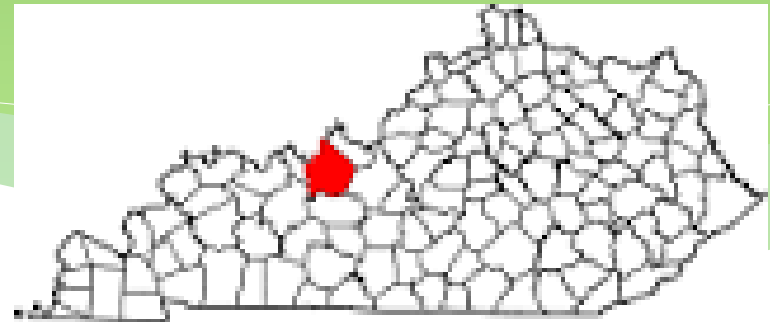
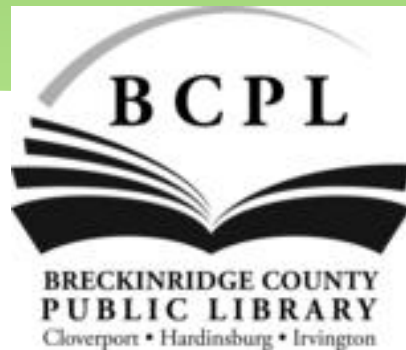
CONWAY TWITTY CONCERT



- Women love him!
- They ask for him.
- They talk about his songs.
- They talk about seeing him in concert.
- We had to order an extra DVD copy for programs.

Susie Harper

Breckinridge County Public Library



Ann Webster and Shirley Warnick

Gallatin County Public Library



Expand your horizons!

