



INSTITUTE *of*
Museum and **Library**
SERVICES

Making Your Library A Green Dot Spot

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 Mentimeter

What is your favorite genre to read for fun?

Press S to show image



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Have you heard about Green Dot?



- Yes! I know all about Green Dot.
- I am somewhat familiar with Green Dot.
- I have heard of Green Dot but do not know what it is.
- This presentation is the first I have heard of Green Dot.

Press S to show image

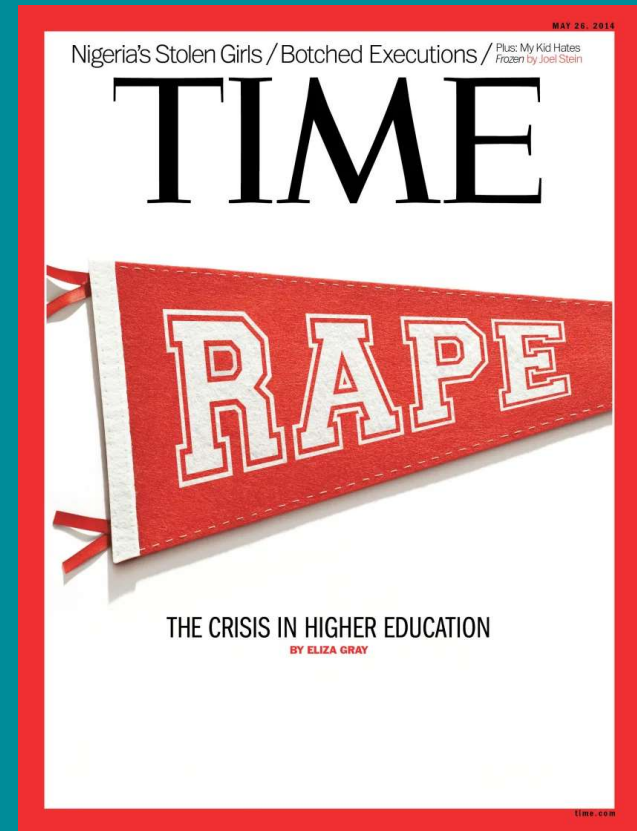


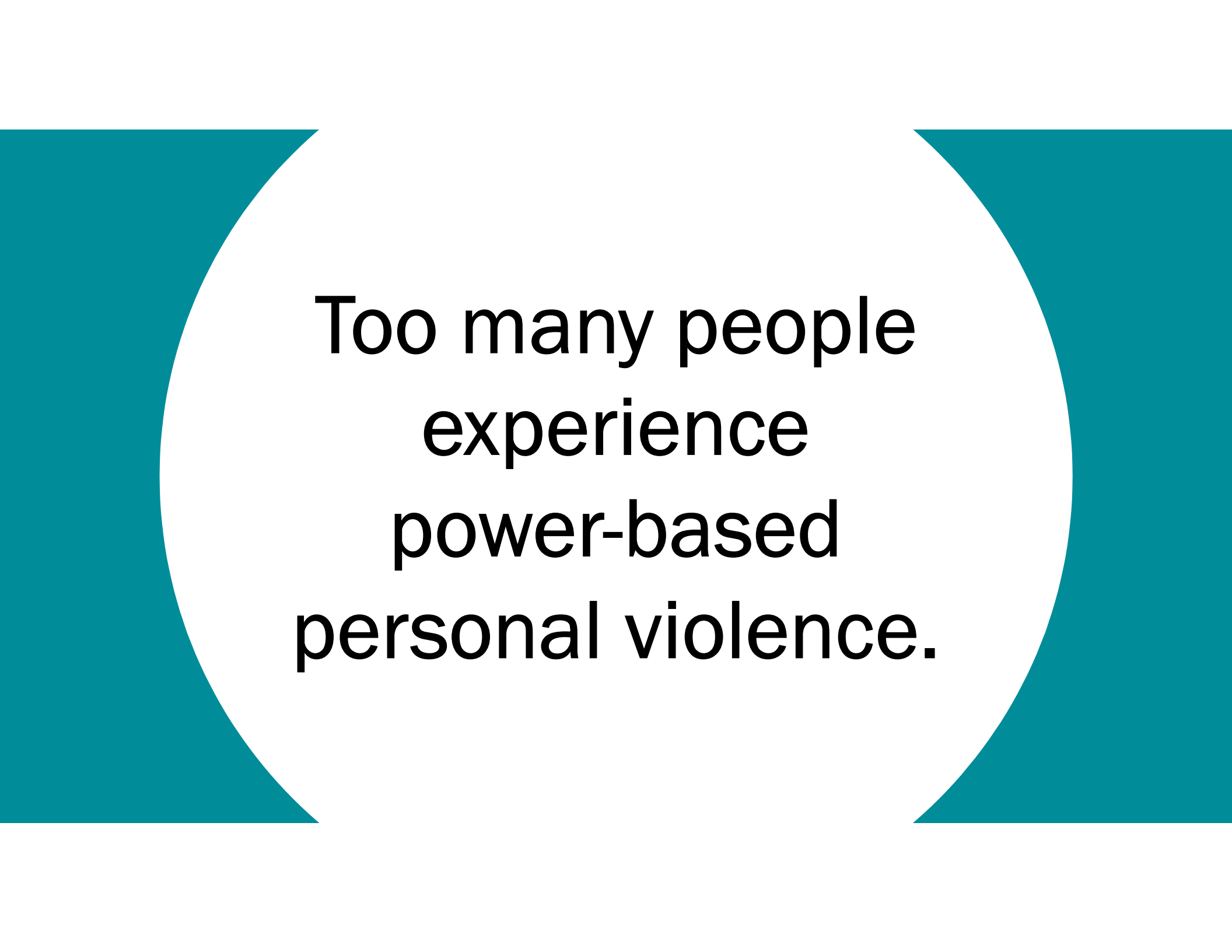
Roadmap for Today's Presentation

1. Overview of Green Dot program
2. How we know Green Dot works
3. What Green Dot looks like in KY
4. How you can get involved



About Me



The image features a teal background with a large white circle in the center. Inside the circle, the text "Too many people experience power-based personal violence." is written in a bold, black, sans-serif font, centered and arranged in four lines.

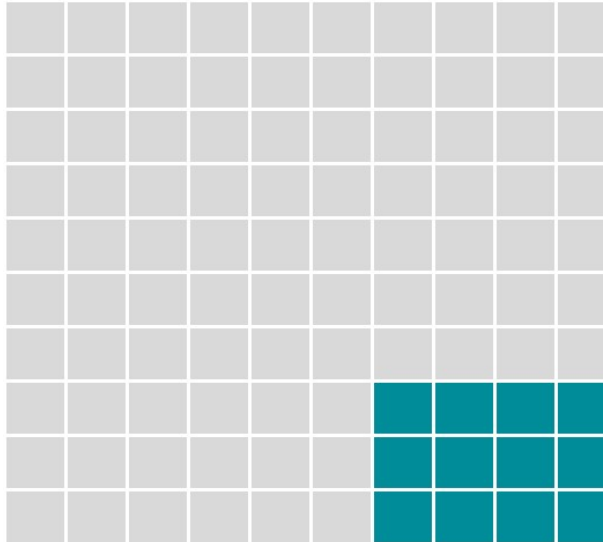
**Too many people
experience
power-based
personal violence.**

Kentucky Statistics

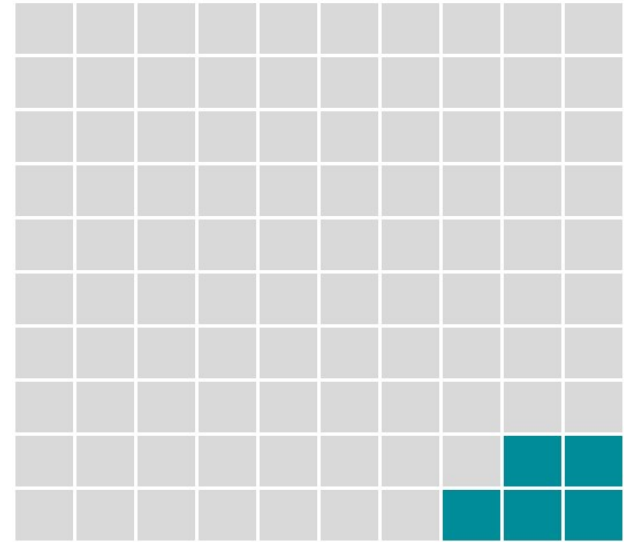
Data from: 2019 Youth Risk Behavior Survey and 2018 Kentucky Incentives for Prevention Survey



12% High School Girls



5% High School Boys



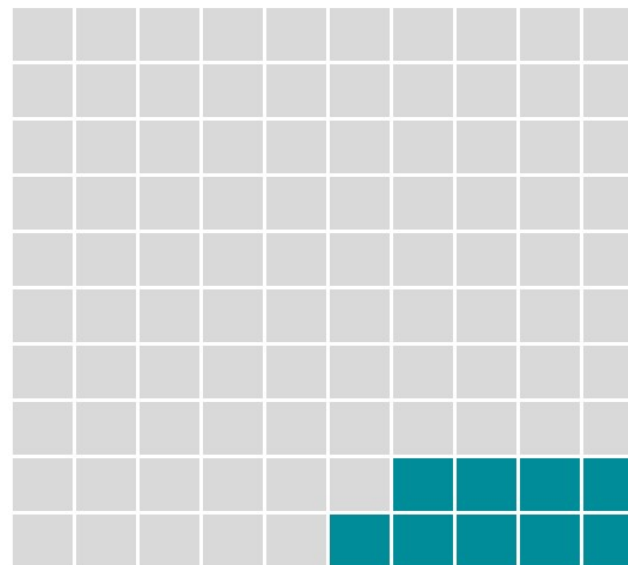
experienced sexual
violence in the past year

Kentucky Statistics

Data from: 2019 Youth Risk Behavior
Survey and 2018 Kentucky Incentives
for Prevention Survey



9% High School Students



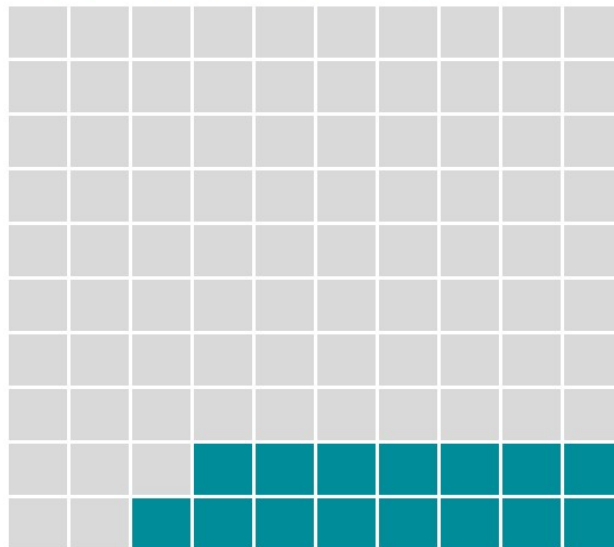
experienced unwanted sexual
advances or attempted sexual
assault at school in the past year

Kentucky Statistics

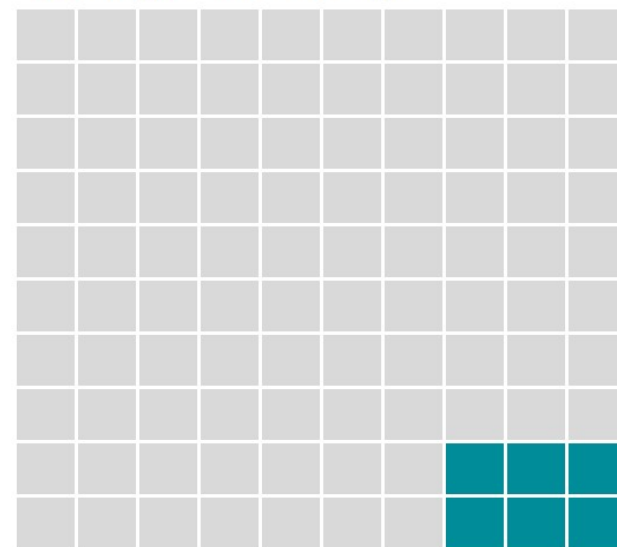
Data from: 2019 Youth Risk Behavior Survey and 2018 Kentucky Incentives for Prevention Survey



15% High School Girls



6% High School Boys



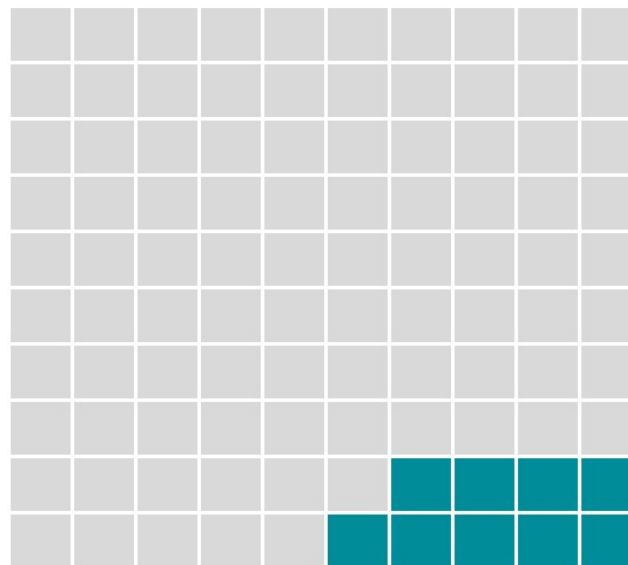
experienced either physical dating violence, sexual dating violence, or both in the past year

Kentucky Statistics

Data from: 2019 Youth Risk Behavior
Survey and 2018 Kentucky Incentives
for Prevention Survey



9% High School Students



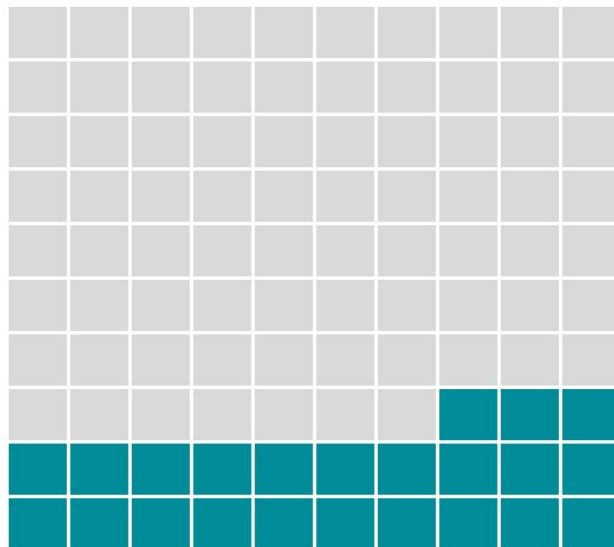
experienced emotional dating
violence in the past year

Kentucky Statistics

Data from: 2019 Youth Risk Behavior Survey and 2018 Kentucky Incentives for Prevention Survey

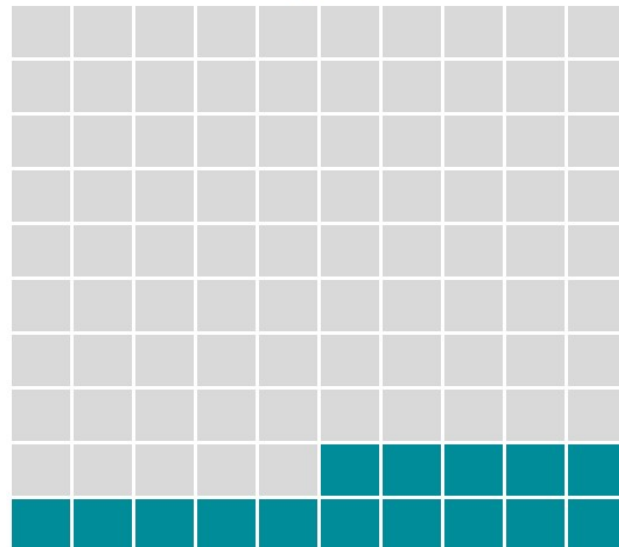


23% Middle & High School Students



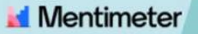
were bullied on school property in the past year

15% Middle & High School Students

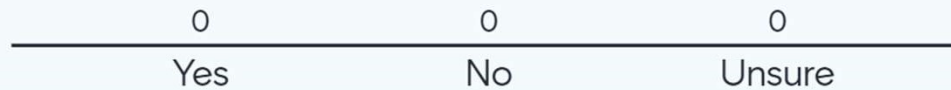


were electronically bullied in the past year

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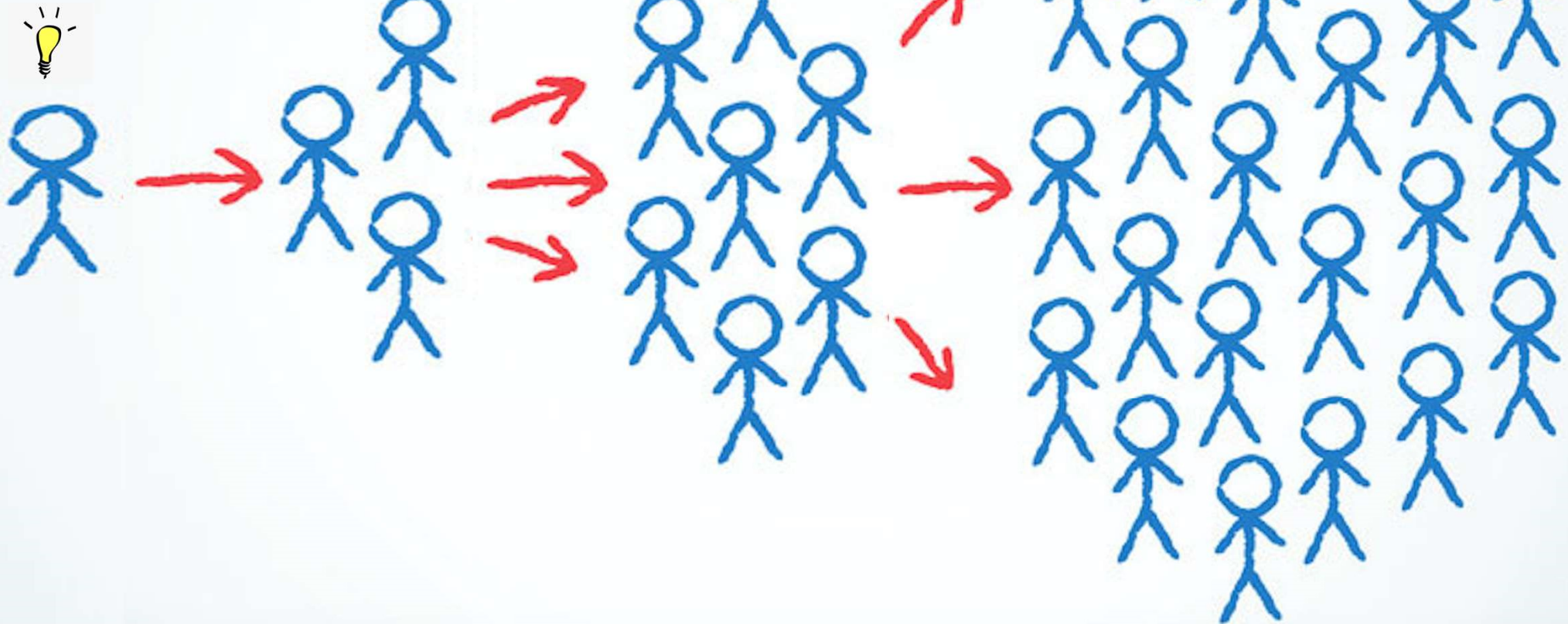
Do you know someone who has experienced power-based personal violence?



Press S to show image







A lot of people

+

Small behaviors

=

Culture change

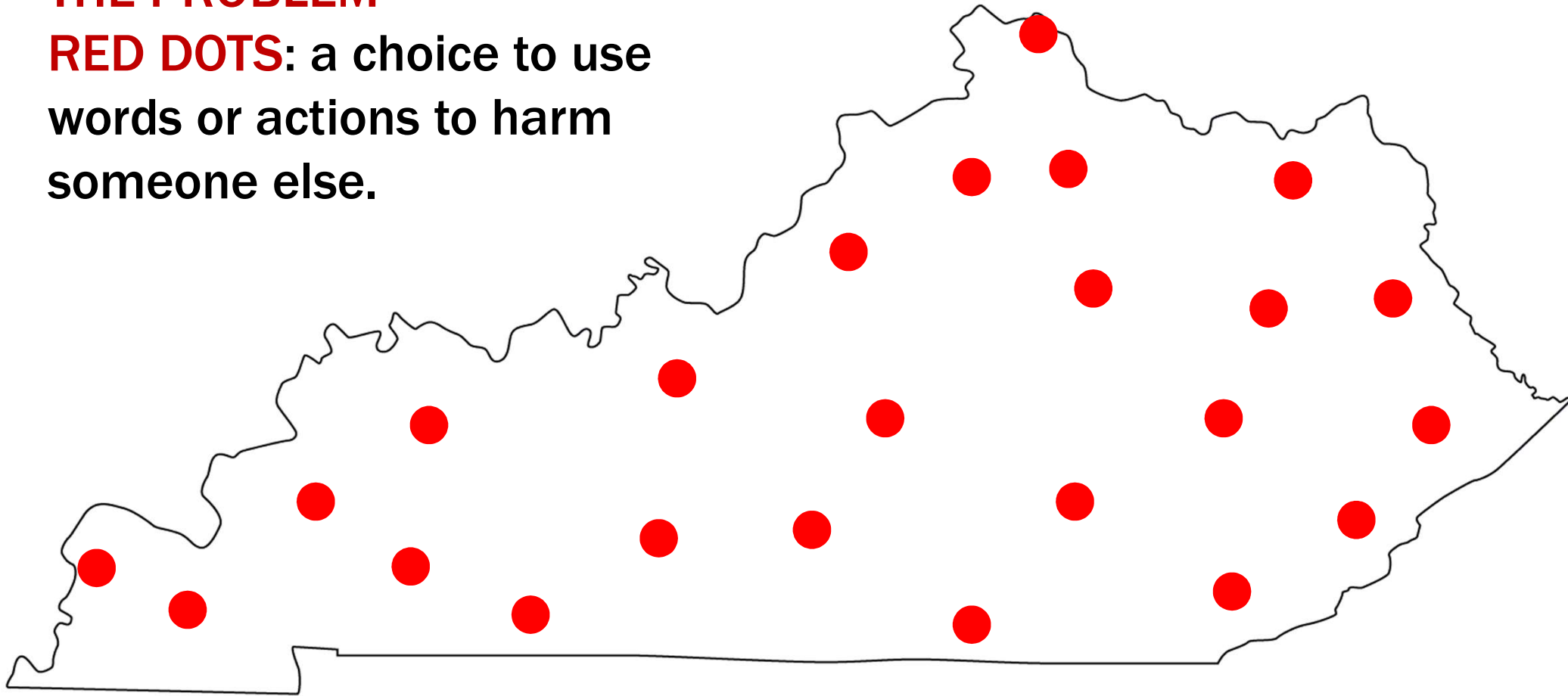
The Metaphor

Imagine a map of your
community...

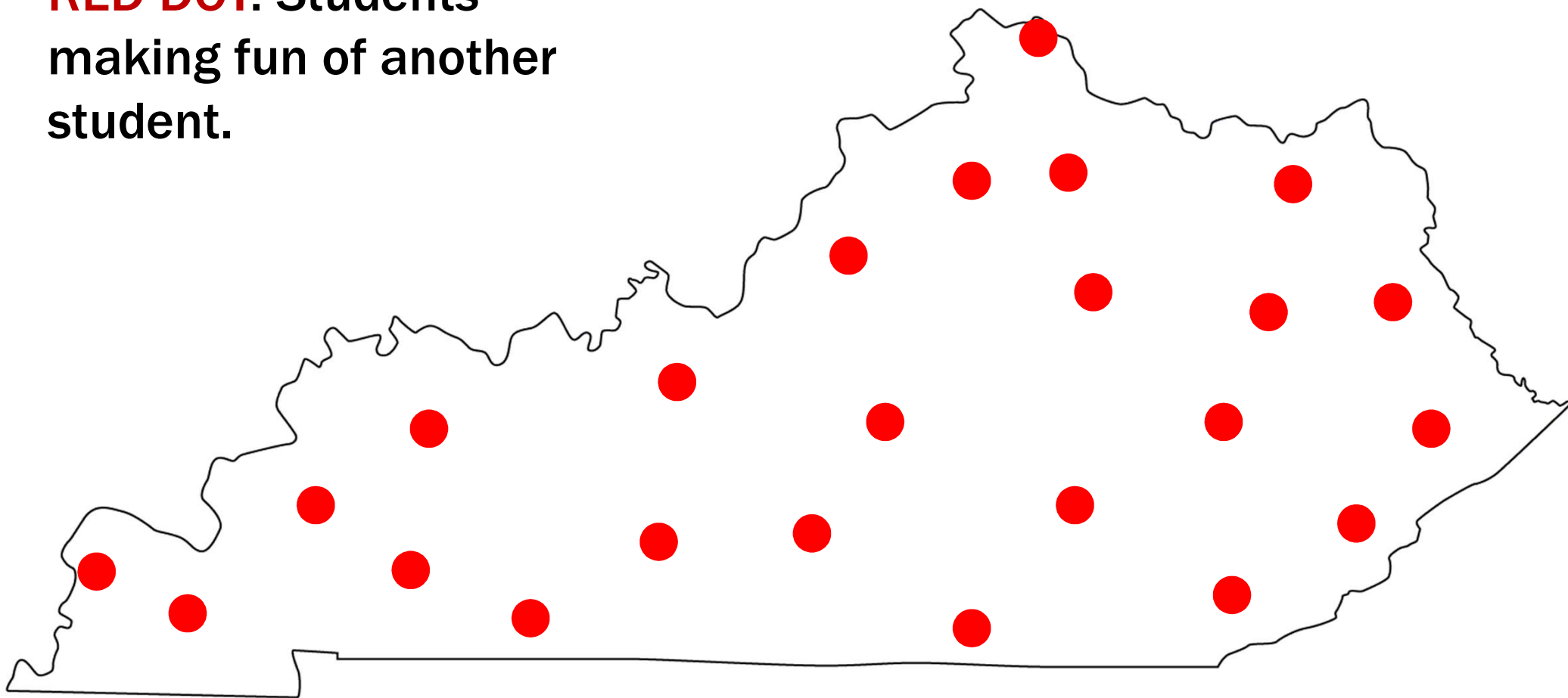


THE PROBLEM

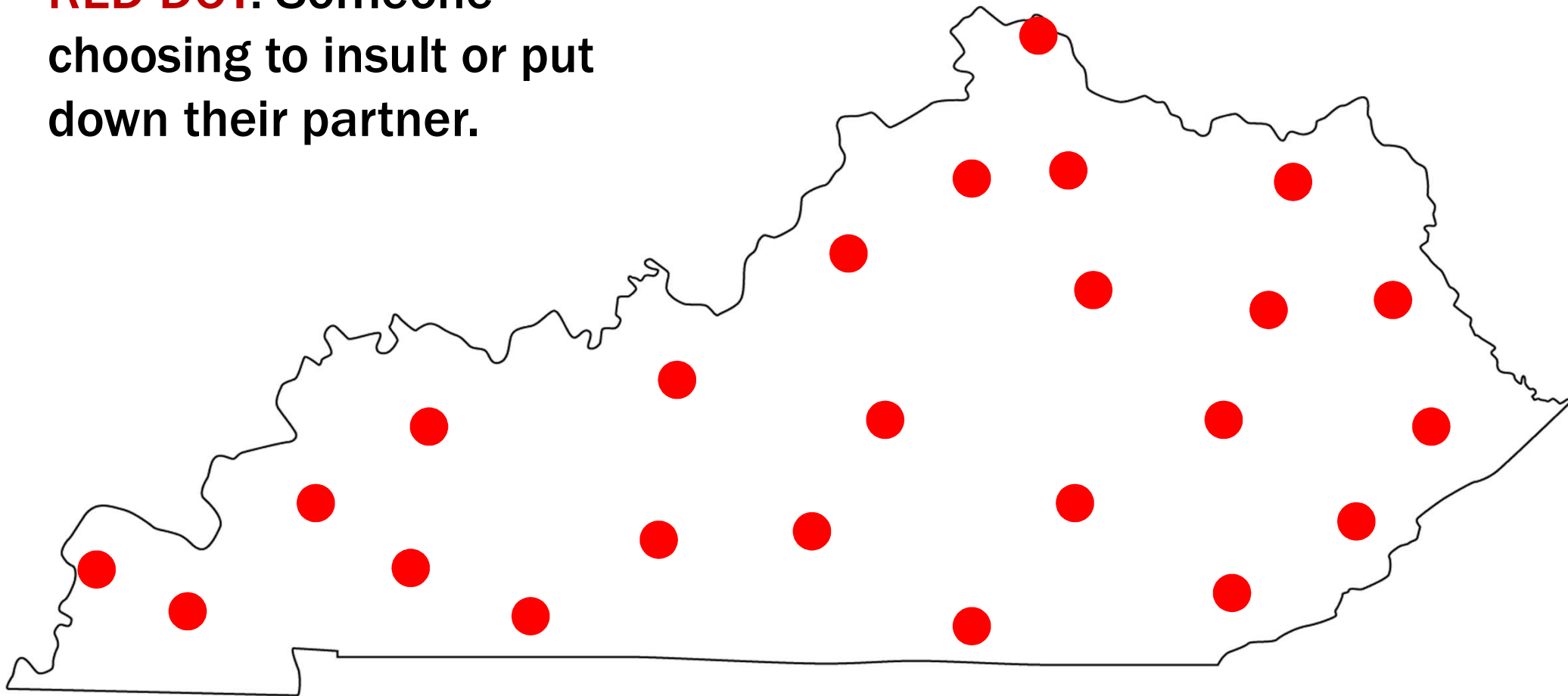
RED DOTS: a choice to use words or actions to harm someone else.



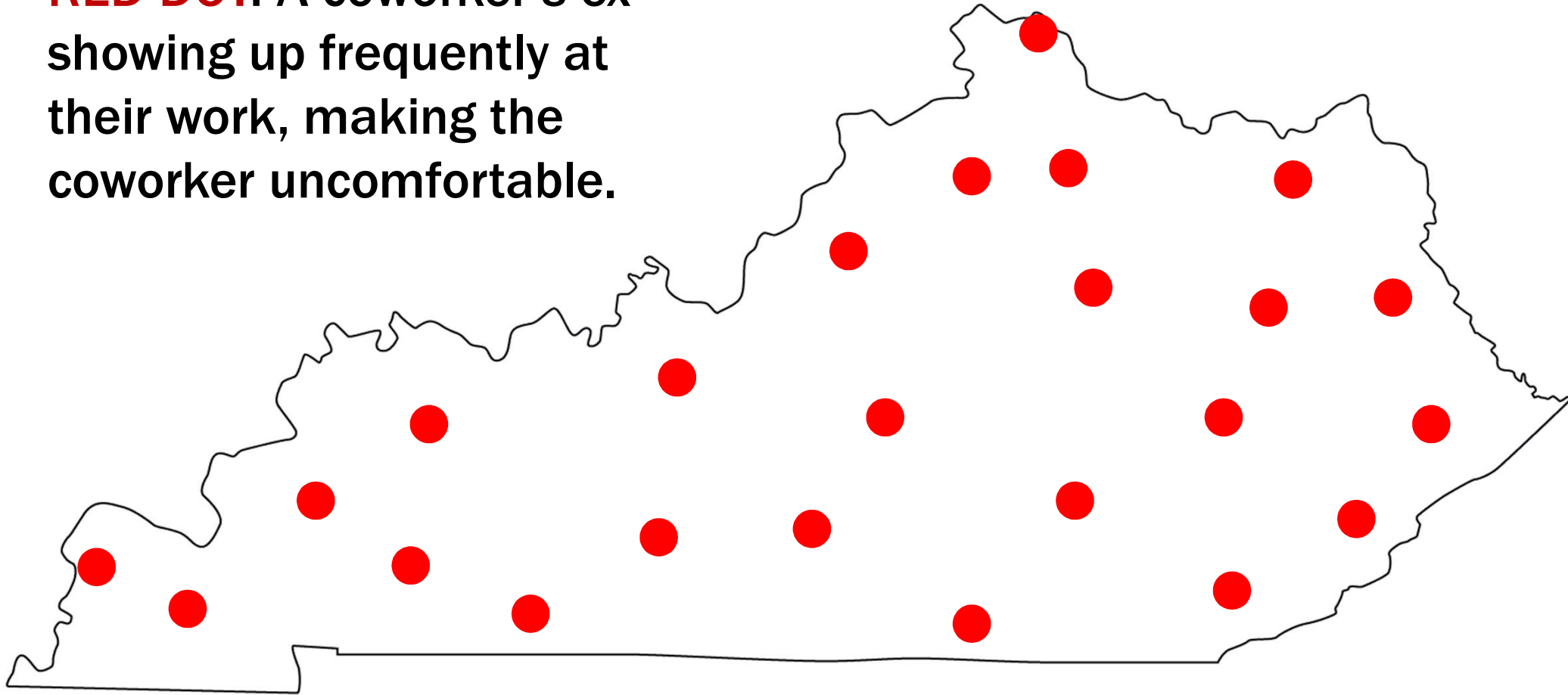
RED DOT: Students making fun of another student.



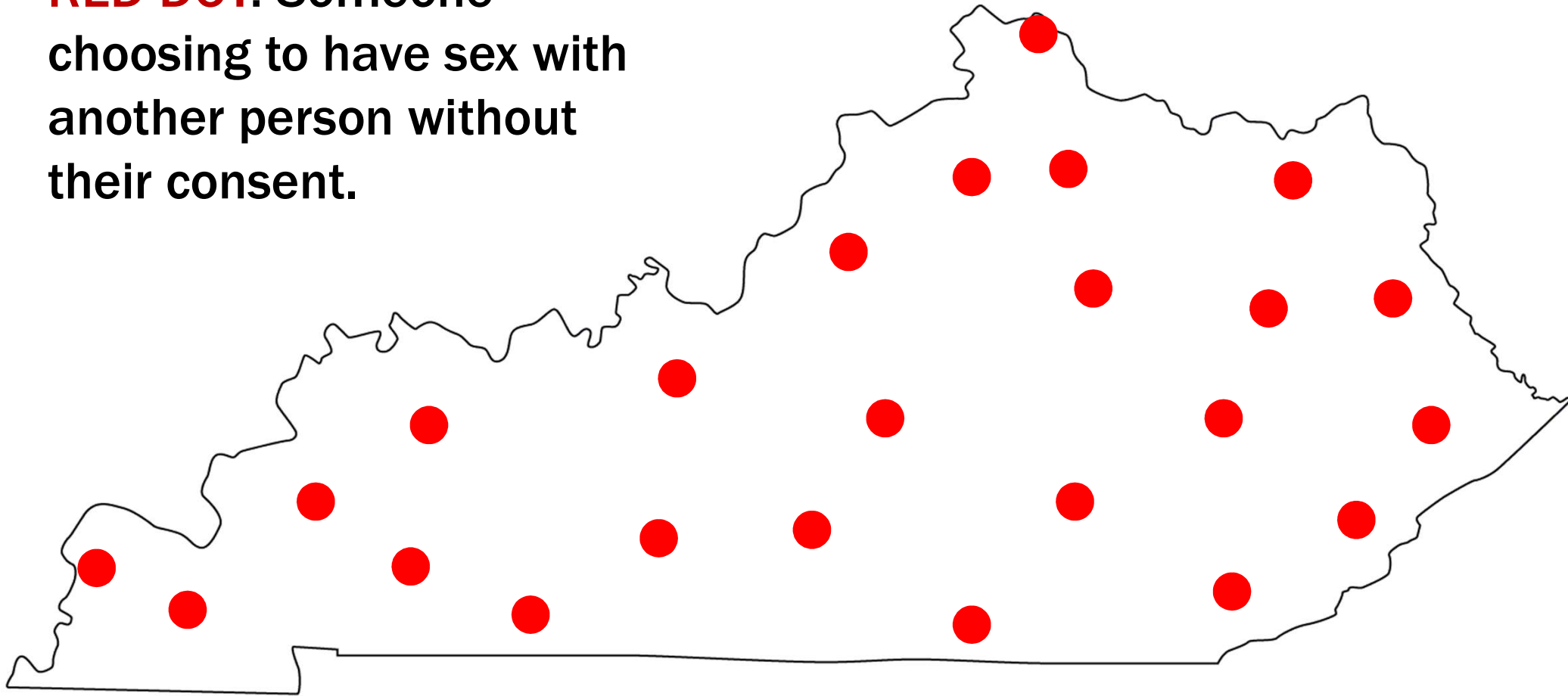
RED DOT: Someone choosing to insult or put down their partner.



RED DOT: A coworker's ex showing up frequently at their work, making the coworker uncomfortable.

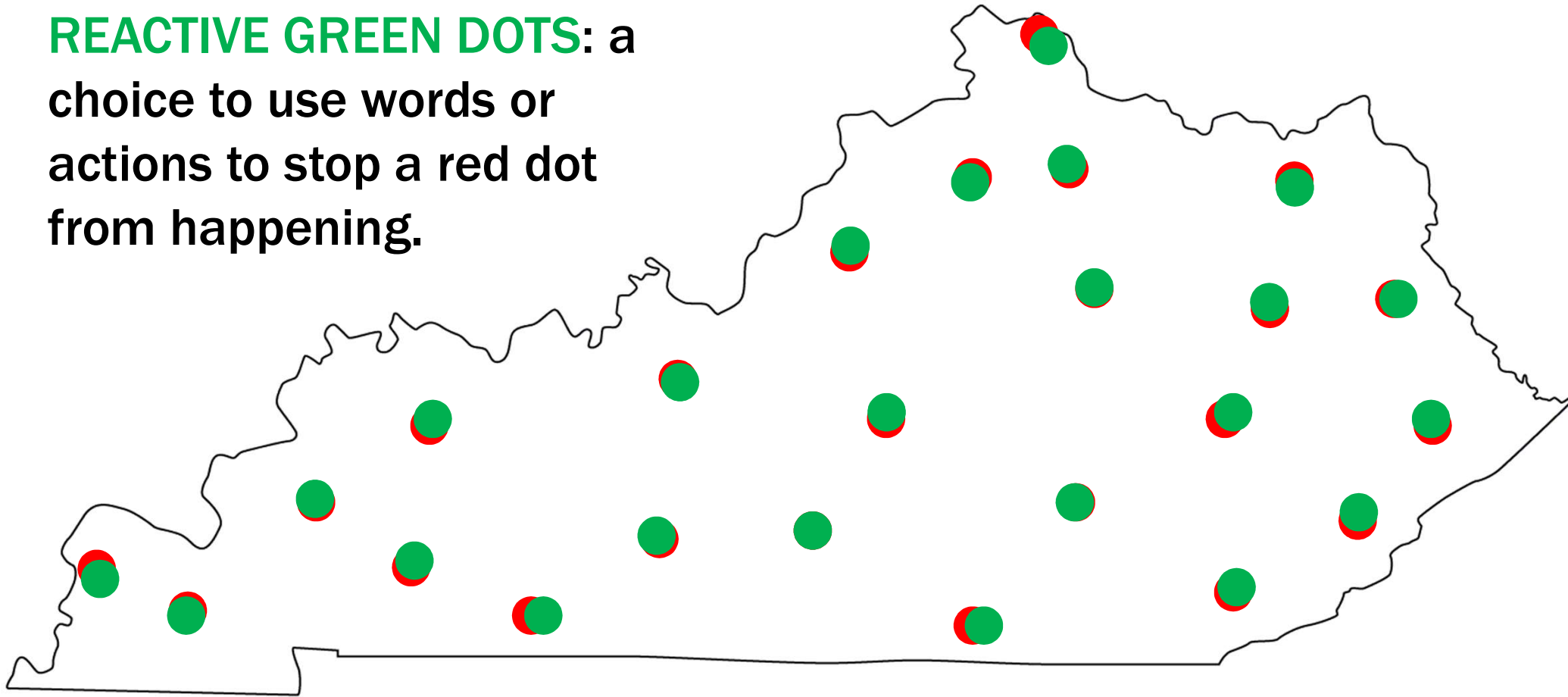


RED DOT: Someone choosing to have sex with another person without their consent.



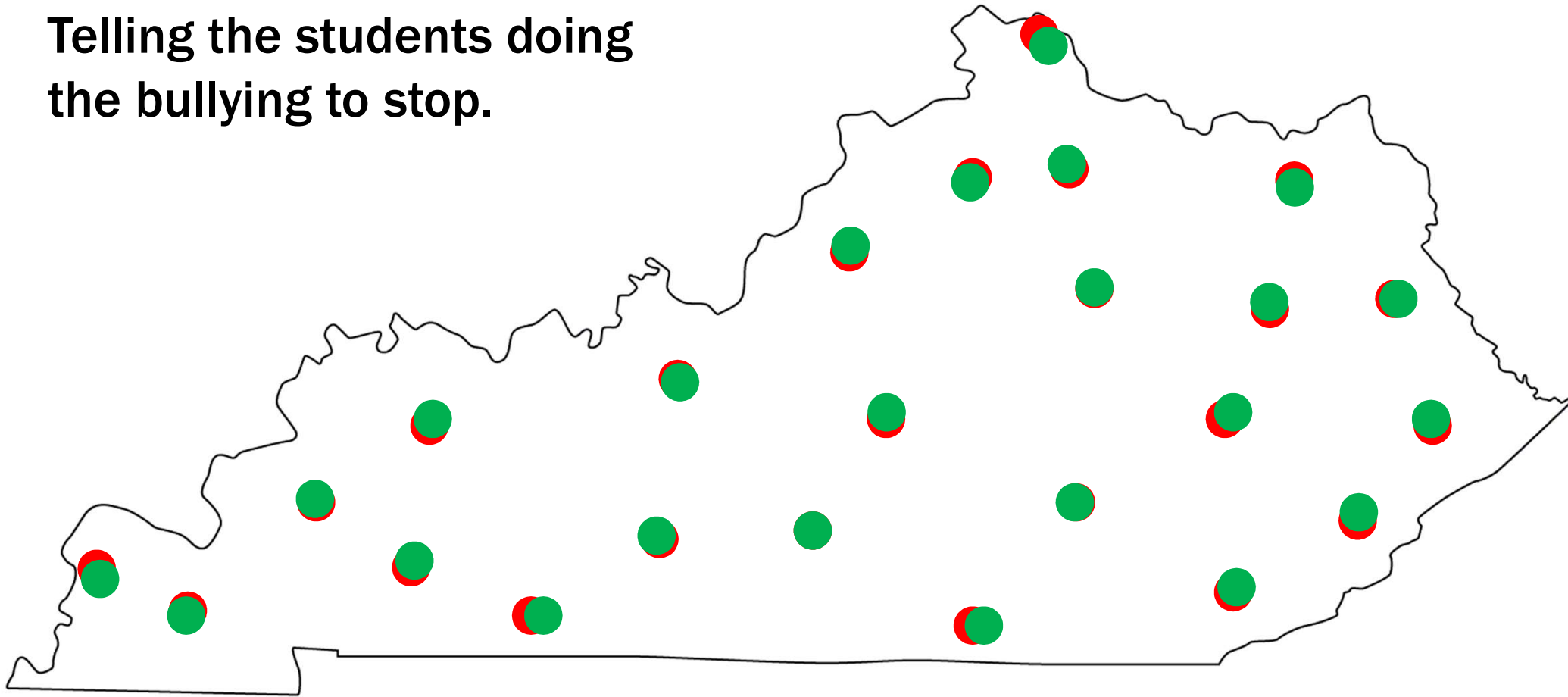
THE SOLUTION

REACTIVE GREEN DOTS: a choice to use words or actions to stop a red dot from happening.



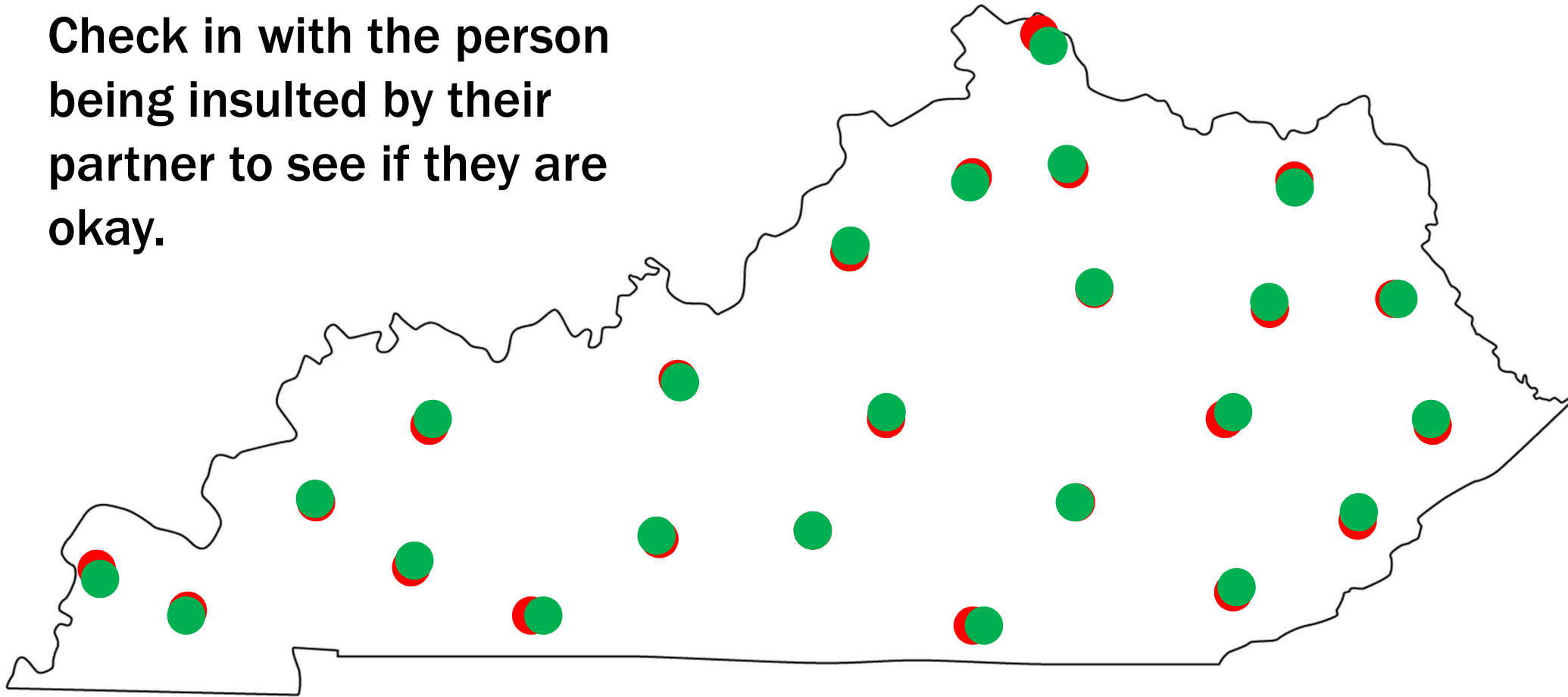
REACTIVE GREEN DOT:

Telling the students doing the bullying to stop.

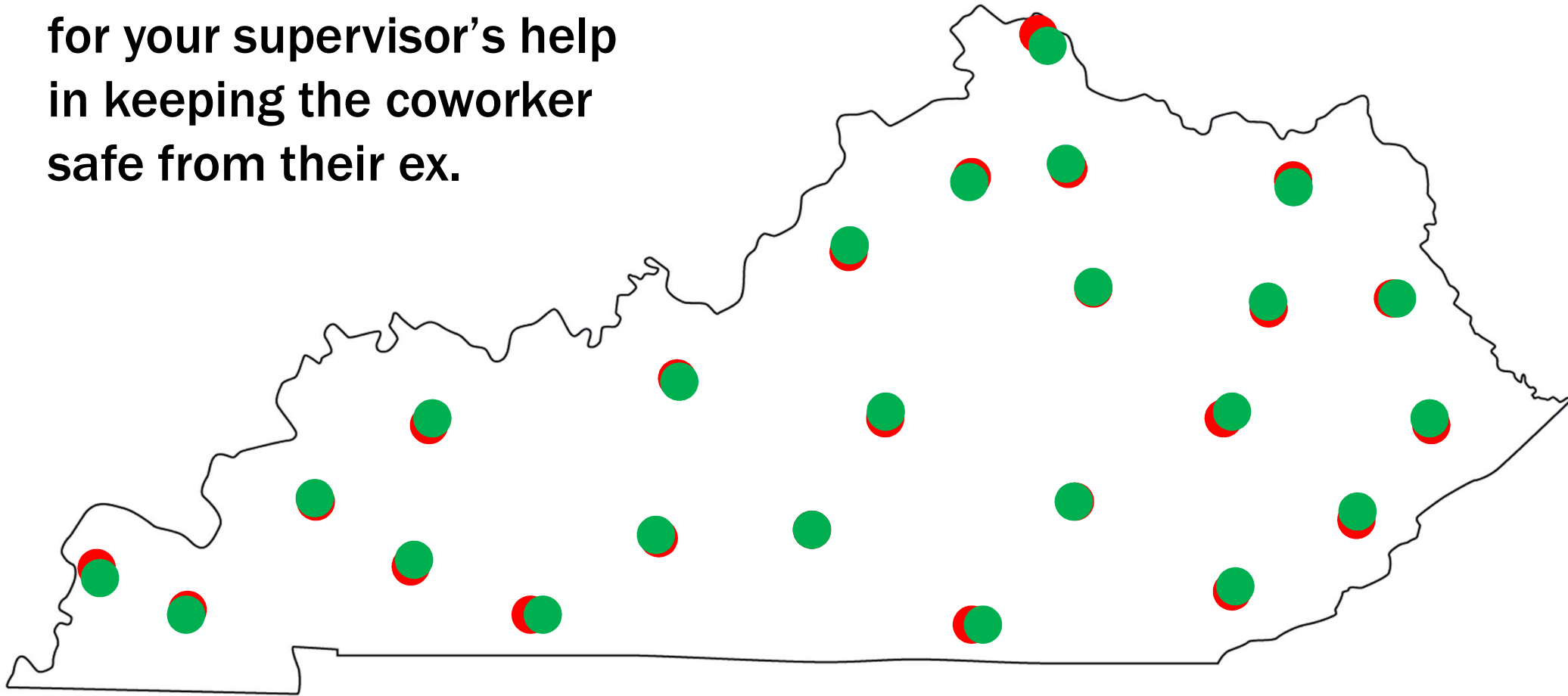


REACTIVE GREEN DOT:

Check in with the person being insulted by their partner to see if they are okay.

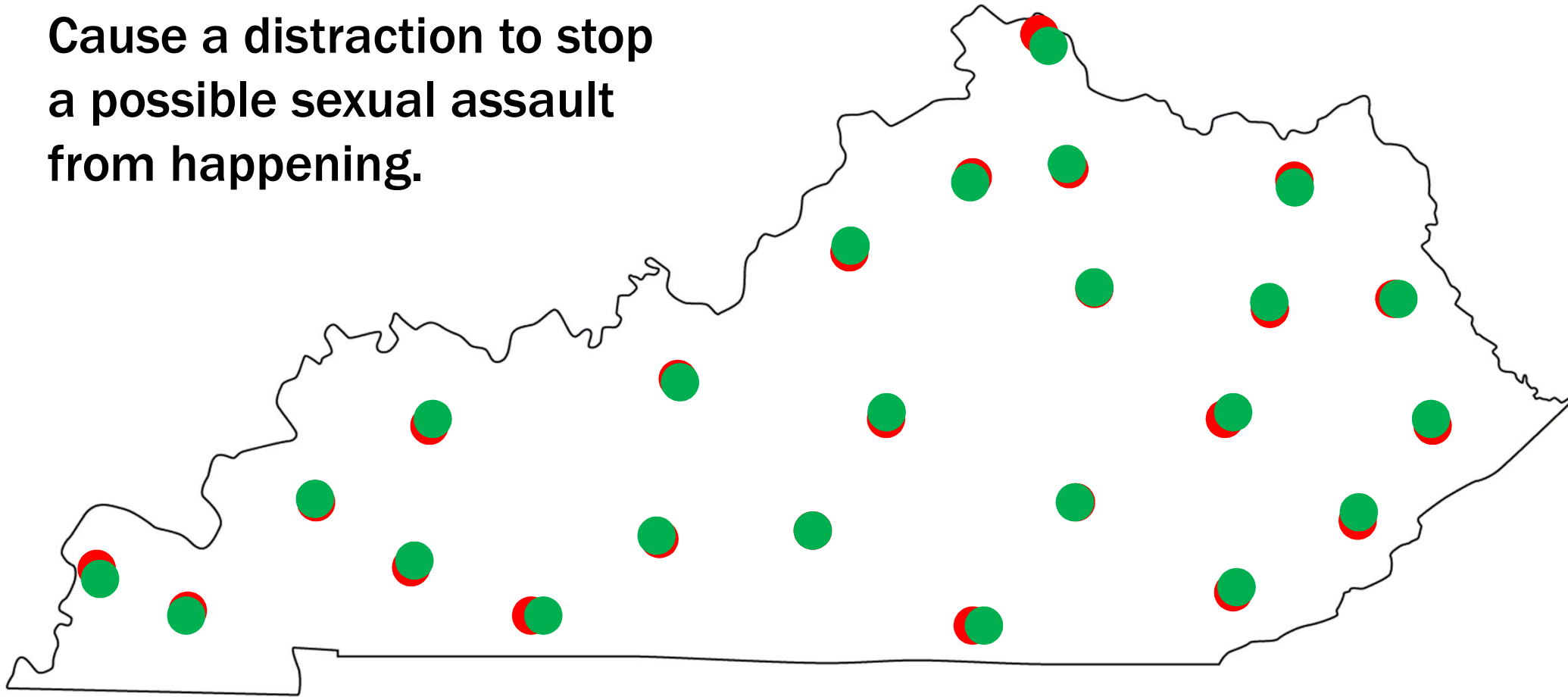


REACTIVE GREEN DOT: Ask for your supervisor's help in keeping the coworker safe from their ex.



REACTIVE GREEN DOT:

Cause a distraction to stop a possible sexual assault from happening.



**“Go do Green
Dots!”**

Personal Barriers

- Introverted
- Afraid to escalate
- Afraid of retaliation
- Uncertainty
- Don't want to make a scene
- Don't want to be embarrassed



Relationship/ Social Barriers

- Unspoken rule in friendship group
- Don't want to be squeaky wheel
- Uncomfortable confronting a friend/coworker



Organizational Barriers

- No support in your department/organization
- Person who is doing the red dots is a supervisor
- Pressure to “stay in your own lane” (i.e., this is someone else’s job)



The 3Ds

Direct: Doing something yourself

- Telling someone to stop what they are doing
- Checking in with the person experiencing the harm



The 3Ds

Delegate: Asking someone else for help

- Ask supervisor to get involved
- Ask a friend or coworker to get involved
- Get a store manager



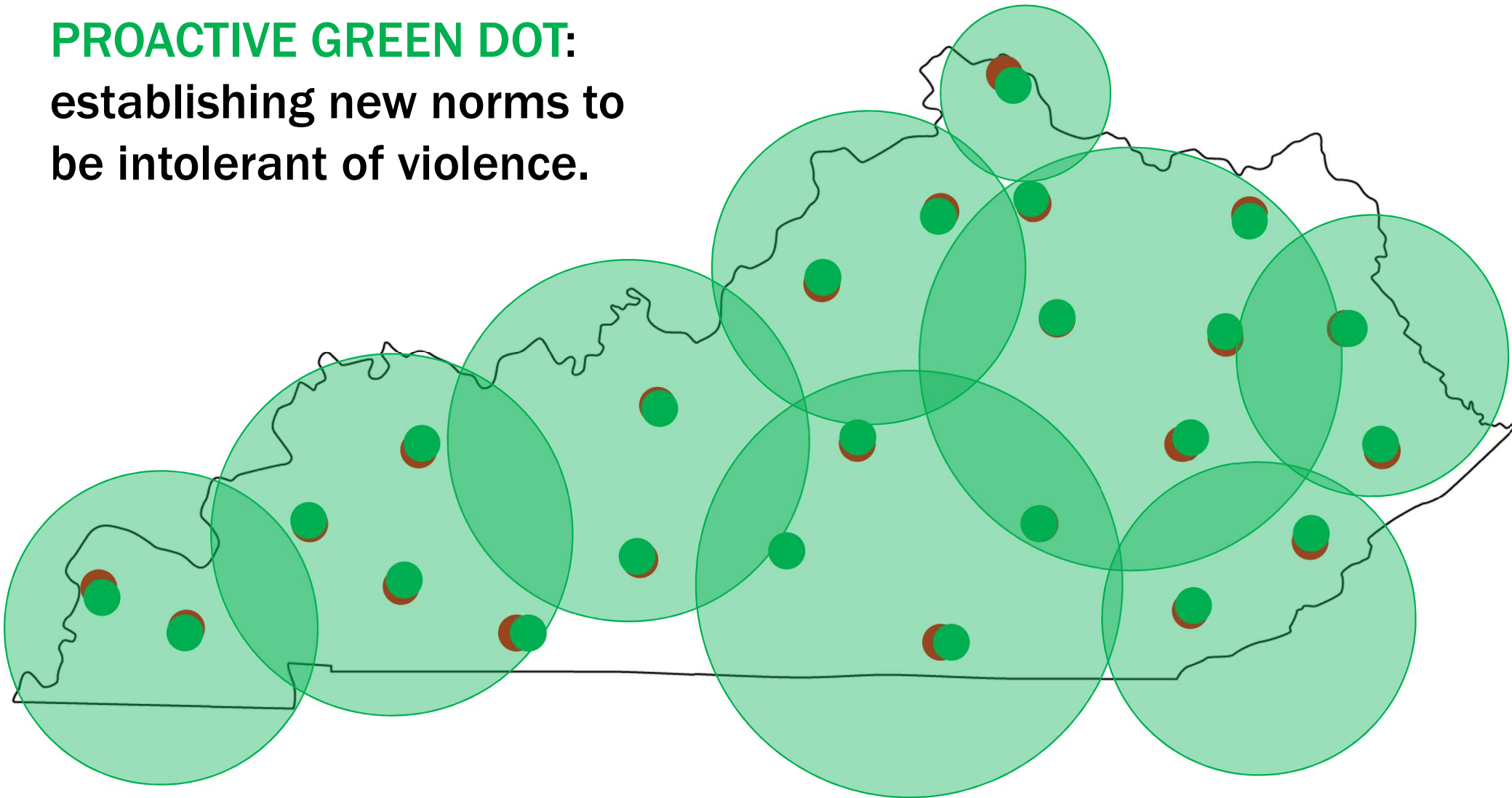
The 3Ds

Distract: Defusing the situation

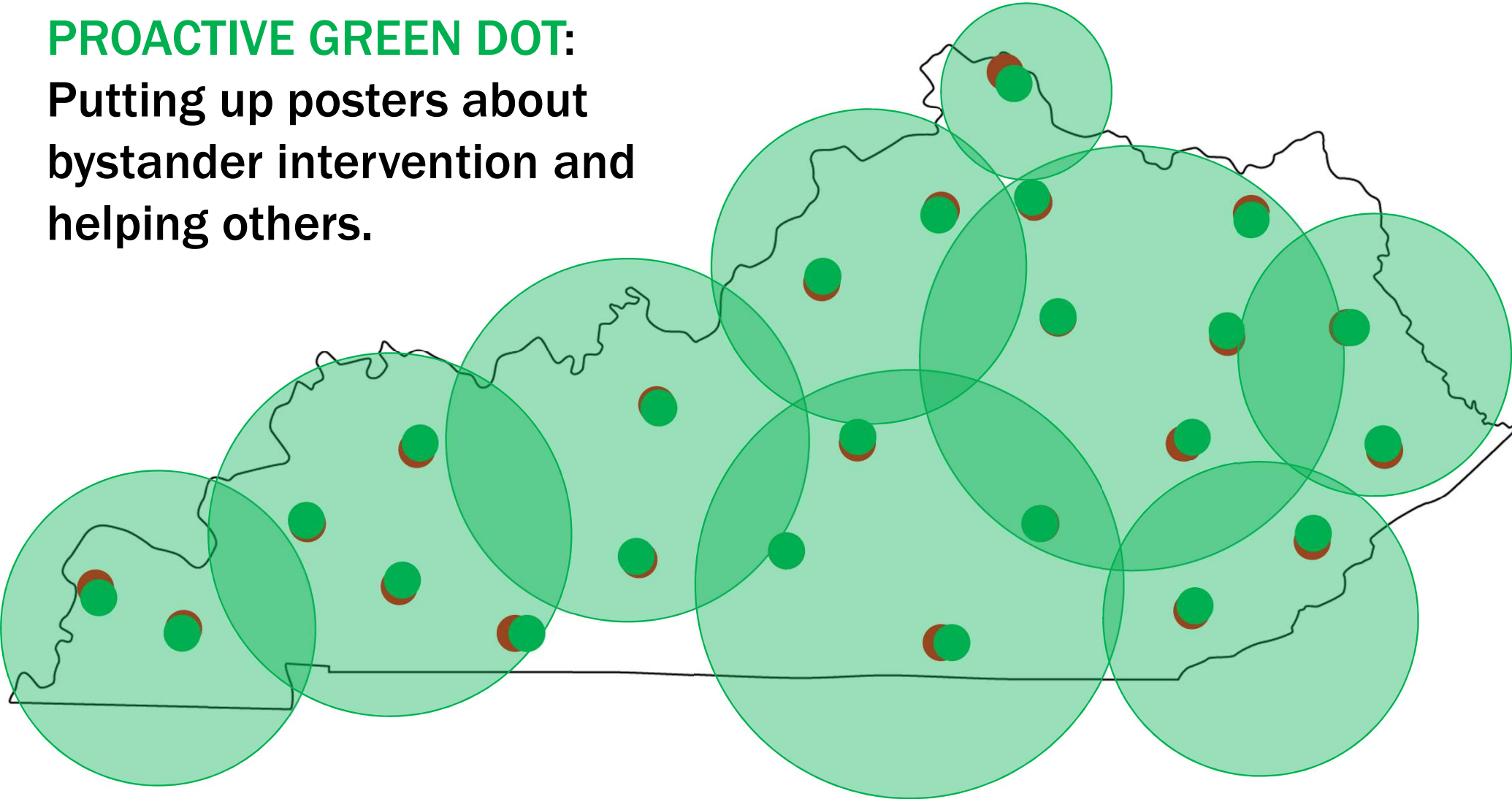
- Honk car horn
- Drop a stack of books
- Ask someone to use their phone



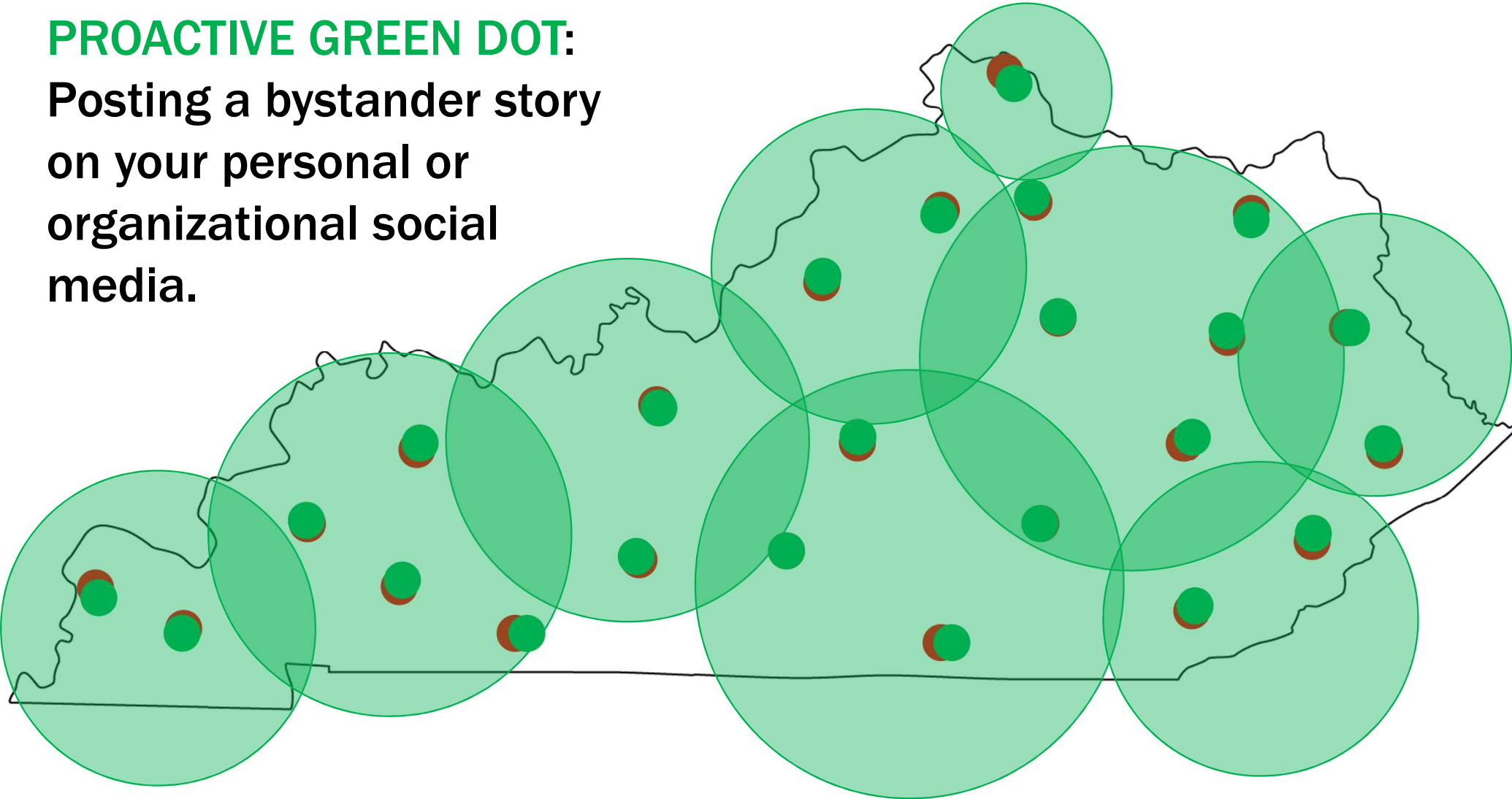
PROACTIVE GREEN DOT:
establishing new norms to
be intolerant of violence.



PROACTIVE GREEN DOT:
Putting up posters about
bystander intervention and
helping others.

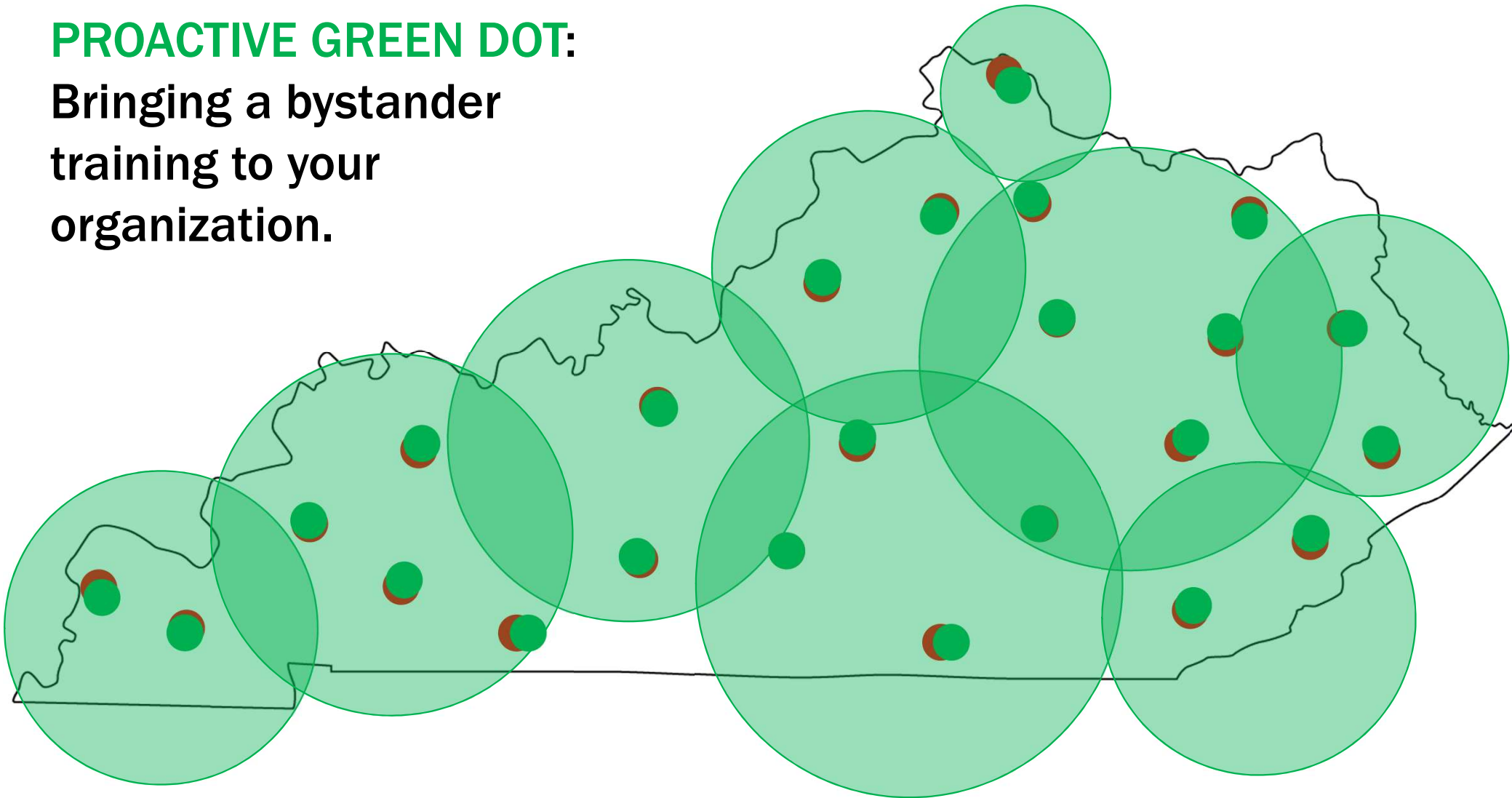


PROACTIVE GREEN DOT:
Posting a bystander story
on your personal or
organizational social
media.



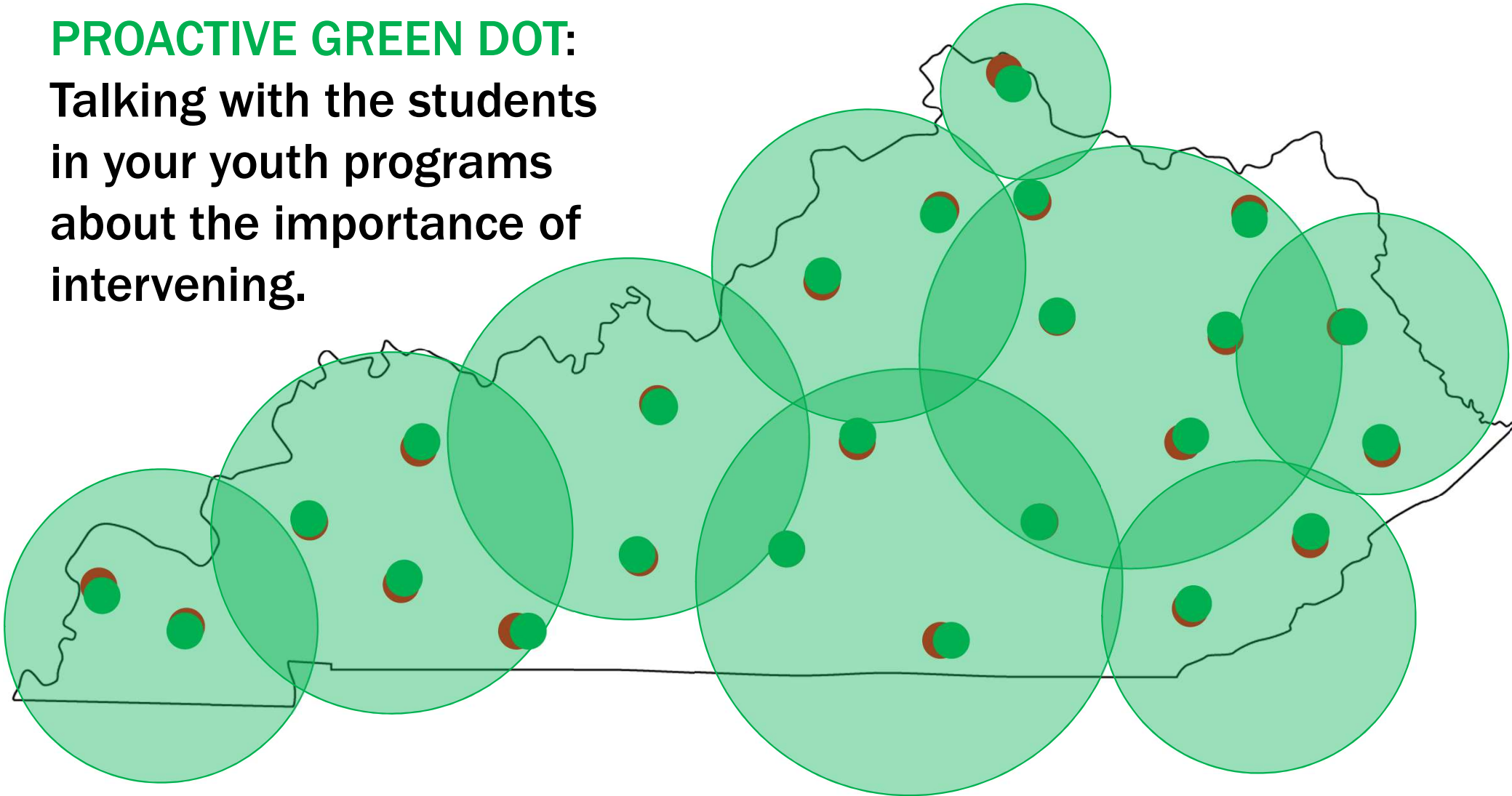
PROACTIVE GREEN DOT:

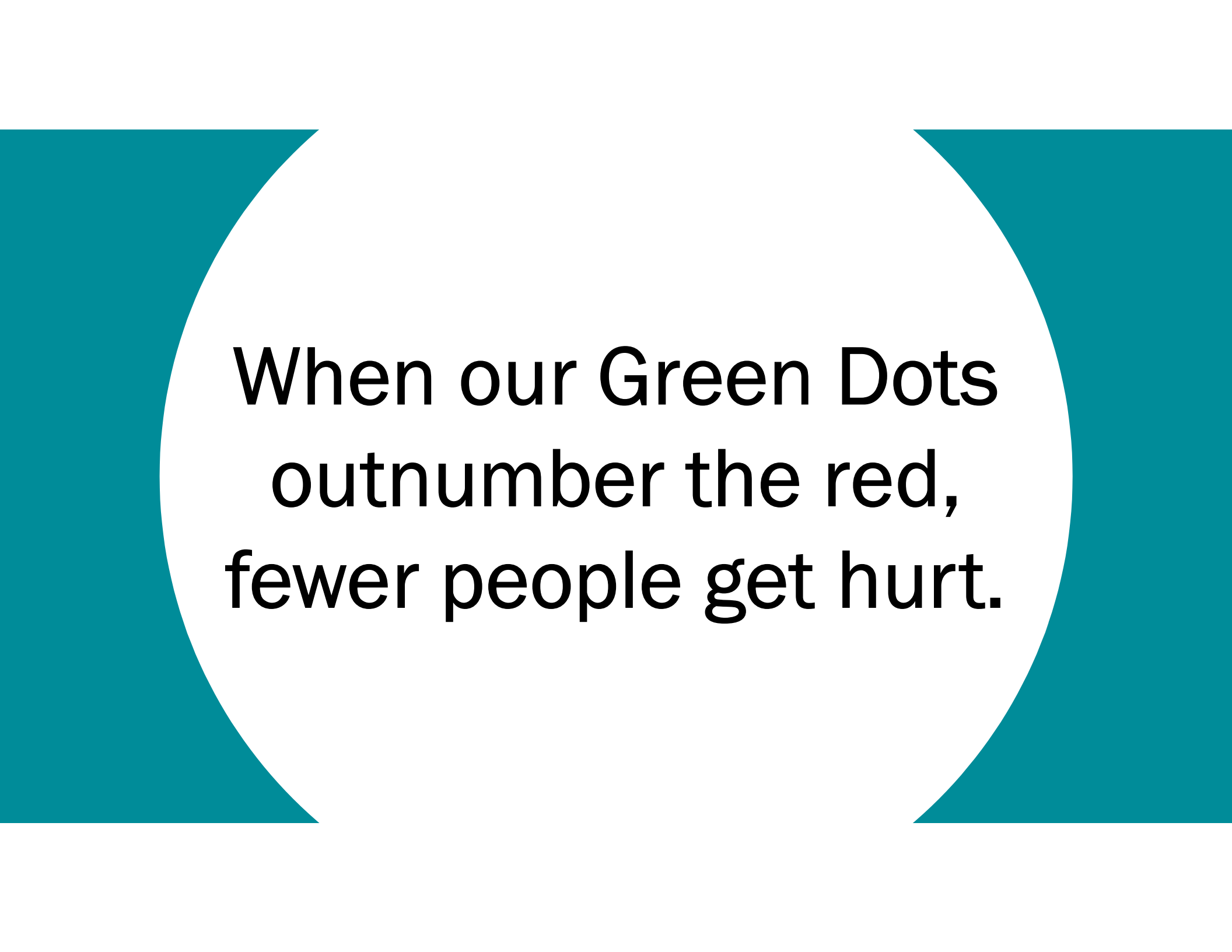
Bringing a bystander training to your organization.



PROACTIVE GREEN DOT:

Talking with the students
in your youth programs
about the importance of
intervening.



The image features a teal background with a large white circle in the center. Inside the circle, the text is written in a bold, black, sans-serif font. The text is centered and reads: "When our Green Dots outnumber the red, fewer people get hurt." The teal background is visible in the corners and sides of the frame, while the white circle is the primary focus.

When our Green Dots
outnumber the red,
fewer people get hurt.

Green Dot Implementation

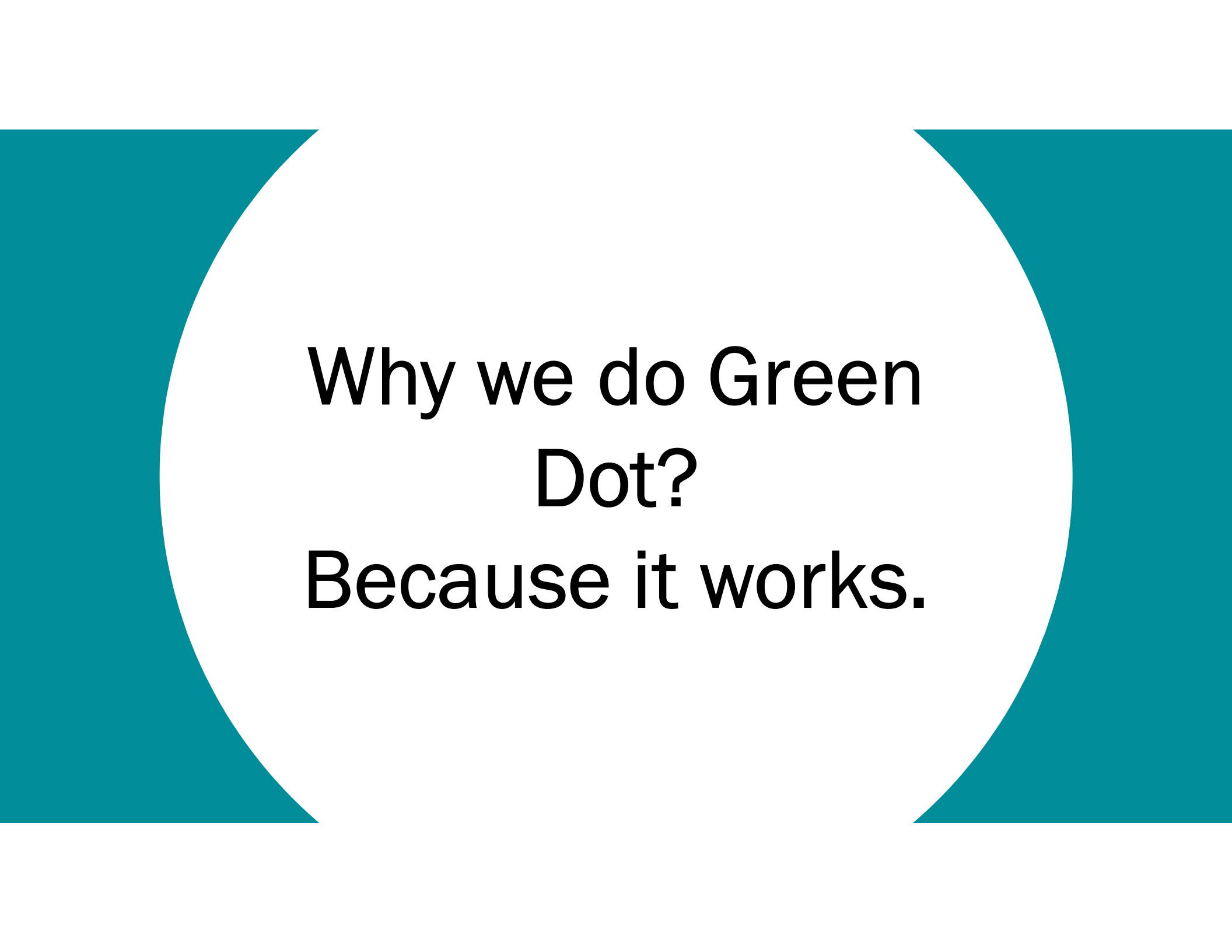
Overview Speech

- 45 minutes
- For all staff

Bystander Training

- 4 hours
- For POLs



The image features a teal background with a large white circle in the center. The text is centered within this circle.

**Why we do Green
Dot?**

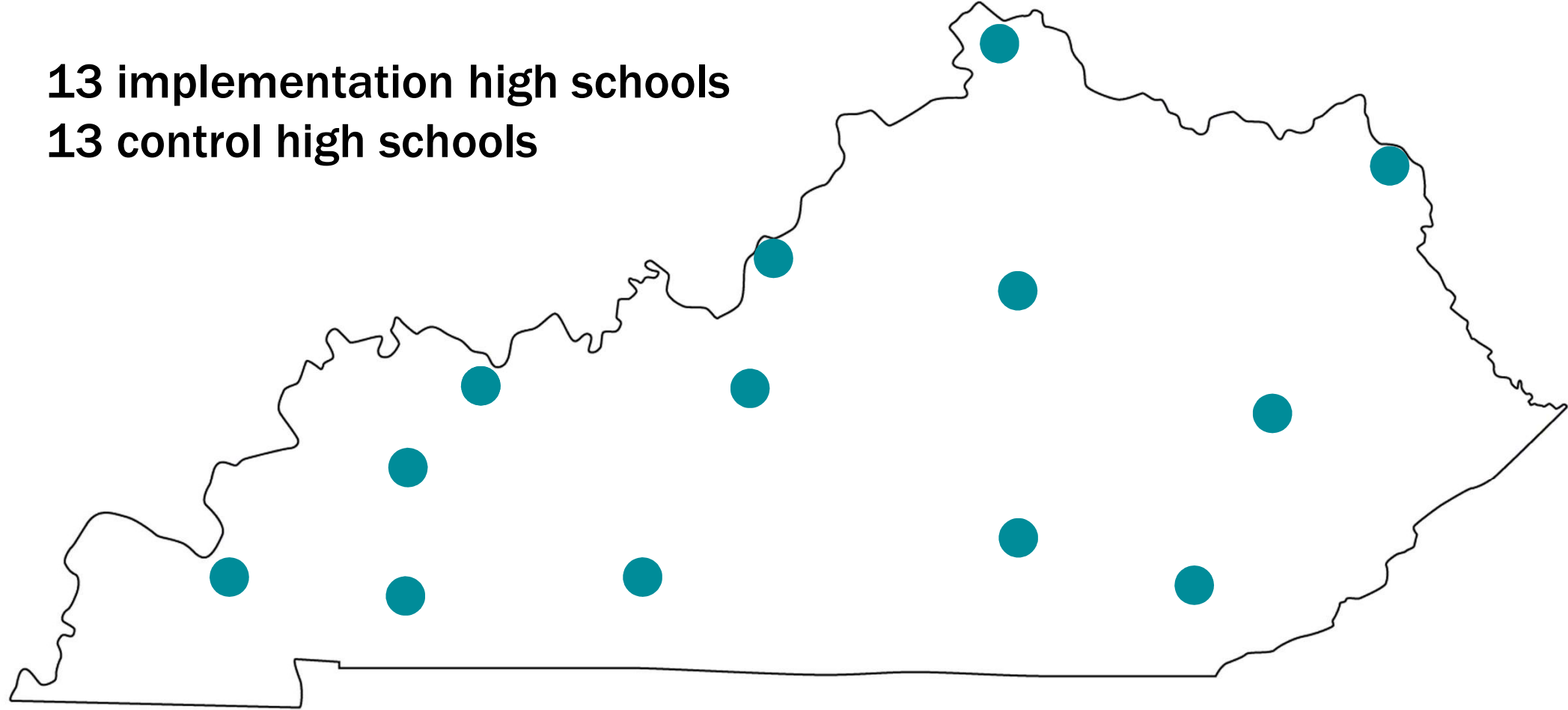
Because it works.

2010-2015

Collaboration between KASAP and University of Kentucky on Green Dot evaluation research study.



13 implementation high schools
13 control high schools



A teal background with a large white circle in the center. The text is centered within the circle.


21%

reduction in perpetration
of sexual violence

The image features a teal background with a large white circle in the center. The text is centered within this circle.

39%

reduction in perpetration
of sexual harassment

The image features a teal background with a large white circle in the center. The text is centered within this circle.

40%

reduction in perpetration
of dating violence

2015-2021

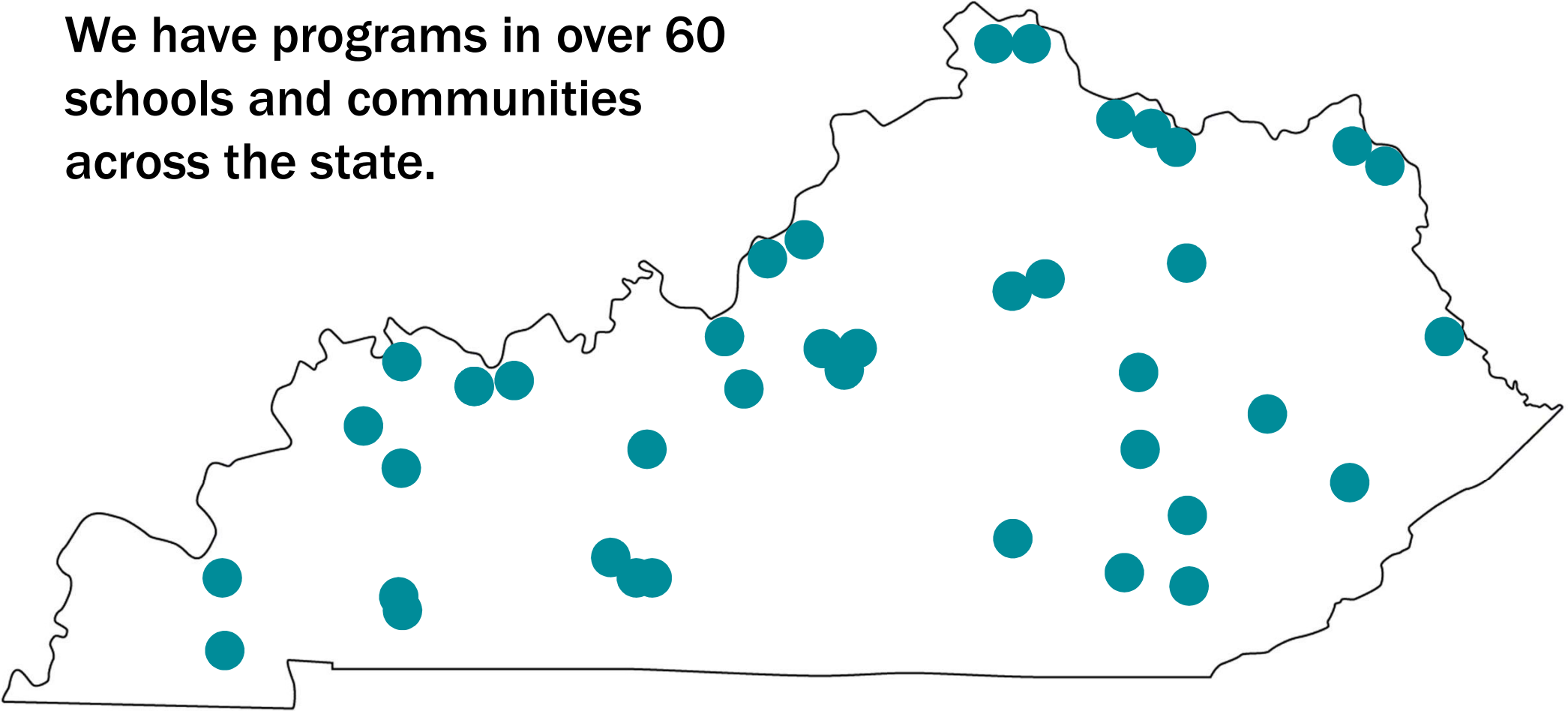
Expansion of Green Dot across the state. Continued success with program.



24,000+

students and community
members trained in
Green Dot since 2015

We have programs in over 60 schools and communities across the state.



2040 Plan

Have Green Dot in every Kentucky high school by 2040 because all students deserve to learn in a violence-free environment.



The image features a teal background with a large white circle in the center. The text is centered within this circle.

Community
involvement is
KEY.

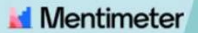
Becoming A Green Dot Spot

Bring a Bystander Training to your library. Have at least 15% of staff trained.

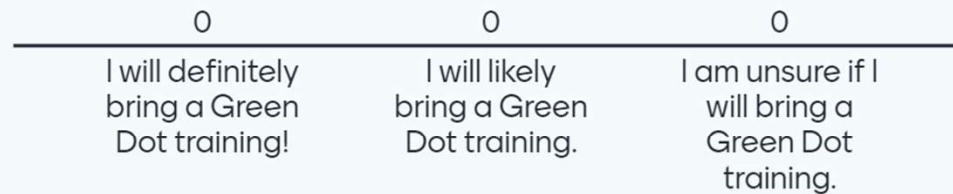
Join over 46 businesses and organizations across Kentucky that are already Green Dot Spots.



Go to www.menti.com and use the code 3438 9756



How likely are you to bring a Green Dot training to your library?



Press S to show image



**Together, we can work
towards a world
where everyone has
the opportunity to live
a *safe, healthy,
violence-free life.***

The image features a teal background with a large white circle in the center. The text "THANK YOU!" is centered within the white circle.

THANK YOU!

Learn More about Green Dot



“RCT Testing Bystander Effectiveness to Reduce Violence” by Coker et al.
(<https://pubmed.ncbi.nlm.nih.gov/28279546/>)

alteristic.org

Green Dot Mini Documentary
(<https://youtu.be/PxV2CsKecx4>)

Contact Info



kasap.org



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ahoward@kasap.org





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